BOO!

The Bethel Oxford County Citizen

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Newry

Great Brook dredgers likely to face only fines

By WENDY HANSCOM

Two Newry men who bulldozed part of Great Brook this summer will be asked to pay a fine, but will not be required to plow the disturbed rocks back into the brook bed, according to a Department of Environmental Protection official.

DEP enforcement officer Greg Beane met at the Newry site Thursday with representatives from the Inland Fisheries and Wildlife Department, Maine Department of Transportation and state Rep. Al Barth.

Beane looked over the area with the various officials and Robert Lowell and Ed Bennett, who have admitted doing the illegal bulldozing earlier this summer.

"What I decided from all the comments was that it was unreasonable to put the rocks back," Beane said.

His decision was mainly influenced by a fisheries biologist who said the dredging would not significantly affect the brook's fish population, Beane said.

"He didn't seem real worried about it," Beane said. "Flash brooks like this one--brooks that have high velocity runoffs at times--move the material in the brook around quite a bit anyway."

Lowell told The Citizen in September that he had the 84-foot stretch of rocks pushed onto the brook's bank to keep Great Brook in its bed. The brook routinely runs over its bank and floods a section of Route 26 in the spring.

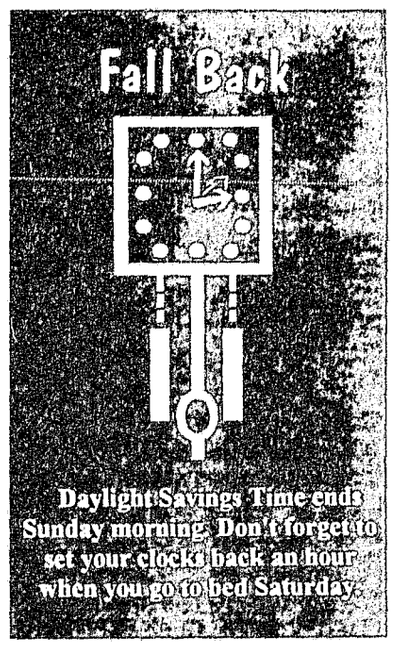
DOT engineers at the scene last week said putting the rocks into the brook bed and then bringing in riprap to control the water might make the brook's channel even narrower than before the bulldozing, Beane said.

"It would be kind of like spitting into the wind," Beane said.

The DEP will draw up new consent agreements that will ask Lowell and Bennett to admit their guilt and agree to paying a fine, Beane said.

The fine amounts are not public information unless the agreements are signed and approved by the Board of Environmental Protection, he said.

GRACIOUS IN DEFEAT--The Telstar High School field hockey team was all smiles as it congratulated Sacopee Valley for the 1-0 win over the Rebels Friday in the Western Maine Class C playoffs. But for most of the game the girl's wore long faces as repeated Rebel aggressive scoring attempts were turned back by the Sacopee defense. Congratulating their opponent's here are Telstar players (plaid skirts, from left) Angie Mills, Cheri Myers, Monica Rolfe and Amanda Sysko. *(Photo by Wendy Hanscom)*



Playoffs end quickly

Girls fall 1-0 to Sacopee

By WENDY HANSCOM

It was a frustrating experience for Telstar High School fans to watch the school's field hockey team control the tempo and play of last week's Western Maine State Class C playoff game but fail to score on several strong attempts.

Before a large home crowd, the girls lost 1-0 to Sacopee Valley in Friday's quarterfinal playoff game.

"It all comes down to who scores," said Coach Sally Hannon. "Sacopee had one corner and one shot on goal, that's all there was (for them)."

Telstar controlled the field most of the first half, but one of Sacopee's few forays into Rebel territory netted them a penalty corner and ultimately a goal.

Freshman goaltender Jessie Wight said she had no chance to get to the Sacopee shot.

"It was a hard drive off the top of the circle," Wight said, "and it bounced off the post and went in."

Telstar consistently penetrated Sacopee's circle throughout the rest of the game, but all Rebel shots were turned back by Sacopee's defense or went wide of the goal.

"We just didn't get the shots," junior Amy Lynn Patten said. "We just weren't accurate with our own shots. It just takes that one shot."

"We needed a goal and we just didn't get it," agreed Patten's teammate, senior Cheri Myers. "We outshot them by 10 to 1. It just didn't go in. We had nine

See HOCKEY, page 5

Carrabec tops boys 2-1

By WENDY HANSCOM

The Telstar High School soccer team finished a strong season with a 2-1 playoff loss Saturday to Carrabec.

The Rebels started Saturday's Western Maine State Class C boys' quarterfinal game in control of the play, but faded midway through the first half.

Nate Harvey put the fifth-seeded Rebels on the board first, scoring off an assist from Tim Remington with 25:48 left in the first half.

But the Cobras struck back eight minutes later to tie it one-all.

"We cleared it out once," goaltender Todd Wing said, "but they got it back in."

Carrabec scored again with 13:06 left to play in the second half. While Telstar's defense kept turning back the Cobra's in the final minutes of the game, the Rebel offense failed to get a clear shot at the goal.

"There wasn't too much room for passes on the offense," senior Rob Greenwell said. "They always seemed to have their foot on the ball."

Wing logged two saves, Carrebec four. The Rebel defense fended off 12 Cobra shots on goal.

"The defense did well," said senior Sean Gilson. "We pressured them, but misplayed the ball and didn't get many shots."

This was the last high school soccer game for five Rebel seniors.

See SOCCER, page 5

Greenwood

Voters asked to OK new plow truck Or prepare to do a lot of shoveling

By WENDY HANSCOM

If the snow piles up within the next month or so, Greenwood's road crew may have trouble responding speedily to outlying areas.

But officials are hoping the town will vote on Nov. 9 to purchase a new plow truck to replace an old truck that's given up the ghost.

"Our old plow is no longer roadworthy," Selectman Marie Bartlett said. "We can't even register it. Right now we have two plows and a small pickup to do our winter plowing. All our equipment is old, and this truck just went beyond the point of no return. It would cost more to make it road-worthy than it was valued."

At a special town meeting on Tuesday, Nov. 9, selectmen will ask voters to spend $53,000 to purchase

See PLOW TRUCK, page 3

Drug dogs search Telstar

After teacher nabs student with coke in parking lot; but no further drugs found in lockers

By WENDY HANSCOM

Drug-sniffing police dogs were used to search Telstar High School last week after school officials say a student was spotted in the school's parking lot with a small amount of cocaine.

A teacher patrolling the school's parking lot early last Tuesday spotted a student acting suspiciously and then approached the student who had what appeared to be a drug, according to Superintendent Ronald Jenkins.

The substance was sent to the Oxford County Sheriff's office and identified as cocaine, according to Sheriff Lloyd "Skip" Herrick.

The student, whose age or sex is not being disclosed, was suspended, Jenkins said. The length of the student's suspension was also not disclosed, but Jenkins said it was "within school policy and almost standard for drug-related instances."

"A typical suspension is five to ten days," he said.

Information on the incident was referred to the Department of Probation and Parole. Juvenile intake officer Lee Cater will decide if charges will be filed against the student.

After the incident, Jenkins met

See DRUGS, page 5

Comprehensive planning:

Bethel seeking a few good women

By MICHAEL DANIELS

The Bethel Planning Board is wondering why more people, especially women, have not applied to serve on the town's comprehensive planning committee.

Ten applicants answered a recent call for volunteers, but only one of the would-be planners is a woman.

At its meeting earlier this month, planner Stan Howe noted the gender mismatch and suggested the board seek out more female candidates. Fellow planner Don Feeney agreed but pointed out that women are freguently underrepresented on town committees.

"Some people just like to be asked," replied planning assistant Nancy Schlieper

She also suggested that perhaps the people who voted, at a special town meeting in June, against accepting a state planning grant might be willing to shoulder the burden.

The board is, "really anxious to get going on this," said chairman Frank Vogt, "but we want to be sure we have good distribution and representation--including from the female part of the universe."

Board members subsequently compiled a list of other possible candidates, including a number of women, who might be convinced to volunteer.

The planners are scheduled to take up the matter again at their meeting tonight (Oct. 27). Vogt urged any others who would like to serve to fill out an application, available at the town office.

But Greenwood throws in the towel

By MICHAEL DANIELS

The Greenwood Comprehensive Planning Committee has voted to disband.

The vote came as the result of declining participation, and an acknowledgement by the few remaining members that other commitments made it unlikely they would be able to put the necessary time and energy into the project.

Greenwood is not mandated to have a comprehensive plan until 2003, but even before that date the lack of a plan could still cost the town money, according to committee co-chairman Raymond Seames. Certain state funds and reimbursements are conditional on a town having an approved plan, he explained.

At this year's annual Town Meeting voters agreed to accept a state grant of approximately $14,000 to work on the comprehensive plan. But with the grant came a requirement that a draft plan be produced within 18 months.

At its last meeting the committee conceded that it had little realistic chance of putting together a quality plan by that deadline.

But the town will not have to return any state money, according to selectman Marie Bartlett. "We decided not to cash the check until we were sure we'd be able to put together a plan," she said.

Bartlett said she was later told by a state planning official that the town had "made the wise choice," in abandoning the project rather than doing a slipshod job.

Dad, 2 boys fight to stay in SAD44

By WENDY HANSCOM

Glen Dakin of Locke Mills has run out of luck and is running out of time to provide a winter home for his sons Josh and Joel.

Dakin and his family were evicted from their rented Mt. Abram village home in June, he said. He and his wife spent the summer living in a tent in Locke Mills, while the two boys stayed in Winthrop at their grandmothers' homes.

Two months ago, Dakin said, his wife left him and also left him in charge of caring for their eighth- and tenth-grade sons.

Once school started, eighth-grader Josh and tenth-grader Joel returned to SAD44 and began bouncing around, spending nights at friends' houses, Dakin said. They go to their grandmothers' houses in Winthrop on the weekends to wash their clothes and prepare for another week of being homeless, he said.

Dakin has been unemployed since he was laidoff from his lift supervisor job at Mt. Abram in April, and now his unemployment checks have run out, Dakin said. He's waiting to find out if he will be rehired at Mt. Abram and has applied for other jobs in the area.

But for now, he feeds himself and the boys on $240 a month worth of food stamps.

Dakin said he is worried that if he can't put a permanent roof over the boys' heads soon, the state will put them in foster care or he'll have to take them out of the SAD44 area--something he and the boys are adamantly opposed to.

"I'm really worried about the state taking them," Dakin said. "I know they'd rather go to Winthrop than do that."

Dakin's been offered a chance to stay at the Chisholm House in Rumford, but the boys would have to change schools.

"A lot of it has to do with their school friends," Dakin said. "They don't want to leave what they've built up here. They're well respected among their friends. I don't think they want to lose that. About all they have left is their friends. Moving out of this area, with everything that's happened this summer, would pretty much wreck them. It's hard for them now, but so far they're standing up pretty well."

Joel is active in Telstar's math club, drama club, on the track team and is trying to form a school golf club, his father said. He's also a class officer, according to Telstar Principal Theodore Davis.

Josh played on the middle school

See FAMILY, page 3

LOOKING FOR A HOME IN SAD44--Glen Dakin and his sons, Josh (left) and Joel, are looking for an apartment in the SAD44 area. The three have been homeless for the past few months. Dakin lived in a tent over the summer, while his sons spent their school vacation at their grandmothers' homes in Winthrop.

AUCTION
SATURDAY, OCTOBER 30 • 11:30 AM
Woodstock Elementary School
Williamsburg Fund Raiser
Gift Certificates • Savings Bonds
New & Used Items
David Murphy - Auctioneer

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YOU ARE INVITED
To The Annual
Crescent Park School
"Parade of the Horribles"
This event will be held at the Telstar complex this year due to CPS's relocation.
It will take place on Friday, October 29th at 12:45 PM
Come and Join the Fun!

Opinions

No to Amateur Hour in Augusta

Maine voters are celebrated for their independence--we hope that on Tuesday they demonstrate that spirit by refusing to join the mob of states clambering aboard the term-limits bandwagon.

The term-limits initiative would limit to eight years the time state legislators or constitutional officers could serve. After that deadline they would have to sit out a term or seek another office.

Sponsors claim the initiative will bring "new energy" and "fresh ideas" to Augusta, but with a turnover rate that already ranks among the six highest in the country, it is hard to believe the legislature is really that lacking in either.

And "new energy" and "fresh ideas," while fine in themselves, will count for very little when faced with the realpolitik of the bureaucrats, lobbyists and corporate lawyers prowling the halls of Augusta.

Without the stabilizing element of an experienced, if imperfect, leadership, the new legislators will be green manure for seasoned special-interest players whose motivations are anything but the good of the people, or the state, of Maine.

The bureaucrats, lobbyists and corporate lawyers know the value of experience and political savvy--none of them are volunteering to accept term limits on their own activities.

When you cut to the chase, it's obvious that term-limit supporters are simply trying to win by sleight of hand the political power they have been unable to win in year after year of legislative elections. And to do that they are cynically attempting to tap the deep vein of resentment and negativity that has come to dominate our political atmosphere--especially when economic times are hard.

Sadly, they stand a very good chance of succeeding. But think hard before you go into the polling booth Tuesday and hand over your hard-won right to vote for the person you think is best for the job.

*****

And speaking of our state Legislature and other functional but far-from-perfect social arrangements, we recommend a yes vote on Referendum Question Six, to approve the interstate pact to send low-level radioactive waste to Texas for disposal.

The stuff is real, it's poison, and we can't make it disappear by thinking pure thoughts. In the absence of a better alternative, sending it to Texas is a reasonable solution to a problem that admits no perfect solution.

*****

Other questions before voters Tuesday include:

--A constitional amendment to protect state parks or other designated conservation or recreational land by requiring 2/3 vote of the Legislature to reduce the land or change its purpose.

--A $5 million bond issue to provide funds for the closure and remediation of municipal solid waste landfills.

--A $39.5 million bond issue for improvements to highways, state and local bridges, airports, cargo ports and ferry service (with up to $125.5 in matching federal funds).

--A $15.1 bond issue for the construction of water pollution control facilities (with a $20 million federal match).

Aside from two small road and bridge reconstruction projects (Cross Street repairs or relocation--$540,000; Pleasant River Bridge reconstruction--$200,000), none of the dollars from the three bond issues are specifically targeted at projects in the Bethel area, but for the state as a whole the bond issues represent legitimate investments in infrastructure and environment.

We recommend a yes vote.

--MRD

Local polling places and hours

TOWN	HOURS	PLACE	VOTERS
Albany	9-8	Town Hall	{250}
Andover	10-8	Town Hall	{630}
Bethel	10-8	Fire Station	1,749
Gilead	10-8	Town Hall	{105}
Greenwood	10-8	Munc Build	536
Newry	10-8	Town Ofc.	{250}
Upton	10-8	Town Ofc.	72
West Paris	10-8	Munc Garage	1.123
Woodstock	9-8	Town Ofc.	918
			{approximately}

Residents of Mason Township vote in Bethel, residents of Milton Township in Woodstock.

The Bethel Oxford County Citizen

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Deadline for town news items is Saturday noon. Advertising deadlines: display ads, Monday noon; classified ads, Monday 2 p.m.

The publisher reserves the right to reject, omit or edit any material offered for publication.

THE NAYS--"I would think all those people who voted against the (planning) grant should be willing to help."--Bethel Planning Assistant Nancy Schlieper suggesting where the Planning Board might find willing volunteers for the town's Comprehensive Planning Committee. Photo is from the June special Town Meeting at which Bethel voters overwhelmingly turned down the state grant.

Letters

DON'T WASTE MONEY ON FILTERS

To the Editor:

The Bethel Water District is very pleased to have been selected as the best tasting disinfected water at the Taste Test held by the Maine Rural Water Association in Rockland on Oct. 19.

The results were widely reported on TV and radio, as well as the newspaper coverage which included the Portland Press Herald and Bangor Daily News.

While taste has been the most common reason to select a water; at the Federal level, there have been many questions about the safety of water. These have resulted in many more tests being required to confirm the safety of public water supplies.

Typically, the tests recently added to the required list will cost a small system such as Bethel about $1,500 for each source the system uses. Because the Bethel and West Bethel water systems each have their own source, two sets of tests have been required.

Bethel's water was in all cases much better than the required standard. West Bethel's is also much better than required in all tests results received. The district is still awaiting results of two tests from West Bethel; these are both expected to be satisfactory.

Many additional tests are done on the water to assure that consistent quality is maintained. Taken together, these tests cover more than 100 items.

This testing and the district's source protection establish that the district's customers receive water that is among the safest and best tasting anywhere.

A number of water customers have reported phone solicitations for water filtering systems. These salesmen have suggested that their filters are needed to make the water safe. This is clearly not true.

Anyone who might have questions about the water is invited to contact Don Katlin or me at the Bethel Water District, telephone 824-2342. If you need further assistance, the Maine Department of Human Services, Drinking Water Program can also answer questions about water. Their telephone number in Augusta is 287-2070.

Bob Saunders
Superintendent, Bethel Water District

YES TO LIMITS AND WASTE PACT

To the Editor:

There are two issues at stake on next Tuesday's ballot that I hope will pass overwhelmingly; term limits and the Texas compact for low level nuclear waste.

Limiting terms of state Legislators has the potential to return our government to a truly part-time citizens' legislature. Yes, it is true that every two years there is a high percentage (30 to 43 percent in the House and Senate last year) of turnover. However, much of this comes from voluntary retirement, not at the polls. Veteran legislators, who get reelected term after term and by seniority, dominate the system. There are many people on both sides of the aisle who are frustrated by their lack of opportunity to work for real change and to be placed on committees where their expertise can best be used. Opponents of term limits tell us we just have to vote change. Would the people of Eagle Lake elect someone other than John Martin? Given the area's fine roads and other projects, they would be crazy to not reelect him if he chooses to run again in 1994. What the rest of Maine thinks about the Speaker of the House doesn't count. Term limits will allow more people the opportunity to serve. If someone is effective and wants to continue in politics then she/he can always run for another office after four terms or sit on the sidelines for two years before running again. Opponents also say that the lobbyists will dominate the process if term limits passes. Any legislator who allows a lobbyist to dominate them shouldn't even be in Augusta. We don't need "veteran" legislators, we need intelligent legislators who do not represent "special interest" groups and who can speak for the good of all Maine people. Vote yes on Question One.

Item 6 on the November ballot is the citizens' chance to vote to send the low-level nuclear waste generated at Maine Yankee, the Kittery Naval Shipyard, Jackson Laboratory, and many hospitals, industrial, and university research facilities to a storage/disposal site in western Texas. Current Maine law virtually eliminates having any such storage/disposal facility built in Maine, so it is imperative that this question pass so that these wastes are disposed of properly. The geology, hydrology, and remote location of the Texas site are far superior to any such site in Maine, even if one could be found. The costs involved in packaging and transporting this material to Texas will be paid by the generators of the material not the taxpayers. Please vote yes on Question Six.

Rep. Alvin L. Barth, Jr.
R-Bethel

PLAYGROUND ASSEMBLY TIME

To the Editor:

The day many of us have been waiting for has finally arrived. The Bethel Area Playground Committee will be organizing the building of Phase I of our playground. The preschool playground will be located at Davis Park on Route 2 in Bethel.

We will be meeting Sunday morning, Halloween Day, at 9 a.m. on site at Davis Park. A supervisor contracted by Children's Playgrounds will be on site to direct folks how to put together the structure. Simultaneously a fence will be put up around the playground area due to the heavy traffic on Route 26 and the Androscoggin River located just behind the playground.

We are all very excited about seeing the results of a year's worth of labor, meetings, soliciting and phone calls. Of course, all of this will resume after Halloween Day in order to build Phase II in the spring.

We look forward to seeing people at the playground on Sunday. Anyone who would like to help please contact Maire Keane at 824-2608 or Marie Baker at 824-2213. We would appreciate knowing in advance if you are going to help so we can organize and provide enough refreshments and coffee. If anyone would like to drop by and just watch how it's done you're more than welcome. We won't be able to invite the preschoolers to play on the equipment until Thursday, Nov. 4, as the cement will need to set. There is a small group of moms with preschoolers who would like to invite you to join us that Thursday around 9:30 (weather permitting) to play. Hope to see lots of folks there.

Marie Keane
Bethel

SAFER FAMILIES PROGRAM

To the Editor:

Thursday morning I had the pleasure of having breakfast with an entire dining room full of Bethel area women. The occasion was a fund-raiser for the Safer Families Program at the Sudbury Inn. Although I thought I was informed on this issue, I can honestly say my consciousness has been raised. A wonderful woman named Lois Reckitt from the Portland Family Crisis Shelter spoke to us about family violence. I was stunned to learn that it was not until the early 1970s that this issue came to public attention, or was ever written about. Prior to that time no efforts at all were made to address this widespread problem.

I was also struck by how invisible a problem like family violence can be in a community. The Safer Families Program is currently working with large numbers (20-30 new cases per month) of family violence survivors in our community. It provides "safe houses" in the greater Bethel area where victims are housed and counseled. I was gratified to learn that the state of Maine is ahead of many others in terms of awareness and legislation regarding family violence. I am also keenly aware of how far we still need to go as a state and a nation in addressing our numbness, ignorance and minimalizing about family violence and how it contaminates our entire society.

As a teacher, I have seen the impact of family violence on children. Lack of self-esteem, learning difficulties, emotional, psychological and spiritual damage are the legacies of abuse. It is heartening that these brave individuals are finding the courage to stand up, break the code of silence and get help. They are showing their children that physical and emotional abuse are no longer considered to be "just the way things are." We are very lucky that the Safer Families Program, with a telephone hotline, exists in our community, and we need to support it in any way we can. How many of our lives would have been different if support like this had existed in the '50s and '60s?

Arla Patch
Bryant Pond

Citizen classifieds work

THIS WEEK AT THE

Moses Mason House

All members and friends of the Bethel Historical Society are reminded that the next monthly meeting of the society will be held on Thursday, Nov. 4 in the meeting room of the Dr. Moses Mason House, beginning at 7:30 p.m. Speaker for the evening will be Margaret Joy Tibbetts, Ph.D., chairperson of the society's Board of Trustees, who will discuss some 20th century Bethel women. Anyone interested in attending this lecture is cordially invited to do so since all monthly meetings are open to the general public.

To date 253 donors have responded to the 1993 Annual Fund Drive of the Bethel Historical Society, with contributions totaling over $7,200. Among the most recent donors are: Purity Chapter, O.E.S., Bethel, in memory of Richard Bryant; Francine Lake Bergman, Key Colony Beach, Fla.; Helen O. Kraul, Portland; Richard and Jane Hosterman, Bethel; Howard and Virginia Cole, Bethel; Linona A. Blake, West Paris; Frances Saunders, Bethel, in memory of Wallace Saunders; Ruth Pryor, Littleton, N.H.; Alvin and Lee Barth, Bethel; Walter and Phyllis Fales, Royal Oak, Mich.; Dana and Barbara Douglass, Bethel; Robert and Pauline Davis, Bethel; John and Julia Fox, West Newton, Mass.; Stuart Crocker Architect, Bethel; Betty Prescott, Bangor; Ronald and Joan Willard, Falls Church, Va., in memory of Jay and Melva Willard; Wilma B. Gorman, Bethel, in memory of Gardner Gorman; Elizabeth S. Lord, Bethel; Earlon and Mary Keniston, Bethel, in memory of Madelyn "Duffy" Brooks; Alden and Mabel Kennett, Bethel; Norman and Jean Ness, Auburn; Maynard H. White, Haverhill, Mass. Much gratitude is expressed to all of the above for their generosity.

LOOKING BACK

10 years ago: Susan Farrar won the West Australian Young Readers' Book Award for 1983 for her book "Samantha on Stage". Navy Lieutenant Leroy Brown was awarded the Meritorious Unit Commendation by the Secretary of the Navy. Democratic candidate for State Representative Jeff Mills entertained children and parents with magic tricks at the Woodstock Halloween Party. Marriages: Peggy Roy and Robert Harrington; Jennifer Paone and Dr. Daniel Vogt; Betsey Mills and Daniel Cummings; Elizabeth Breidenbach and Ross Swain. Deaths: Lona Gilbert, Ruth Smith, Merton Cowan, Dorothy Marshall.

20 years ago: Open house was held at the Bethel Sewage Treatment Plant. Store Manager Harlan Bean reported merchandise worth $400 was taken from the Western Auto Store on Route 26 over the Bethel Alliance Church) in a early morning break-in. Leland and Barbara Brown entertained the Gould Academy Class of 1948 at their home prior to a buffet dinner in the faculty lounge at Bingham Hall. Thomas and Kathleen Kennagh were guests at a 25th wedding anniversary surprise party given by their children at the American Legion Hall in Bethel. Births: Todd Synder, Gena Morgan, Sonja Merrill, Denise Coolidge, Margaret Davis. Marriage: Suzanne Landry and Robert Tifft, Jr. Deaths: Emily Eldredge, Charles Shellenberger.

30 years ago: Cement work was begun on the new Bryant's IGA on Main Street. Dr. Robert Limin purchased the Gerald Harrington property on Sunday River. Sunday River Skiway completed installation of a 2500-foot, high-capacity T-bar lift on the novice area named "The Mixing Bowl." Principal Charles Heino presented a certificate of merit to Lillian Smith for 15 years of service to the Bethel School Lunch Program. Guy Butler was named board chairman of the Maine Hotel and Motel Association. Eric Wight was named fish and game warden for the Pembroke area. Marriage: Norma Kimball and David Salway.

40 years ago: The Mundt Allen Post, American Legion, and the Bethel Lion's Club co-sponsored a Halloween party for children in the primary grades. Patrick Grenier was cubmaster for Cub Scout Pack No. 165. Den mothers were: Mabel Anderson, Eva Perry, Phyllis Smith, and Blanche Bennett. Six local people won prizes at the annual Rumford Community Hospital Fair. Marriage: Caroline Shorey and J. Maynard Austin. Death: Cora Heath.

50 years ago: Cpl. Shirley Gilbert, USMC, received advance training in desert warfare in California. Margery Bailey, mathematics teacher at Gould Academy for 17 years, resigned to accept a teaching position in Danbury, Conn. Clayton Sweatt entered the U.S. Navy, receiving basic training in Newport, R.I. Deaths: Fannie Mills, Flora Bryant.

The Bethel Citizen
For complete
local news coverage

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From the Bethel Police log:

Police officer saves choking victim; Gould student harassed

(The police log has been unavailable for the past two weeks, while Police Chief Dale Bellman completed a "Supervision of Police Personnel" course at the Maine Criminal Justice Academy in Waterville)

Friday evening a Gould Academy employee reported to police that a female student had reported that four men, apparently intoxicated, in a red pick-up truck were harassing pedestrians. The truck was reported as parked in back of the IGA. Police investigated, but did not find the vehicle.

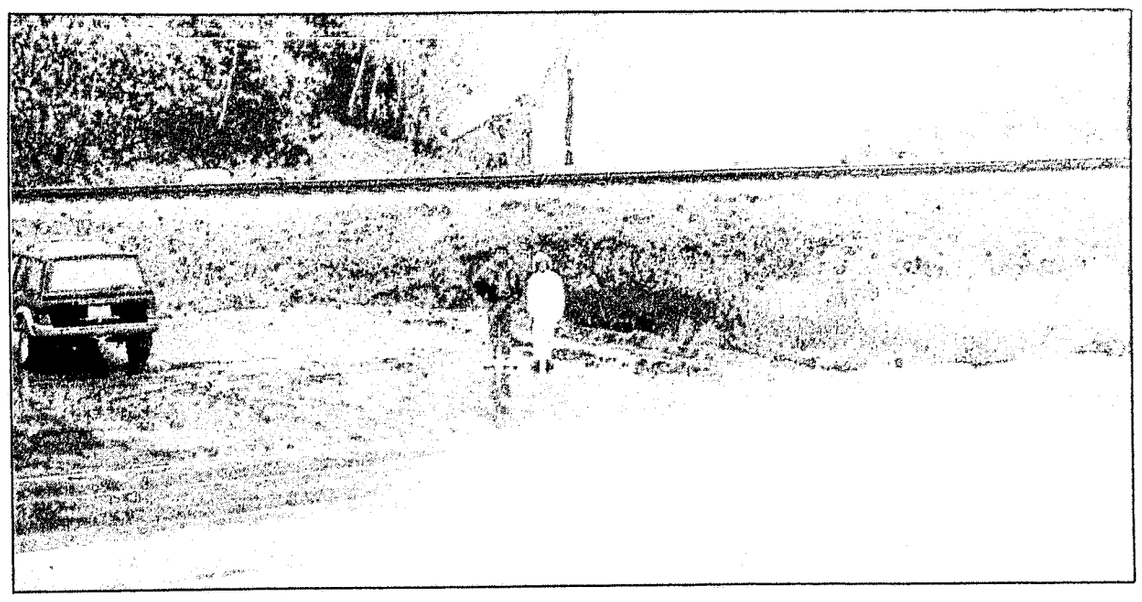
On Oct. 9, Bethel officer Tim Chapman reports being approached while he was at the office by a women who indicated she was choking. Chapman noted in his report the women seemed to be turning blue and barely breathing. Chapman preformed the Heimlich maneuver and the women coughed up something, according to the report. The Bethel Emergency Rescue Service was called to check out the woman, and transported her home.

Thursday, two juveniles were told to stop riding ATVs in the airport parking lot.

Also on Thursday, a Mechanic Street resident reported that a "lawn jockey" yard decoration, a three-foot statue of black man in red jockey clothes, had been stolen from his front lawn.

On Oct. 8, a Brown's Mobile employee reported that a passing machine clearing brush from the railroad tracks had thrown a rock through one of the store's windows. Police advised that the store should submit a bill to the St. Lawrence and Atlantic Railroad Co.

On Oct. 6, a Mason Street woman reported that a total of $600 dollars had been stolen from three cars parked in her driveway.



LOW-PROFILE STRUCTURE--Rick and Cheryl Breau stand on the "structure" that the town Planning Board is scheduled to review next week. Rick Breau said he had made a conscientious effort to work with town officials while building up his restaurant business in Bryant Pond Village. "But I never thought I'd have to go to the Planning Board to get permission to pave an already existing parking lot," he said. Planning Board Chairman Margaret Hand called him after the parking lot was paved, he said, to demand that he submit an application and observe the town's 10-foot setback requirement. "And I guess that means I have to be set back 10-feet from the state's land too--Route 26," Breau said.

(Photo by Michael Daniels)

Gilbert workers accept contract

Gilbert Manufacturing union workers voted Sunday evening to accept a contract that includes an insurance cutback and a small wage increase over the next three years, according to a Local 77 union official.

The three-year contract was approved by a vote of 34-19, according to local International Union of Electrical Workers' vice-president Randy Chase of West Paris.

The contract includes a boost in insurance deductible from $250 to $750 per year, Chase said.

But the company will lower the workers' weekly insurance paycheck deduction from $10 to $5, he said.

Union workers will get no raise in the contract's first year, but they will receive an addition of 10 cents the second year and 20 cents the third year, he said.

The federal negotiator called in to mediate the contract talks helped both Gilbert management and union officials reach an agreement, Chase said.

Family

Continued from page 1

soccer team this fall, Dakin said.

Community Concepts of South Paris helped Dakin get a Section-8 program voucher from the state. The voucher guarantees that the state will pay up to $440 a month in rent for the family, he said.

But the only low-income housing project in the area is full, Dakin said, and without a telephone or transportation he's having trouble finding a rent in the SAD44 area.

Dakin's been staying off and on with friends Steve Vermette and Darci Daniels.

"The boys have been in school here for quite awhile," Daniels said, "and I can't blame them for wanting to stay. It's hard to be taken away from what you know. We're all shocked it's come to this."

In a letter to the editor in last week's Bethel Citizen, Dakin appealed to SAD44-area landlords to come forward with possible rents. In the letter he listed Daniels' phone number as a contact.

"We've gotten about a dozen calls," Daniels said late last week. "People offering whatever help they can or odd jobs."

But no one has called with news of an available rent, she said.

Joel Dakin said he's disappointed that the family can't find housing.

"I'm frustrated that we can't get a place," Joel said. "Everyone's turning their back because they say we've got a bad reputation in the past. Most of the houses we've been in we got kicked out. My parents together were not good at dealing with money. It's changed now. We're trying to deal with our problems. My Dad's much more responsible now. We deal with our money differently. We're trying to turn our lives around, and I wish people would realize that."

In the meantime the boys will probably continue to spend week nights at various friends' houses and weekends in Winthrop.

Dakin also spends most week nights staying with friends, but still sometimes sleeps in the tent on weekends.

"My friends have been great," he said, "but I need to give them a break too."

Plow truck

Continued from page 1

a new truck, truck body and plow equipment.

To pay for the plow, selectmen will ask voters to take $26,033.94 from the equipment reserve account and $26,847.94 from the recent sale of town-owned property.

"We're not raising any money," Bartlett said. "We're still in the process of selling off town property and issuing quit claim deeds, but we've asked them all to send in their checks so we can pay for this."

If voters approve the purchase, the new vehicle could join the road crew's fleet in early December, Bartlett said.

Selectmen have put in an order for the truck, but are not under any obligation to buy it, she said.

"We didn't sign anything or commit the town to a contract," Bartlett said. "If we hadn't put in some type of order early, it would have been January or February before we got it. We desperately need this piece of equipment."

Bethel Planning Board

Stage, studio, subdivision on agenda

By MICHAEL DANIELS

The Bethel Planning Board is expected to consider tonight a proposed new dance studio on Spring Street, a subdivision on Goss Pond, and the Sunday River Brewing Company's after-the-fact application to construct a concert stage behind the Route 2 restaurant.

The restaurant's application has been the subject of two public hearings, at which neighbors expressed concern about noise from the concerts.

A final vote on the matter is expected tonight.

Dance studio

Also on the agenda for tonight's meeting is Sue Farrar's application to build a 40-by-28 foot dance studio behind her house on Spring Street.

Farrar, who has been teaching dance in Bethel for almost 40 years, has been looking for a studio since a Main Street fire destroyed her rented studio last December.

"I've been burned out twice and sold out once," she said. "I hope this passes."

Farrar said that if Planning Board approval is granted, work on the new studio could start as early as this week.

Subdivision

At a meeting earlier this month the Bethel Planning Board also reviewed plans for Carl Hansen's proposed Egypt Mountain Subdivision on Goss Pond.

Goss Pond is located off the East Bethel Road. At 6.7 acres, it is the largest body of water entirely within Bethel's town lines.

Hansen's plan calls for siting four two-acre lots on the south shore of the pond, in addition to the two he has already sold on the north side. Hansen told the planners that because of the rough terrain in the area it is unlikely that further lots could be carved out of parcel, which totals approximately 12 acres.

At the earlier meeting, the Planning Board asked Hansen to return with a more detailed contour map, a erosion control plan, the required fees and more information regarding the covenants on the two original lots.

Hansen is on the agenda again for tonight's meeting.

Bethel Code Enforcement Officer Norm Putnam said a study of the floodplain in the areas would also be needed.

Since Goss Pond is less than 10 acres in size, it is not covered by the state's Great Ponds Act. But Hansen said he had written covenants into the subdivision deeds prohibiting construction within 100 feet of the shoreline.

Hot news tip?

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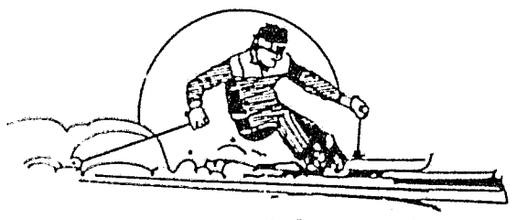

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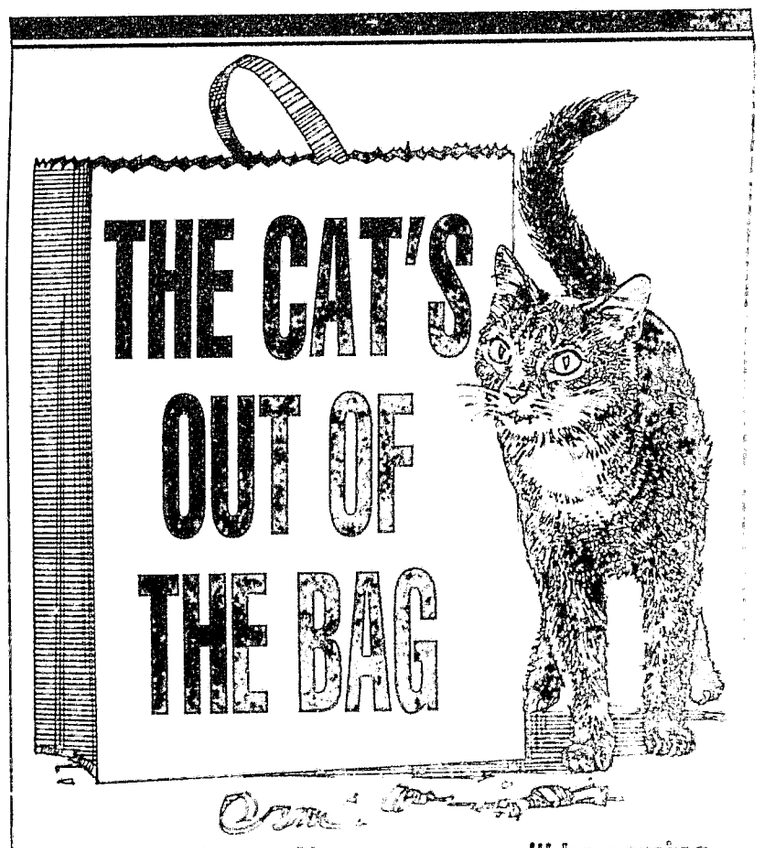
Bob Remington 824-3369
Ann Speth 824-2586

... OR JUST SHOW UP!!
(Thanks!)



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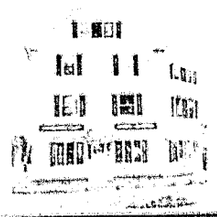

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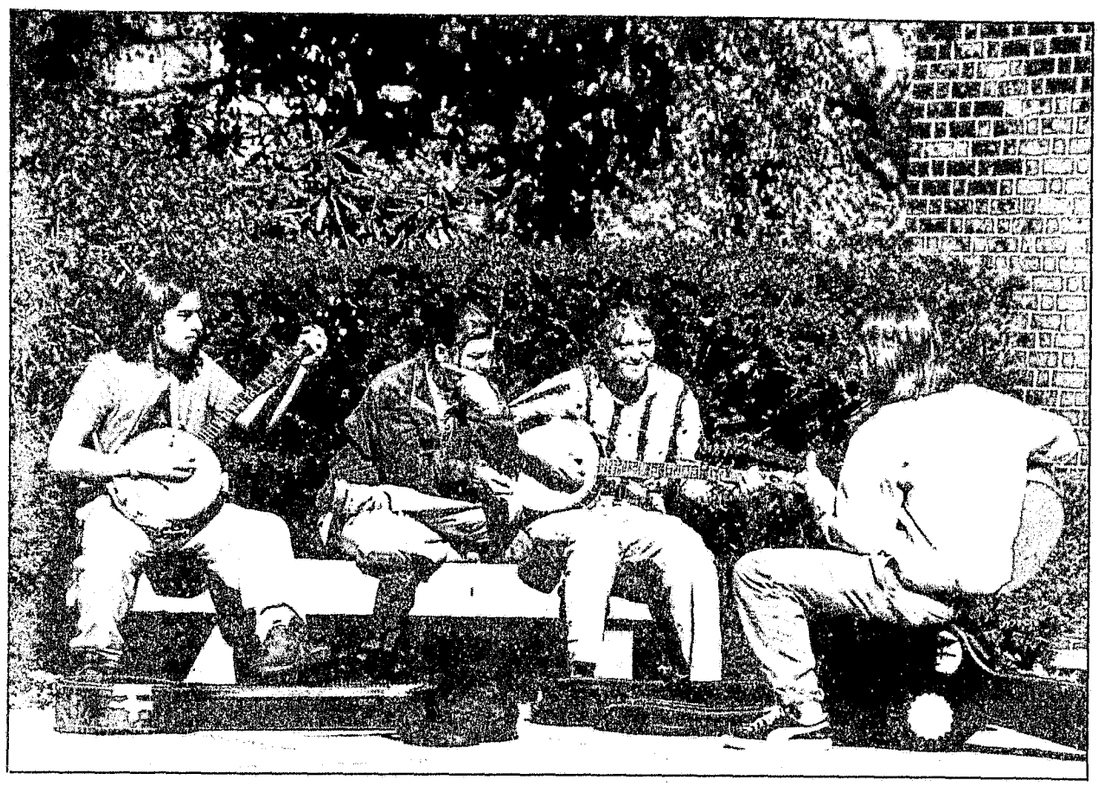


INDIAN SUMMER SERENADE--Gould Banjo and Guitar Ensemble members (from left): Jonathan Falby, Sarah Burgess, and Richard Dowdeswell find an outdoor practice area during music period, while Sigrid Stanley soaks up the music and a warm October sun.

Agnes Gray School

By MARTA CLEMENTS

Halloween is almost upon us. We hope that both adults and children will be bringing their pumpkins to school by 3:30 on Friday. The judging will take place at 4 p.m. on Friday. There are lots of fun prizes. Be sure your name, age, grade, or adult, along with your phone number is on the bottom of the pumpkin. Don't forget the Halloween party from 6 to 7 p.m. on Sunday, Oct. 31, at the Agnes Gray School gym.

Classroom news from the first grade includes a special thank you to Mr. Miller, who came in to help make apple prints after the class had read the story "The Little Red House." They all found the star inside. The apple seeds are being saved and will be planted this week. The children are learning all about fall. They are collecting things outside that tell about fall. Parents are helping too. They have taken walks to make observations about autumn. They have been sorting their items into groups of seeds, leaves, fruit and vegetables. They have observed trees and made drawings of them. The children used both brown and black crayons to make the tree bark look bumpy, rough and crusty. The trees were then turned into apple trees with small cutout apples.

The second-graders, who have named themselves the Bulging Brains, are enjoying their reading buddies. Sixth-graders and parent volunteers read orally with the Bulging Brains on a weekly basis. All readers love to have someone with whom to share reading.

The third-graders, who call themselves the NASCAR Racing Team have begun bringing in their scarecrows for the Great Scarecrow Show to be held on Friday, Oct. 29.

The fourth-graders are all reading "Charlotte's Webb" together. E.B. White is a favorite author. In science they are classifying animals as vertebrates and invertebrates. In math they are working on fractions.

In the fifth grade, this past Friday was Everything in the World is Due Today Day. We have been studying folk tales in reading, and the whole class is reading a Russian folk tale, "Vassillisa the Wise." They are not only writing a summary of the story, but are also illustrating it beautifully. We have received our first pen pal letters, and our responses are due Friday. For those who did not receive 100 percent on their spelling pre-test, the spelling test is Friday. Poetry must be recited on or before Friday. This week's poem was "Little Things" by Julia A. Fletcher. We have been continuing our map study, and are delighted with out paper mache globes.

The sixth-graders are meeting with their teacher, Mr. Koch, to discuss their individual goals both short and long term. Their Ancient Civilization Project is due on Oct. 29, and their first-quarter book project is due on Nov. 1. Parents should be looking for a booksheet to see how the boys and girls are doing.

The first ranking period ends on Nov. 3. Reports will be coming home soon after.

TROOP 565 MEETING

On Wednesday, Oct. 20, Boy Scout Troop 565 of Bethel had a meeting. During the meeting they set up four new tents, which were purchased using the money from past fund-raisers.

school lunch menu

WEEK OF NOVEMBER 1

SAD44 Breakfast Program

Monday: Enriched honey bun, protein item, chilled milk.

Tuesday: Cereal, fruit juice, protein item, chilled milk.

Wednesday: Enriched super donut (chocolate), protein item, chilled milk.

Thursday: Cereal, fruit juice, protein item, chilled milk.

Friday: Peanut butter and jelly graham cracker bar, fruit juice, chilled milk.

SAD44 Lunch Program

Monday: Chicken grill on a fresh roll, garden peas, diced peaches.

Tuesday: Pork chop pattie, mashed potato, golden corn, dinner roll, chilled fruit.

Wednesday: Fresh baked pepperoni pizza, green beans, chilled fruit.

Thursday: Spaghetti with meat sauce, hot dinner roll, assorted veggies, chilled fruit.

Friday: Hamburger on a fresh hot bun, mixed vegetables, fresh fruit.

SIXTH-GRADE FORESTRY POSTER CONTEST RULES

The Maine Division of the New England Society of American Foresters is sponsoring a poster contest for sixth-graders.

Two foresters, Patricia Quinn and Brian Dangler, from Boise Cascade in Rumford recently visited Telstar Middle School to talk about multiple uses of the forest, growth and development of forest stands over time, wildlife habitat and recreational opportunities.

The talk and poster contest are part of the society's "What's Green and Growing and Covering Maine" program.

Following the forestry discussion, students were asked to create posters incorporating their own vision of what is growing in Maine.

First-place posters from each school will be judged at the county level. First-place county posters will compete in a statewide contest. Savings bonds will be awarded to first-, second- and third-place winners at the county and state levels.

School entries must be in by Nov. 24. County winners will be announced in January 1994. State winners will be chosen at the SAF's annual legislative coffee in February 1994 at the State House in August.

For more information about the society's awareness program, call Carol Redilsheimer at 794-6872 or 794-6886.

School sports

Field Hockey

Gould 0, Waynflete 4

The Gould Academy field hockey team lost 0-4 to Waynflete in MAISAD competition last week.

Goaltender Kate Graham had 13 saves against Waynflete's 18 shots on goal.

Gould's Beca Whiteley took a penalty stroke in the second-half, but it was saved by Waynflete goaltender Abby Shaw.

Gould 2, Kents Hill 4

Gould (1-6-1) lost 2-4 to Kents Hill Saturday.

Abbie McCammon scored both Huskie goals, one in the first half and another in the second half.

TMS 4, Mt. Valley 0

The Telstar Middle School field hockey team recently defeated Mt. Valley Middle School 4-0.

Laurie Young scored three goals in the second half all on fast breaks. Michelle McInnis scored in the first half, with an assist from Marcy LaVallee.

Defenders Hana Seames and Darci Littchale played key roles in preventing Mt. Valley from scoring, according to coach Elaine Hutchins.

The middle school also beat Mt. Valley 1-0 on Oct. 14. Marcy LaVallee scored the sole goal of the game during the first 15 minutes of play off a pass from Katie Chapman.

Cross-country

Gould X-C win

Gould's cross-country runners, 30, beat out Bridgton, 51; Elan, 54 and Kents Hill, 106 in Saturday's Bethel meet.

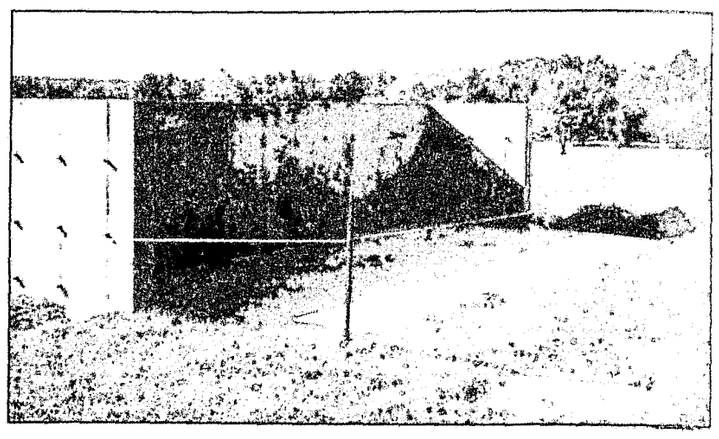
Huskie runners included: Patrick Cote, second; Jon Edwards, third; Jason Gazzilli, sixth; Quentin Stockwell, ninth; Hale Williams, tenth and Fred Burk, twelfth.

MVC Meet

The Telstar girls' cross-country team placed fifth in the recent Mountain Valley Conference meet.

Amy Howe finish in 11, Jen Bowie, 21; Sarah Hart, 36; Jamie Bolio, 37 and Becky Chandler, 41.

The boys team didn't score because only four Rebel runners finished the race. Freshmen Josh Morton and Jason Billings led the boys' effort, according to coach John Applin.



DUGOUTS FOR TELSTAR--D.A. Wilson Co. under the auspices of the Telstar Athletic Boosters has been busy constructing dugouts for the Telstar baseball field. The cement walls and flooring are up and backfill is being put in. The next phase is getting the material to roof each dugout. The boosters are looking for donations of materials and/or money to complete this project before November. Anyone wishing to make a donation is asked to call Sarah Craig at 824-2777 or Bob Remington at 824-3369.

KUZYK COMPETES IN N.H. CHAMPIONSHIP REGATTA

Rebecca Kuzyk of Bethel recently competed in the New Hampshire Championship Regatta in Hooksett, N.H.

Kuzyk was part of the women's open four-boat team, which competed in three regattas this fall throughout New England.

Kuzyk attends Roger Williams University.

B-BALL RAFFLE WINNERS

Winners of the recent Telstar High School boys' basketball program raffle were David Millett of Norway, three cords of firewood; Stue Davis of Hebron, $20 gift certificate to Cisco and Ponchos' and Carl Lamontagne of South Paris, $10 gift certificate to Breau's in Bethel or Bryant Pond.

The raffle raised $431 for the team.

Local l

By KIRK SEIGEL

A director of the Ra Heritage Trust told M Trust members Sunda something big is son than doing something spoke of his group's servation project on meguntic and Cupsup the Kennebago River.

The comments wer local land trust's 5th ing at the Moses Mas day evening.

Richard Spencer, a behind the Rangeley folded the story that effort to purchase a cel on the west side meguntic and which land or easement pur almost 10,000 acr along 20 miles of wat

Critical to the s projects, Spencer s cooperation of nu owners, the state government, Maine Trust, and a woman Phillips who is bein the largest gift of la since Baxter

Phillips had spent 2 ing property that she permanently protecte tensity public recre said.

When she unexpec the Rangeley Lakes (RLHT) about 5,000 last year, the scale o tion effort suddenly significant.

"It was all made

Drugs

Contin

with other school a officials and the g initiate the school-v district's lawyer wa he said.

"The decision wa fact that we ha twelfth-grade st Jenkins said. "I fe best interest of the s no other drugs we did. We also wante sage that drugs are this school."

The district's p student lockers to b "Student lockers erty, and student that," Jenkins said. search lockers, but safety issue we can

Last week's se after school, and p ing, despite info them to believe

MANAGEMENT

Western Maine M will meet at the nov. 1. Social Ho 5:30-6:30 p.m. w 6:30-7:30 p.m. Th $14 per person.

The guest speake p.m., will be Les C Sunday River Ski R

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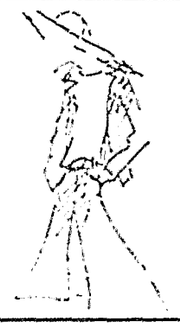

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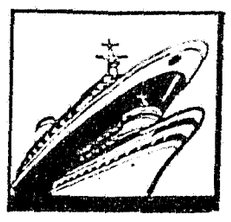

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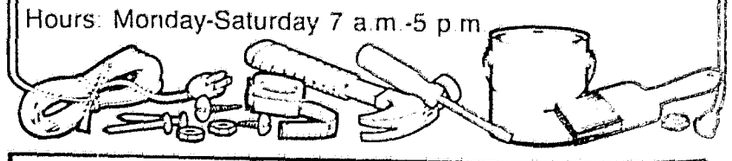

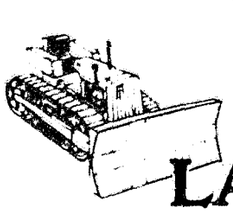

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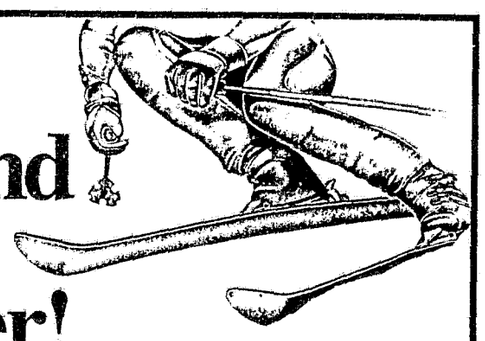

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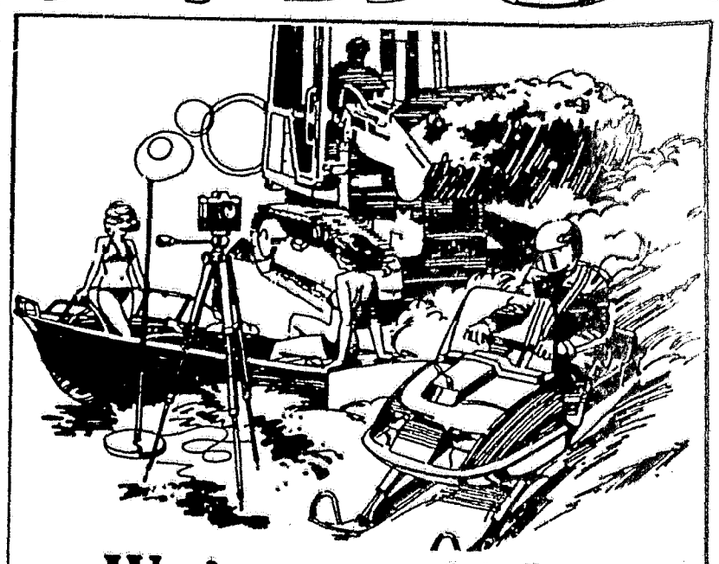

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Local land trust urged: 'think big'

By KIRK SEIGEL

A director of the Rangeley Lakes Heritage Trust told Mahoosuc Land Trust members Sunday that "doing something big is sometimes easier than doing something small," as he spoke of his group's massive conservation project on Mooselookmeguntic and Cupsuptic Lakes, and the Kennebago River.

The comments were made at the local land trust's 5th annual meeting at the Moses Mason House Sunday evening.

Richard Spencer, a driving force behind the Rangeley project, unfolded the story that began with the effort to purchase a 1250-acre parcel on the west side of Mooselookmeguntic and which will lead to land or easement purchases totaling almost 10,000 acres, extending along 20 miles of waterfront.

Critical to the success of the projects, Spencer said, was the cooperation of numerous landowners, the state and federal government, Maine Coast Heritage Trust, and a woman named Bessie Phillips who is being credited with the largest gift of land in the state since Baxter State Park.

Phillips had spent 22 years gathering property that she felt should be permanently protected for low intensity public recreation, Spencer said.

When she unexpectedly contacted the Rangeley Lakes Heritage Trust (RLHT) about 5,000 acres of land, last year, the scale of the conservation effort suddenly became very significant.

"It was all made possible by her incredible life work combined with our efforts," Spencer said. "But it wasn't until the project got big enough that the public really got excited about it." Including existing state lands in the Rangeleys, approximately 33,000 acres of land has been conserved for the public.

"The projects show that there are ways to meet everybody's concerns," said Spencer, including the state, the paper companies, people living in the area and seasonal residents and visitors.

"I came to the conclusion that the people at Boise really were conservationists at heart--as long as there were a way to realize their corporate objectives, they would probably rather work with a land trust than with large developers."

Selling land or easements at market value can both allow the companies to realize the economic value of the land, Spencer said, and also continue to provide a timber supply in the future.

For example, RLHT plans to purchase 3.3 miles of lake front next month from Boise Cascade, then sell the development rights to the U.S. Forest Service Forest Legacy Program. The land will be managed for timber production, while minimizing the visual impact from the lakes.

Last month the Land for Maine's Future Board approved the purchase of 1953-acre Bald Mountain, the visual centerpiece of the Rangeley Lakes, located between Mooselookmeguntic Lake and Rangeley Lake. Like the other projects, public access and traditional recreational activities will be top priorities, and timber harvesting will continue.

Spencer said his trust had great fortune to protect the integrity of the Rangeleys' semi-wilderness before large-scale subdivision and lake front building unalterably changed it. "What draws people to Rangeley is the unspoiled nature of the lakes," he said. "The fishing guides, the Chamber of Commerce, seasonal and year-round residents have all supported this conservation effort for that reason."

Proof of this support are the financial gifts from individual donors whose tens of thousands of dollars have complemented funds from the Land for Maine's Future and other sources. "It's really extraordinary how much can be accomplished and how many people's interests can be met with adequate planning," Spencer concluded.

Local boost

Meanwhile, Mahoosuc Land Trust members got a boost from the announcement that six members of the organization's board of directors had pledged $2000 if the membership will match the amount this year.

Members also elected a slate of directors for the coming year, including: Pat Angevine, president; Cindy Brown, vice-president; John Bayerlein, treasurer; and Becky Kendall, Paul McGuire, Bonnie Pooley, Kirk Siegel, Bill Wight, and Robin Zinchuk as directors.

(Seigel is a current director and past president of the Mahoosuc Land Trust.)

SAD44

Board holds line on admin salaries

By WENDY HANSCOM

The SAD44 School Board voted Monday evening freeze the salaries of the district's administrators, but to increase the group's insurance benefits.

District administrators received a 5 percent pay increase last year. Monday the board agreed to freeze salaries at last year's level, but increased individual insurance packages from $4,020 to $4,500. The group of administrators also receive $1,500 more increase for tuition and conferences fees.

The board also recently voted to keep the salaries of six other non-teaching staff members at last year's level.

However, that group of supervisors, managers and administrative assistants was given a $480 increase in insurance benefits and a $50 increase in workshop and tuition fees. All other benefits will remain at the FY '93 level.

Low oil-bidder losses

The board voted Monday evening to accept the bid of a local oil company instead of the low bid for district heating oil and equipment maintenance.

It will cost the district about $750 to keep its business local. The board awarded the heating oil bid to Brooks Bros. of Bethel instead of C.N. Brown, which is based in South Paris. C.N. Brown's bid was approximately $750 lower than Brooks Bros.

The board vote come over the recommendation of business manager Bruce Powell and buildings and grounds supervisor Burnham Rice.

"C.N. Brown hires local people," said fiance committee chair Merton Brown of Bethel, "but I think the local business here is Brooks Bros. I feel we should show our allegiance to that company (Brooks Bros)."

But Bethel director Jane Rolfe disagreed.

"Business is business," Rolfe said, "and as a district we should look at this as a business decision and go with the low bid."

Ultimately the board turned down C.N. Brown's low bid.

Condom survey out

Monday, the Ad Hoc Committee studying the distribution of condoms at Telstar high and middle schools released its survey of student attitudes toward distributing condoms in school.

Although 93 percent of the 319 eighth- through twelfth-grade students surveyed said condoms should be available in high school, almost half said they would not go to the school nurse for one. One-third wouldn't want their parents notified and 86 percent reported they could get a condom if they wanted one.

One-hundred percent of the students said they were aware they could get a sexually transmitted disease through one sexual encounter.

The Ad Hoc Committee recommended that the district develop a comprehensive health curriculum program that included education on sexuality issues and condom use and possibly look at the issue of condom distribution again in two or three years.

The School Board will look over the survey results and discuss the issue at its next meeting.

Drugs

Continued from page 1

with other school and school board officials and the group decided to initiate the school-wide search. The district's lawyer was also consulted, he said.

"The decision was based on the fact that we have K through twelfth-grade students here," Jenkins said. "I felt it was in the best interest of the school to see that no other drugs were here, and we did. We also wanted to send a message that drugs are not tolerated in this school."

The district's policy allows for student lockers to be searched.

"Student lockers are school property, and students are aware of that," Jenkins said. "We don't often search lockers, but in the case of a safety issue we can and did."

Last week's search took place after school, and police found nothing, despite information that led them to believe there may have been more drugs in the school, according to Maine Drug Enforcement Agency agent Tony Milligan.

Police used trained dogs provided by the Cumberland County Sheriff's Department and the Bridgton Police Department.

"School board officials and the superintendent all had a legitimate concern that there might be more drugs on the property," Milligan said. "They were concerned because of the Kindergarten through twelfth-grade students on the property. As an issue of safety they asked for the search.

"We had an agreement that we, the police, would not take enforcement action if anything was found--the school would take charge. We weren't going to arrest anybody. We were doing it as a safety issue. We were in the hallways with the dogs and the kids saw us in our raid jackets so they were made aware that we were there for their safety."

Hockey

Continued from page 1

comers to their one. We just kept shooting, but their defense did a good job."

Telstar ends their season with a 7-4-2 record. The Rebels scored 20 goals in the regular season and had nine goals scored against them. Telstar also logged eight shutouts.

The team was seeded third in Western Maine State Class C, and did better in the regular season than many onlookers expected.

"As a team we feel really good about the season," senior Kelsey Cross said. "In the beginning people thought we weren't going very far. It's kind of disappointing for seniors, but we have a young team. And there's a lot of freshmen coming up."

Telstar will have much of its squad back next year, but will lose seniors Cross, Myers, Angie Mills, Misty Hutchins, Sheila Douglas, Sarah Coolidge, Melissa Howe, Dawn Seames and Jen Bean.

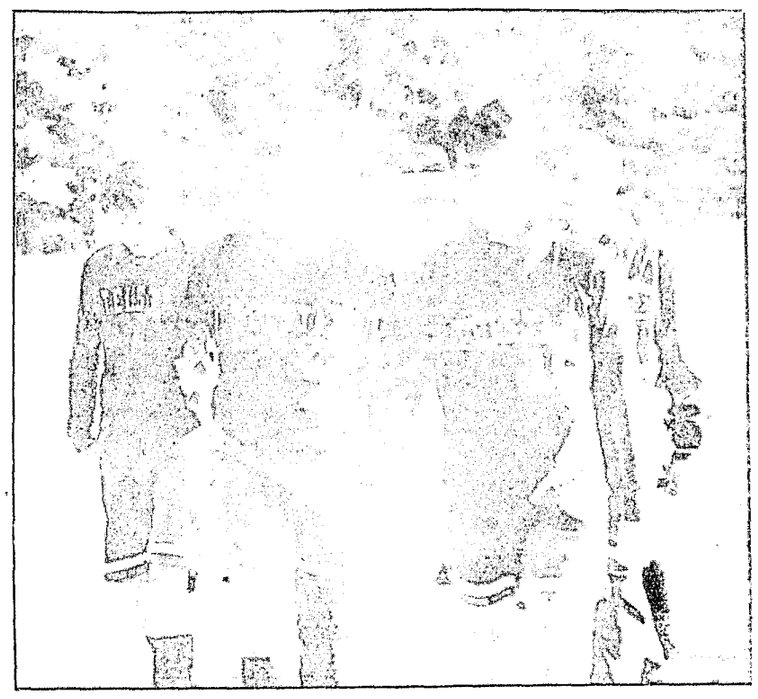
Soccer

Continued from page 1

"Seniors Josh Fogg, Chris Howe, Sean Gilson, Rob Greenwell and Nate Harvey played their final game for Telstar with real class and intensity," coach Robert Remington said.

"Over all it was a good season," Gilson said. "We played well as a team. It's hard to loosing a playoff game, because this is my last year. It's a disappointment. I was hoping we would at least make it to the finals."

Telstar ended the season with a 9-2-1 record. The Rebels scored 21 goals in the regular season, had 10 scored against them and logged six shutouts.



GLOOMY MARCH OFF THE SOCCER FIELD--Telstar High School soccer players Nate Harvey, left, Sean Gilson, Kevin Mullen and Jason Berry were cheerless Saturday as they returned to the bench to gather up their gear after losing 2-1 in Saturday's Western Maine Class C playoff game against Carrabec. The boys ended the regular season with a 9-2-1 record. *(Photo by Wendy Hanscom)*

The Bethel Citizen
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local news coverage

MANAGEMENT CLUB

Western Maine Management Club will meet at the Sudbury Inn on nov. 1. Social Hour will be from 5:30-6:30 p.m. with dinner from 6:30-7:30 p.m. The meal will be $14 per person.

The guest speaker, starting at 7:30 p.m., will be Les Otten, president of Sunday River Ski Resort.

Reservations for the Nov. 1 meeting are being taken by Terri Grover of Fred P. Saunders Co. in Bridgton, 647-3331. Please phone no later than Friday, Oct. 29 to reserve.

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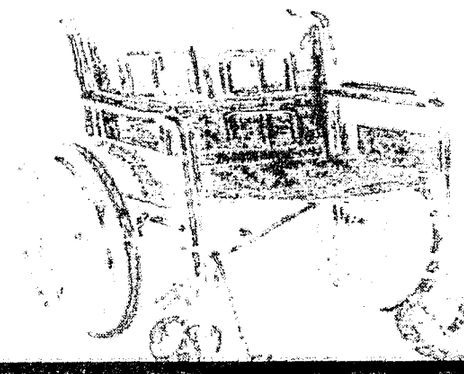

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North Newry

By GIL SEELEY

Happy 14th birthday Dani Littlehale!

The Newry Firemen's Ladies Auxiliary met Thursday, Oct. 14 at 7 p.m. at the Town Building with Brenda Wight presiding. It was voted to have a food sale Nov. 20 at the I.G.A. store from 10 a.m. to 6 p.m. The new logo mugs will be on display and for sale at $5 each, also the remaining hats at $5. There will be a 50/50 raffle for those who want to take a chance. The winner will get half of the total take...Good luck.

Services were held at the Newry Community Church on Sunday, Oct. 17, with Pastor Rodney Hanscom at the pulpit and daughter Nancy at the organ. The message of the day was "Standing Tall" from Ezekiel 31:1-18. "Whom art thou like in thy greatness? Like the cedar in Lebanon with fair branches and with a shadowing shroud and of a high stature, and his top was among the thick boughs."

Sylvia and Bill Wight attended the M.S.A. Board and Directors' Meeting at the Augusta Lodge of the Elks. A fabulous buffet dinner was served by the Augusta Elks Lodge's catering service prior to the directors' meeting.

Members of the "Newry Bowling Gang" who went to the Oxford Lanes, Rumford, were: Karlene Bachelder, Betsy Clark, Gil Seeley, Eleanor Davis, Bea Lowell and Doris Parent. Of the "Lefties" Betsy was high on the triples but Karlene beat her by two on the singles. Betsy made 103 and 105 singles and Karlene 107. Of the "Righties" Eleanor was high on the average but Doris was high on the triples, and Bea was high on the singles. Betsy had five spares, Karlene had four spares, Gil had three spares, Eleanor and Bea had one spare each, Bea also had one strike, and Doris had three spares.

Karlene and Ras Bachelder hosted a birthday party for Betsy Clark and Gil Seeley on Thursday, Oct. 21, with a delicious lunch, cake and coffee. Karlene's mother, Julia Goodman, was also there to enjoy. There were presents galore and tricky candles on the cakes... You make a wish and if the candles all go out you get your wish. Well, these candles were Halloween tricksters; they kept lighting up again and again with every wish and puff. Hmmm... Did Betsy and Gil get their wish?? I'll leave it for you to decide. We all had great laughs anyway. Many happy returns of the day, and Betsy and Gil thank them for a fun day.

The Windy Valleys Sno-Mobile Club met Thursday night, Oct. 21, at the New Town Building with 13 members present. President Owen Wight opened the meeting. Leon Dunn, Owen Wight, Herb Kittredge and Bill Wight, trail men, are all busy grooming the trails. Next meeting will be Nov. 18, 7 p.m. at the same place.

Bill Wight and Sylvia represented the club at the monthly executive board and directors' meeting of the M.S.A. Tuesday, Oct. 19, at the Holiday Inn in Waterville.

DON'T FORGET TO TURN YOUR CLOCK BACK ON THE 31st.

Bryant Pond

By ALICE HOYT

All school-age children are invited to a special good news club at the Bryant Pond Baptist Church Awana Room from 6 to 7 p.m. on Thursday, Oct. 28. Miss Joyce, director of Western Maine CEF, will be conducting the club.

Franklin Grange No. 124 met Monday, Oct. 18 for a regular meeting and Halloween party. Twenty-five were present with one guest. Program: song by all; opening thought, Anna Swan; song by all; poem read by Alice Hoyt; Laura Hutchins played her accordion and Dot Canwell played the piano; song by all; game tying shoes with one couple each having hand behind their back; costume parade--there were some very good costumes and each one received a piece of candy; closing song. Peggy Blake and Russell Yates will attend State Grange next week and would like to take things to be sold on C.W.A. table. Fudge always goes.

There will be a flu clinic at West Paris Grange Hall on Nov. 5 from 9 to 12 a.m. for all who wish to go. Next meeting is Nov. 1 program on Americanism; wear red, white and blue.

The Woodstock Senior Citizens will meet at the Grange Hall on Thursday, Nov. 4, for a Thanksgiving dinner put on by the WHS Alumni Association. The program is by Herschel Abbott. The meeting starts at 11:30.

The TV program on Channel IV by Rev. Linwood Hanson scheduled for Tuesday has been changed from 7 p.m. to 4 p.m.

The officers of the WHS alumni and a couple others met at Ruth Tyler's to plan the Woodstock Senior Citizens' dinner in November.

The Historical Society has many uniforms, dresses, and quilts. They also have a very fine art collection. The old print and frame given recently were outstanding. Nobel Prize winner Toni Morrison once wrote, "We need some kind of tomorrow." The Historical Society agrees.

The Woodstock Extension met on Wednesday to make things for the Holiday Open House to be held on Saturday, Nov. 6.

Robert Hoyt visited his parents, Mr. and Mrs. Kenneth Hoyt, and grandmother Beatrice Farnum last Tuesday.

Maggie and Joseph Hoyt visited their father, James Hoyt over the weekend.

I apologize to all who gave me news last week. I see it didn't make the paper. It was mailed Thursday morning so I don't know where it went.

East Stoneham

By ELEANOR NELSON

I had an enjoyable evening on Oct. 19 when I attended the Cub Scout Pack 155 "Fellers Cake Bake" program which was held at the New Suncook School in Lovell. Dale Nelson, as master of ceremonies, got things rolling a bit after 7 p.m. after people settled down from viewing the 25 beautifully decorated cakes on display that the young Cub Scouts and dads had put together for this occasion. They really used their imagination to work on these. Over 60 people were at this program. Winners in the five categories were: Yummiest Looking, Zachary Drew; Best Cub Scout Theme, Chris Mason; and Best Tasting, Ryan Crowall. Awards were given out to all those who participated in making cakes and the judges, Dave and Peg Mason had a hard time in judging, as they were all good and they realized that a lot of thought and time went into the making of these cakes. After the awards were given out the five winning cakes were auctioned off by auctioneer John Morrison. The realized a total of $62.

Kitty Nelson spoke briefly about the popcorn sales and thanked all those who sold or bought popcorn from the Cub Scouts.

Donna Woodward spoke about Scouting for Food which will be coming up soon (in fact I believe it will be Oct. 30 that they will bring the bags to be put on your doorknob to be filled with non-perishable items (cans of food) for the needy and to be picked up a week later on Nov. 6). With so much unemployment in the area, anything will be welcomed, I'm sure. Four new Cub Scouts were signed up, making a total of 35, also one new leader. While the judging was taking place, Steve Boucher gave a real good talk about fire safety and reminded people to check their smoke alarms. He also told people to think and plan and talk about how to get out of the building in case of fire and what to do.

After the program, guess what was for refreshments! Cakes of course! And a glass of milk. Everyone had a chance to taste all those yummy cakes. What a nice evening it was.

Thaxter Littlefield's trailer home has been moved from the Bradley Nelson property and is now over on the Old School House Road.

Milton Barker's new home is all set now and ready for occupancy.

Lawrence Dadmun was here a few days ago visiting relatives and friends. He is currently living in Damariscotta.

One day this past week, I was surprised and pleased to see Thaxter Littlefield at a local restaurant in South Paris. He was with friends at a bowler's banquet. This was a meeting place for residents from Ledgeview Home and Market Square Home.

Stoneham has had a new fire truck donated to them. This came from a Brian Hoagland in Casco. It is a real shiny fire truck and has been well equipped and taken care of. I believe it is a 1967 Mac and has 1,000 gallon pumper. It's a great gift and is very much appreciated. Albert Fox, our fire chief, and Michael brought it home this past week.

There was a planning board meeting this past week and three permits were discussed and voted on. Also three representatives of Evergreen Valley Development were there and discussed at length on what is being planned for activities over there. I believe Bob Bahre bought this property in 1986 and is now ready to start developing a business over there. This will be a good thing for our town and townspeople.

Diane Johnson is at home and doing well after having further surgery in Boston.

Don't forget the Hunters' supper (public) on Thursday, Nov. 4 at the East Stoneham Church at 5 to 6:30 p.m. This will be beans, casseroles, pies, etc.

So. Woodstock

By ANDREA WING

Harland and Louella Harlow have been visiting relatives and friends for a couple of weeks. They've now returned to their home in Colorado.

Larry Billings, Curator at Woodstock Historical Society, reports that the society offers everyone something to learn about. Also, anyone can add to what is offered with a donation of an exhibit. The Historical Society notes America has several new recipients of the Nobel Prize.

Saturday morning and afternoon was a busy place at Richard and Andrea Wing's this week. A get-together was held for Dr. Gary Critser, wife Rosie and son Nathan (seven-months old). Gary is Andrea's nephew and had not been to Maine for 28 years. A potluck meal was enjoyed. Those attending were: from Woodstock: Richard and Andrea Wing, Kellie and Jessie Hart, Tommy Poland, Dennis Poland, Meagan Mack, Cleo Ryerson, and Claribel Poland; from South Paris: Jennie Record; from West Paris: Phelps and Joan Poland, Terry and Phil Merrill, Tim Poland, Todd Poland, and Kenneth Poland; from Norway: Donna Kusheba; from Campton, N.H.: James and Evelyn Dunn; from Bethel, Judi Brown and Tracy Grover; and the guests from Clovis, Calif., Gary, Rosie and Nathan Critser.

Gary was only here for the day, so we tried to get him to see most of the family while he was here.

Gary works in a medical clinic in California and is the son of Dottie Poland Critser, a South Woodstock native. Gary and family stayed with Leon and Rosalie Poland on Friday night.

Elderwood Manor

By FLORENCE HALL

Mr. Albert Bell was the guest of honor at a surprise party on Oct. 16. Mr. Bell, who has lived in Andover for 50 years, was 70 on Oct. 20. Albert's family enjoyed munchies, a turkey dinner prepared by family members and a birthday cake made by daughter Susan Jones. Guests included four daughters: Virginia Penny, Cindy Towle, Susan Jones, Betty Beauchesne, Martha Lutrell, seven grandchildren and three great-grandchildren.

Gilbert Ellis, son of Dr. Milton Ellis and daughter Georganna called on Anne Fox recently.

John Sweatt and wife took his mother, Anne Fox, out to dinner in celebration of her birthday.

Florence Hall has returned home from Rumford hospital.

Judy Hall and Gertrude Hutchins went to Yarmouth to visit Gertrude's sister Mildred recently.

Louise Powell, Hale and Bernice

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Wing, Dixfield visited Louise's mother Alma Hewey on Tuesday.

Gertrude Hutchins and Anne Fox had lunch at the school on Thursday.

Mr. and Mrs. Richard Plantier of Maryland visited her parents, Norman and Julie White recently.

Anne Fox and Norman White celebrated birthdays this past week.

Thought of the day: You know that you're getting on when it takes you longer to rest than it did to get tired.

West Paris

By MIRIAM UNMAN

Gordon and Sally Doughty and Kathleen Robertson spent several days with their daughter Cheryl Sholl and Drew, Kirby and Caroline in Cranberry, N.J., during the weekend.

West Paris Historical Society met Monday evening for a potluck supper and meeting. More plans were made for the Vaudeville Show and Hunter's and Family Breakfast. The breakfast will be on Saturday, Oct. 30, from 5 to 8 a.m. We will be serving orange juice, eggs/pancakes, bacon, toast and coffee. Where can you get all that for $4?

The Universalist Church Board of Management will meet on Wednesday, Oct. 27, 7 p.m. at the Church.

Greenwood City

By COLISTA MORGAN

The harvest has been gathered, in and beyond the hedge is heard the sound of crickets.

Little squirrels scurry around to gather nuts and berries on the ground.

Gray skies chase away the sun.

A brilliant mantle of rose, scarlet and gold is flung over the hills.

The colored leaves go where they will. Some coast down and are still, while others go dancing in the wind.

Soon all will fade until the tall pines, the hemlocks and spruces with their spires will become masters of the land, while here and there an oak tree will cling to its dried, colored leaves.

The towering beech trees will look like old gray elephants.

Mountains in the distant view have colors never the same. They may be blue, deep purple or black. Clouds are forever drifting over the summits and yet, will never be gone.

These are the thoughts and scenes of lovely autumn.

John Betts is doing very well at home after his surgery. His brother has been visiting him for a few days.

Louise DiArenzo and a friend have returned home to Pennsylvania after a week here with her mother, Zilpha DiArenzo.

I attended the Retired Teachers meeting in West Paris on Saturday at the Finnish-American Heritage Center. It was very interesting.

My house has a new shingled roof so a couple of days I had plenty of overhead "music."

David, Sally, Mary and Ann Holt were at the home of their parents, Leonas and Fay, on Sunday.

My callers were Mr. and Mrs. Artland Rogers, Bertha Cole of Norway and Florence Loughnan of Oxford, John and Lee Betts and 'Nita Hakala, local.

Locke Mills

By CRYSTAL LAKE

Maggie Ring returned home this past weekend after visiting with Keith's sister Priscilla Zawaski in Corvallis, Ore. Maggie and Priscilla attended the Northwest Regional Conference which was held on an Indian reservation on the eastern side of Cascades mountain called Kaneeta. After the conference the two went to the coast at New Port and visited with Priscilla's nephew and family. On Maggie's first Saturday home her son Herb, from Temple visited her.

Lorraine Mills is getting her house ready for the winter months ahead. This past week Community Concepts supplied roofing material and some of the men from Praise Assembly of God did the labor. These men spent three days on the roof. Next, Lorraine is looking into different heating. Community Concepts will also send a contractor over to repair her ceiling and blow in insulation.

The Greenwood Historical Society will be having their next meeting on Wednesday, Nov. 3. The speaker this time will be Allan Fraser. He will present a slide show about the Oxford County area.

A few weeks back errors in names were made. Here are the corrections: Denise Swan is the new secretary and the donation was from Vivian Daicy.

West Bethel

By CONSTANCE BROADBENT

Dear Joan and Paul,

On the eve of my baby brother's birthday, that makes him 49 and me 50-something, I sit to think, as I let the "windows" float on the screen. The keyboard awaits my terpsichorean titillation; I'm anxious to write after a long silence; but my thoughts are floating in and out like those windows.

In my daydreams I see you two, embarking on your Housatonic adventure, embracing your new home, your new lifestyle, your new challenge...and I clap for you. I see brother Tom, knapsack of hugs and hope slung over his shoulder as he makes a new start, his old security blanket in shreds and his future shrouded in the unknown...and I pray for him.

I see the progeny, yours and ours, stepping up to life with enthusiasm and confidence...and I whisper words of thanks for them. I think of the recent weeks that D. and I spent nursing Muddy back to mobility, and I know that the time and the care, the helping and the doing were our gifts to her need...and I offer kudos for her 89-year-old elasticity.

As I try to make sense of my musings, I see that I'm replaying instances of family resiliency, collaboration, and strength. These good thoughts and happy memories of the ken of our kin are precipitated, no doubt, by this morning's breakfast meeting of "Women for Women" at the Sudbury Inn.

A wonderful thing happened! Scores of local women gathered to "break quiche" and foment feelings at dawn's early light (that's that period between darkness and the time that I usually agree to make pleasant conversation)...The focus was on the Safer Families Project...October being "Safer Families Month," here and there, the Bethel-based group, sponsored by the Health Center and nurtured by Lynn Mason, invited Lois Reckitt to speak to us of her work with the Family Crisis Shelter in Portland.

We who are protected by love and commune heard of the fears and the horrors and the loneliness that fill the days of some lives...in Portland, where Lois and her staff provide intervention and shelter, and in places like Bethel, where most of us feel safe. By our mere presence, we acknowledged that the problems of abuse and battering are not restricted to the cities, or to the young, or the poor. And we heard words of encouragement from Lois as she described the slow but steady growth of the movement to intervene in family crises. It is the willingness of those of us who are safe to help those who are not, that is the key to righting a terrible wrong.

I paid for my delectable breakfast at the Sudbury; it cost me a sawbuck. But the proceeds were being shared with the Safer Families Project...a fin for the food, and a fin for the cause. That's a good deal. All of us in attendance enjoyed breaking our fast in the pleasant surroundings and in the company of a roomful of women who care enough to show up for others who cannot. In the process of listening and talking, I learned that up to 50 percent of all emergency room treatments are a direct result of battering of some kind! Most of the battering is done by men who claim power as their birthright. And 97 percent of the battered and the broken are women and their children who seek the recourse, the support, and the shelter that is only just becoming available to them.

I drove back to West Bethel with Jane Hosterman who had invited me to attend the breakfast. We talked at length about the problems of battered women, the need to protect them, the need to heighten awareness that the unspeakable acts are being played out under our very noses, and the ultimate goal of educating a population to the rights of all humans (even WOMEN) to equality of treatment.

After a lengthy discussion in the car, our words metered by the rhythm of the windshield wipers, I left Jane and continued out the Flat Road to home. Along the drizzly way, I responded to the stimuli that swept by. The gathering of birds along the wires, the curious gold of the misty mountains that travel beside the road, the stacks of wood that portend the need to sit by the fire, all reminded me of my own sense of safety, and heightened my indignation that others who live nearby may not feel so secure.

I've never been beaten (unless you count checkers or cribbage)...but that doesn't mean that I can ignore those who have. I've never in my 50-plus years questioned whether I am loved, either by my parents, my husband, my children, my siblings, my friends like you, or myself...but that doesn't mean that I should rest on the laurels of that love. I've never known poverty of circumstance or soul...but that doesn't mean that I should keep my distance from those who have.

I guess, dear friends of the decades, I have been inspired by this most recent encounter. I feel the need to take action...and since my latest forms of indulgence are in painting and writing, perhaps I could use the resources at my fingertips to educate the ignorant, enlighten the ostrich, awaken the sleeping giantess. No one should have to live in a family where one person assumes all the control and all the power. No one should have to suffer the pain of violence against her person or her sense of self. No one has the right to beat another into submission; no one should have to stand there and take the beating!

We as a happy family look forward to gathering with your happy family when the rapidly approaching Thanksgiving holiday dawns. Wouldn't it be wonderful if we could share secrets for success with the beaters and the beatees. Wouldn't it be wonderful if we could make home a safe place for all to be...perhaps the secret lies in the telling...hmm...(Look out! She's musing again!)...

Settle in to your new riverview haven, oh friends from the fifties. Get all your ducks in a row. And then hie thee to the hills!... It's time to gather again, to give thanks again, to pray for safety for the unsafe. We await your arrival with great anticipation and even greater meatballs!

Love,
C.B.

Upton

By ARLINE BERNIER

Robert Wilson, who owned a home on Mill Street at the site of the former home of Bill Barnett, died at the age of 85 at his home in Dover, Mass.

Debby Judkins Sweetser of Long Beach, Calif., and her cousin Rosalie Thomas of Berlin, N.H., visited Debby's cousin Laurie Brown one day last week. Debby is a daughter of the late Kendrick Judkins.

Ray Bernier finished his stonework in Massachusetts and is home for the winter.

Hadley Construction Co. of West Paris is doing a great job on Backstreet to restore it to easily passable. Some of the residents ask that I express appreciation to Connie Gagnon for her administrative direction in getting this job done well. Thank you, Connie and Pat.

Sympathy to Bill Wood, who recently attended the funeral of his nephew in Massachusetts.

Bob Hamel recently bought a several-acre plot from Bill Wood.

Andover

By KAREN McKAY

Keep an eye out for ghouls and goblins that may be out on Friday, Oct. 29. The elementary school will be holding Halloween parades and parties.

The library is holding Story Hour for students K-3 on Oct. 28, from 2:45-3:30 p.m. Mrs. Littlehale will be walking the children from the school to the library. Students that wish to attend should send a slip to the school from their parents stating they have permission to attend Story Hour.

Anyone who has news items for the column is urged to call me in the evenings at 392-4031. This is a good way to reach the public with community happenings, club or organization information, and news of travels and visitors.

Hoping all Trick-or-Treaters enjoy a safe Halloween evening. Keep these youngsters in mind and drive safely.

Mr. and Mrs. Foster Davis and Mr. and Mrs. Dwight Hutchins recently enjoyed a trip to Nova Scotia aboard the Scotia Prince.

Rodney L. Swain and three children, Jericho, Vt., spent two days last week with his parents, Mr. and Mrs. Robert B. Swain.

East Bethel

By NANCY MERCER

The outside of Jack and Lucy Nordahl's house is finished. The inside is winter work.

They saw a young bull moose in their swamp on Oct. 18.

Peggy Coolidge, Ruth Bethel and Mr. and Mrs. Roger Twitchell took a trip on the Kancamagus Highway on Oct. 15. They saw two moose while on the trip.

Melvin Olson came home from Boston on Oct. 18.

Fred Haines came home from Togus on Oct. 21, a week later than he first thought.

Charlene Haines went to the Joslin Clinic in Boston.

Wayne Bean got a moose during the moose hunting season.

Mr. and Mrs. Charles Smith and Freda Edmonds were in Freeport recently visiting Ms. Connie Brewer.

Jeannie Martin of Rumford visited Charlie and Polly Smith on Oct. 20. She is their granddaughter.

Millie and Dana Jackson were in Auburn recently. They met with an old army buddy of Dana's at the Village Inn. The last time they saw each other was in 1946.

Mr. and Mrs. Earl Coolidge attended the 25th wedding anniversary of Mr. and Mrs. Larry Coffin.

High Street

West Paris

By RUSSELL YATES

Richard Felt Orchestra furnishing the music at West Sumner Grange Hall on Oct. 30. Dancing is good exercise.

For those who do not know, Norway Grange will be hosting Oxford Pomona Grange No. 2 on Nov. 2. There will be a 6:30 supper and a 7:30 meeting.

The Bethel Citizen
For complete
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Special orders are no problem. It's usually easy when you're small like us. If you want something we don't have, we can get it for you in some instances in twenty-four hours. In any case we can tell you just when it'll be here.

We're stocking up right now for the hunting season and we've got a pile of stuff: knives, scopes, Topo maps, clothing, reloading supplies, holsters, gun cases, calls, rattling antlers, ammo. Speaking of ammo, we always try to keep a box or two of the hard-to-find calibers like 7.7 Jap, .38-55, .44-40, .307 Win. and the like. Want a laugh? Try asking the clerk at Wally Market for a box of .32-20's!

All of us here are into hunting, fishing or shooting. I forgot to mention Clint Twitchell. He's in one day a week. The guy knows more about handguns than anyone around! We try to stock what we think you need at the best values we can find. We're here Monday thru Saturday 9-5 and Fridays 9-6, and we'll be open late Friday night before the first day of deer season.

So, try us first, and spend more time out in the woods or on the range!

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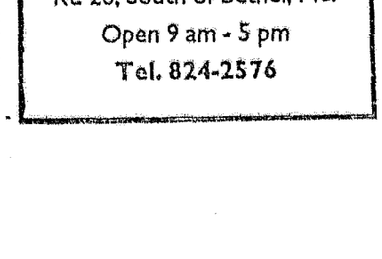

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Loans made available for very small businesses

Officials at Community Concepts in Paris said last week they will issue $180,000 in loans to micro-businesses over the next 12 months as part of a new program to provide opportunities for self-employed people and owners of very small businesses.

The agency said it will collaborate with local, state and federal agencies to provide help through its new Micro-Enterprise Center at Market Square, calling access to financing the key to the program.

Community Concepts was recently awarded funds by the Small Business Administration for a micro-loan program. The agency currently has $135,000 of so-called "micro-loan funds" available to relend primarily to women, minority and businesses owned by people with low incomes. Lack of access to conventional financing due to the economy will also be a key consideration in making the loans.

Community Concepts expects that micro-loans will average $7,500 per borrower. However, the agency may consider loans as small as $500 and as large as $25,000. The loans may be used to start, expand or strengthen a small business denied conventional financing.

Area banks have been tremendously supportive of the SBA Micro-Loan Program, the agency said. Four banks, Norway Savings, Fleet, Oxford Bank and Trust and Key Bank of Maine have contributed cash to fund a loan loss reserve.

Charleen M. Chase, executive director of Community Concepts, applauded the banks' willingness to support very small businesses in western Maine.

"Our local banks want small businesses to succeed. Four banks have generously invested in our micro-loan program because they believe it is a stepping stone to conventional financing," she said.

"We are pleased with the cooperative spirit we see as banks, local governments and area nonprofits pull together to offer resources to very small enterprises," she added.

Billed as "a clearinghouse of micro-enterprise expertise, capital and resources," the Micro-Enterprise Center will provide small business financing, business plan development, ongoing training and technical assistance to borrowers, referrals to other resources and access to a small lending library.

The SBA has also awarded Community Concepts funds for a full-time micro-enterprise development specialist.

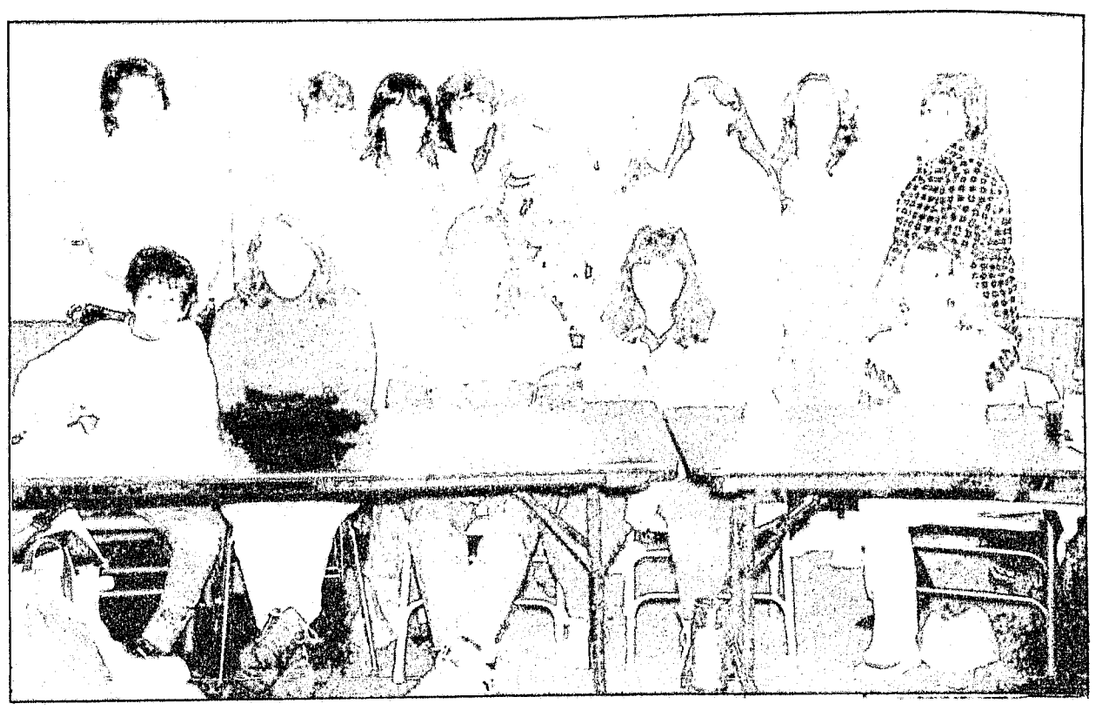
Walter Riseman is in the position and will offer business plan preparation in addition to in-depth training and technical assistance to business owners awarded loans, according to Joan Churchill, coordinator of the Micro-Enterprise Center.

"Walter's experience as a small business owner and expertise is a valuable addition to our Micro-Enterprise Center," Churchill said.

A business plan and loan application is required for presentation to the Micro-Enterprise Advisory Board for approval. Once an application is approved, a loan can be made.

The Micro-Enterprise Advisory Board is composed of people with knowledge of small businesses. Its members include Jon Kendrick of IDS Financial Services; Sharon McKibbon, owner of Heritage Graphics; Brad Boutilier, owner of Rolandeau's Restaurant; Barbara West of H&R Block; Ed Clohossey of the Service Corps of Retired Executives; Gary Dyke of Dyke & Associates; and Jean Gorey of the Western Area Agency on Aging.

Community Concepts, a nonprofit agency serving Androscoggin and Oxford counties, has administered the Maine Job Start Loan program since 1985. The program provides loans of up to $10,000 at low interest rates. Community Concepts' portfolio includes 52 loans totaling $396,500. The agency currently has $45,000 to lend through the Job Start program.



LOOKING FOR NON-TRADITIONAL JOBS FOR WOMEN--For the past few weeks women enrolled in the local Women Unlimited course have been driving trucks around the L.E. Davis lot on Cross Street and those who recently earned permits are hitting the streets. The women are also being instructed in English, math and personal and career development as well as technical skills. The Oxford County course offers technical training in Class B truck driving, wallpapering and interior painting and modular home construction. Classes are held in Rumford, Norway/South Paris and Bethel. Participants in this year's local course are front row (from left): Cathie DiCocco, Mary Elwell, Roles O'Connell, Vanesssa Baldridge and Candy Martens. Back row: Arlene Wormwood, Kathy Tibbetts, Michelle Young, Karen Gallant, Nancy Fogg, Gloria Wilson, Wendy Nutting-Bailey, Edie Warobe and Debbie Bacheller. Absent from the photo are: Lea Crane and Cindy Walker. *(Photo by Wendy Hanscom)*

BOHAC ATTENDS NATIONAL MESSAGE THERAPY CONV.

Penny Bohac of Mahoosuc Massage in Bethel attended the American Massage Therapy Association's (AMTA) Fiftieth Anniversary Convention, Touch of Gold, held at Chicago's Fairmont Hotel, Oct. 13-17. Nearly 1,000 massage therapy professionals from the U.S. and Canada enjoyed five days of educational sessions, awards, networking and social activities.

Bohac attended Ray Blaylock's Seated Massage Experience and HIV/AIDS: Understanding the Process and heard Dr. Tiffany M. Field, the premier researcher on therapeutic massage in the United States, discuss the effects of massage on premature infants in terms of weight gain and lowered hospital costs due to shorter hospital stays and the improved performance of accountants in terms of speed and accuracy after a five-minute seated massage session.

Massage therapy awareness has come full circle in the past few years, as AMTA's membership has exploded from 4,000 in 1987 to almost 17,000 members today. Founded in Chicago in 1943, the AMTA's vision is to foster advancements in massage therapy practice, research, and education. Its members are drawn from each of the 50 states as well as several foreign countries. AMTA maintains a national consumer referral service, supports a foundation for research and community scholarship, and sponsors a National Sports Massage Team.

For additional information, please contact the AMTA National Office at 708-864-0123 or Penny Bohac or Joe Cardello at 824-7600.

LOCAL GROUP RECEIVES FORESTRY ACTIVISM AWARD

At its annual meeting held at the Samoset Resort in Rockport, the American Pulpwood Association recognized the Multiple Use Association of Shelburne, N.H. as its 1992 Forestry Activism organization winner.

The Multiple Use Association, formed in 1987, has promoted the concepts of multiple use in the communities of western Maine and northern New Hampshire. Members have written editorials, spoken with civic groups, and testified at public hearings. The association has served as an intervener on recent White Mountain National Forest timber sale appeals.

Accepting the award for the Multiple Use Association was Leon Favreau, current president and chief operating officer of the MUA. Attending the evening's banquet and awards ceremony were Favreau, his wife and two daughters. The American Pulpwood Association seeks to honor each year both an individual and an organization active in promoting and serving the best interests of the forest products community.

FROM THE

Bethel Area Chamber of Commerce

Welcome to new member, Northern Exposure Photography, Bethel, Kristina Bezanson Villaire, owner.

Many thanks to Sharon McNeil and Sunday River Ski Resort for their donation of two photos for the cover of the Chamber Annual Brochure.

Executive Director Robin Zinchuk will travel to Houlton this week for the Annual Meeting of the Maine Association of Chamber Executives, where she will meet with 35 other chamber professionals from the state.

The Winter Dining Guide has gone to the printers. There will be 21 area restaurants represented in this piece. The Winter Shoppers & Service Guide, containing 40 area establishments, will also be printed soon.

All members and friends are invited to November's Business After Hours to be held on Monday, Nov. 8, from 5:30-7:30 p.m. at the Snow Cap Inn at Sunday River Ski Resort.

Both members, Sunday River Brewing Co. and the Suds Pub will be hosting Halloween parties this Sunday evening, Oct. 31, starting at approximately 8:30 p.m. The brewery will also be sponsoring a "Pumpkin Carving Contest" on Saturday from 5-7 p.m. for all ages. Bring your own pumpkin or buy one there from member, Dave Carter. Prizes will be awarded for the first three places in three categories: Kids, Team and Adult Individual. The announcement of the winners will be made at the Halloween party on Sunday evening. You need not be present at the awards to win.

GREENWOOD TO HOST HALLOWEEN HORROR HALL

Scare yourself silly at the fourth annual haunted house at the Greenwood Town Hall.

The fright show is from 5 to 8 p.m. on Sunday, Oct. 31. Admission is free, and all little spooks are welcome.

The event is sponsored by the Greenwood Recreation Board with help from area residents and businesses, which donated candy and money to help cover costs.

Last year more than 220 area children and adults toured the house. This year, sponsors are asking for donations of canned goods for the District Exchange food pantry.

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(22)	Griffith
(24)	Looney
(25)	Movie: Encha
(26)	Major Dad
(27)	In Search Of
(32)	Gimme B.
(34)	Design W.
(39)	Moneyline

FRIDAY E	7:00
(3)	Cheers
(5)	Waltons
6	Murphy B
8	Fortune
10	MacNeil-Lehr
(11)	Sportsctr
(12)	Dance Line
13	Entertain
(14)	Sports
(15)	Inside the NF
(17)	The Canterv
(18)	Man Trouble
(20)	College Hock
(21)	Unsolved My
(22)	Griffith
(24)	Looney
(25)	Movie: The
(26)	Major Dad
(27)	In Search Of
(32)	Gimme B
(34)	Design W
(39)	Moneyline

SATURDAY	7:00
(3)	Empty Nest
(5)	Bordertown
6	Grizzly Adam
8	Fortune
10	Maine
(11)	Football
(12)	City Beat
13	Untouchable
(14)	Celtics
(15)	Movie: Win
(17)	Disney Halls
(18)	Don t Tell M
(20)	NHL Hockey
(21)	The Killing
(22)	WCW Saturd
(24)	Doug
(25)	The Lives o
(26)	Case Closed
(27)	Hm. Again
(32)	Simon & Sim
(34)	Runaway
(39)	Capital

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THURSDAY EVENING OCTOBER 28, 1993

	7:00	7:30	8:00	8:30	9:00	9:30	10:00	10:30	11:00	11:30
(3)	Cheers	Murphy B.	Movie: "Heartburn"				News	Empty Nest	Cheers	H. Patrol
(5)	Waltons		Young Riders		Father Dowling		700 Club		Bonanza	
6	Term	Roseanne	Mad-You	Wings	Seinfeld	Frasier	L.A. Law		News	
8	Fortune	Jeopardy!	Missing Persons		Matlock		Primetime Live		News	
10	MacNeil-Lehrer		Maine.	Maine	Mystery!		Prize		Charlie Rose	
(11)	Sportscenter		College Football: Pittsburgh at Rutgers						Sportscenter	
(12)	Dance Line	Ctry News	Dancin' Spots		Music City Tonight			Club Dance		Ctry News
13	Entertain.	Edition	In the Heat of the Night		Eye to Eye		Picket Fences		News	
(14)	Talk Sport	Football	Athlete	NHL Hockey: Hartford Whalers at St. Louis Blues						Winston C
(15)	Movie: "Short Circuit"				Movie: "Blink of an Eye"			Comedy	Inside the NFL	
(17)	Movie: "Freeze Frame"			On Loose	Movie: "Maybe Baby"			Hollywood Yrs.		Swing Tim
(18)	"The Dirty Dozen"		Movie: "Frankie and Johnny"				Movie: "Boomerang"			
(20)	Bruins	NHL Hockey: Ottawa Senators at Boston Bruins						Motorsprt.	This Week in NASCAR	
(21)	Unsolved Mysteries		L.A. Law		Movie: "Summer Lovers"				Unsolved Mysteries	
(22)	Griffith	B. Hillbillies	The Heart of Healing: Remarkable Stories-Heal				Movie: "Anatomy of an Illness"			
(24)	Looney	Bullwinkle	Partridge	Get Smart	Dragnet	Newhart	M.T. Moore	M.T. Moore	Van Dyke	Lucy Show
(25)	Movie: "Enchantment"				Movie: "September Affair"				Movie: "Dodsworth"	
(26)	Major Dad	Wings	Murder, She Wrote		Movie: "The Cover Girl Murders"				Wings	Wings
(27)	In Search Of		Real West		1812 Overture		Winter Dreams		Evening at the Improv	
(32)	Gimme B.	Fish	Renegade		Barnaby Jones		News		Sts. of Frisco	
(34)	Design W.	Jeffersons	Movie: "Scandal				News		Night Court	Highlander
(39)	Moneyline	Crossfire	Primenews		Larry King Live		World News		Sports	Moneyline

FRIDAY EVENING OCTOBER 29, 1993

	7:00	7:30	8:00	8:30	9:00	9:30	10:00	10:30	11:00	11:30
(3)	Cheers	NBA Preseason Basketball: Celtics at Hornets					News	Empty Nest	Cheers	H. Patrol
(5)	Waltons		Movie: "Chance of a Lifetime"				700 Club		Oak Ridge Boys	
6	Murphy B.	Roseanne	Against the Grain		Movie: "The Return of Ironside"				News	
8	Fortune	Jeopardy!	Family	Boy-World	Step by S.	Mr. Cooper	20/20		News	
10	MacNeil-Lehrer		Wash. Wk.	Wall St.	Wait God	Minister	Served	Fawlty T.	Charlie Rose	
(11)	Sportsctr.	Outside the Lines		NHL Hockey: Los Angeles Kings at Winnipeg Jets						Sportsctr.
(12)	Dance Line	Ctry News	Video Album		Music City Tonight			Club Dance		Ctry News
13	Entertain.	Edition	Diagnosis Murder		Bob	Album	Picket Fences		News	
(14)	Sports	Celtics	College Soccer: Wis.-Green Bay at Cleve. St.				CFL Football: Edmonton Eskimos at B.C. Lions			
(15)	Inside the NFL		Movie: "The Fly II"				Boxing: Michael Bentt vs. Tommy Morrison			
(17)	"The Canterville Ghost" Cont'd		Movie: "Ghostbusters"					Movie: "The Ghost Breakers"		
(18)	Man Trouble Cont'd		Movie: "Gas Food Lodging"				Movie: "The Last Boy Scout"			
(20)	College Hockey: Michigan at Bowling Green State					Transworld Sport		ATP Mag.	Golf Highlights	
(21)	Unsolved Mysteries		L.A. Law		Movie: "Lovesick"				Unsolved Mysteries	
(22)	Griffith	B. Hillbillies	Movie: "In the Heat of the Night"					Movie: "The Organization"		
(24)	Looney	Eureeka	Partridge	Get Smart	Dragnet	Newhart	M.T. Moore	M.T. Moore	Van Dyke	Lucy Show
(25)	Movie: "The Out-of-Towners"				Movie: "Once Upon a Honeymoon"				Meanest Man in World	
(26)	Major Dad	Wings	Witch	Canterville	Movie: "The Guardian"				Movie: "976-EVIL"	
(27)	In Search Of		Time Machine		Investigative Reports		Ancient Mysteries		Evening at the Improv	
(32)	Gimme B.	Fish	Simon & Simon		Barnaby Jones		News		Sts. of Frisco	
(34)	Design W.	Jeffersons	Movie: "The Killer Inside Me"				News		Night Court	Comedy
(39)	Moneyline	Crossfire	Primenews		Larry King Live		World News		Sports	Moneyline

SATURDAY EVENING OCTOBER 30, 1993

	7:00	7:30	8:00	8:30	9:00	9:30	10:00	10:30	11:00	11:30
(3)	Empty Nest	Murphy B.	Movie: "Halloween"				News	Movie: "Psycho"		
(5)	Bordertown	Skies	Rescue 911		Movie: "Desperado: Avalanche at Devil's Ridge"				Bonanza	
6	Grizzly Adams		TV Bloopers II		Empty Nest	Nurses	Sisters		News	Sat. Night
8	Fortune	Jeopardy!	Movie: "Double, Double, Toil and Trouble"				Paula Poundstone		News	Armadillo
10	Maine	Media W.	Upstairs, Downstairs		Trainer		Austin City Limits		Sandbaggers	
(11)	Football	College Football: Teams to Be Announced							College Football: Arizona at UCLA	
(12)	Ctry. Beat	Stardom	Opry	GrandOpry	Statler Bros.		Hee Haw		Opry	GrandOpry
13	Untouchables		Medicine Woman		Harts of the West		Walker, Texas Ranger		News	
(14)	Celtics	NHL Hockey: New York Rangers at Hartford Whalers						Harness	Rinkside	Football
(15)	Movie: "Wind" Cont'd		Movie: "The Last Outlaw"			Crypt Tales	Dream On		Movie: "Singles"	
(17)	Disney Halloween			Eerie Ind.	Movie: "Stepmonster"				"Doctor Zhivago"	
(18)	Don't Tell Mom		Movie: "White Men Can't Jump"				Movie: "Rage and Honor"			
(20)	NHL Hockey: St. Louis Blues at Boston Bruins						College Football: Pac-10 Game of the Week			
(21)	The Killing Mind		Movie: "Cujo"				Hidden	Hidden	Unsolved Mysteries	
(22)	WCW Saturday Night		Movie: "Kenny Rogers as the Gambler, Part II -- The Adventure Continues"							
(24)	Doug	Rugrats	Clarissa	R house	Ren-Stimpy	Afraid?	Very Very Nick at Nite			
(25)	The Lives of a Bengal Lancer		Movie: "The Four Feathers"					Movie: "The Seventh Victim"		
(26)	Case Closed		Movie: "Halloween II"				Silk Stalkings		"Friday the 13th Part 3"	
(27)	Hm. Again	Hm. Again	Movie: "House on Haunted Hill"			Carnivore!	Comedy on the Road		Caroline's Comedy Hour	
(32)	Simon & Simon		"Perry Mason: The Case of the Notorious Nun"				News	News'thy	Sts. of Frisco	
(34)	Runaway	Design. W.	Movie: "Street of Dreams"				News		Night Court	Christine
(39)	Capital	Sports Sat.	Primenews		Larry King Weekend		World News		Sports	Capital

SUNDAY EVENING OCTOBER 31, 1993

	7:00	7:30	8:00	8:30	9:00	9:30	10:00	10:30	11:00	11:30
(3)	Kung Fu: The Legend		Movie: "Dead of Winter"				News	Manager	It Pays	Golf
(5)	My Dog	Baby Race	Punky B.	Big Jake	Snowy River: McGregor		In Touch		Ben Haden	Answers
6	I Witness Video		Seaquest DSV		Movie: "One Good Cop"				News	
8	Videos	Funniest	Lois & Clark: Superman		Movie: "Columbo: It's A" in the Game"				News	
10	All Creatures		Nature		Masterpiece Theatre		Mystery!		The Hands of Orlac	
(11)	NFL Primetime		Senior PGA Golf: Kaanapali Classic -- Final Round						Sportscenter	
(12)	Thunder	Drag Racing	Racing		Archers	Bermodel	Outdoors	Mechanix	Board Sail	Tennis
13	60 Minutes		Murder, She Wrote		Movie: "No Code of Mine"				News	
(14)	Winston Cup Special		College Football: New England Small College Game of the Week						College Football	
(15)	"Short Circuit" Cont'd		Movie: "Ghostbusters"					Crypt Tales	Crypt Tales	Crypt Tales
(17)	Movie: "Spaced Invaders"				Sting at the Hollywood Bowl				Eugene	Billy the Kid
(18)	Police Acad. 6		Movie: "Leprechaun"				Movie: "Buffy the Vampire Slayer"		Half Week 6	
(20)	Tennis: Grand Prix de Lyon -- Final				Police and Fire Games			English Soccer		Football
(21)	"Bay Coven" Cont'd		Movie: "83 Hours 'Til Dawn"					Thirtysomething	Pats Prog.	Pats Prog.
(22)	"Perry Mason: The Case of the Avenging Ace"				National Geographic Explorer				Earth	Penguins
(24)	Afraid?	R'house	Rugrats	Doug	Lucy Show	Van Dyke	M.T. Moore	Newhart	Dragnet	Jetsons
(25)	Movie: "Prince of Foxes"				Movie: "Under Two Flags"				Sullivan's Travels	
(26)	Movie: "The Cover Girl Murders"				Case Closed		Silk Stalkings		Silk Stalkings	
(27)	House of Elliott		Movie: "To Kill a Mockingbird"					Point		Caroline's
(32)	Simon & Simon		Movie: "The Sentinel"					News	Gimme B.	Pats Prog.
(34)	Kojak		Movie: "Terror in the Wax Museum"					News		Pats Prog.
(39)	Pinnacle	Sport Sun	Primenews		Killing Tide			World News	Sports	Business

MONDAY EVENING NOVEMBER 1, 1993

	7:00	7:30	8:00	8:30	9:00	9:30	10:00	10:30	11:00	11:30
(3)	Cheers	Murphy B.	Movie: "Some Kind of Wonderful"				News	Empty Nest	Cheers	H. Patrol
(5)	Waltons		Young Riders		Father Dowling		700 Club		Bonanza	
6	Murphy B.	Roseanne	Fresh Pr.	Blossom	Movie: "House of Secrets"				News	
8	Fortune	Jeopardy!	Day One		NFL Football: Washington Redskins at Buffalo Bills					
10	MacNeil-Lehrer		I'll Fly Away		Great Depression				Charlie Rose	
(11)	Sportsctr.	NFL Prime Monday			Bodybuilding: Jr. Nat'l		Amazing Games		Windsurf	Sportsctr.
(12)	Dance Line	Ctry News	Stardom	Texas	Music City Tonight			Club Dance		Ctry News
13	Entertain.	Edition	Shade	Dave's	Murphy B.	Love-War	Northern Exposure		News	
(14)	Celtics	NHL Hockey: St. Louis Blues at Hartford Whalers						Baseball	Sports	Writers
(15)	"An American Summer"	Positively True Adventures			Remains	Movie: "Harlem Nights"				
(17)	Anne of Avonlea	Avonlea			Movie: "Room Service"			Unknown Marx Brothers		Yearwood
(18)	Brain Donors" Cont'd	Movie: "A League of Their Own"					Movie: "Fist of Honor"			
(20)	Eagles '93	Equestrian: Washington International						Equestrian	Auto Racing: Shelby Pro	
(21)	Unsolved Mysteries	L.A. Law			Movie: "Other Women's Children"				Unsolved Mysteries	
(22)	Griffith	B. Hillbillies	Movie: "Sergeant York"						Mutiny on the Bounty	
(24)	Looney	Bullwinkle	Partridge	Get Smart	Dragnet	Newhart	M.T. Moore	M.T. Moore	Van Dyke	Lucy Show
(25)	Movie: "Abe Lincoln in Illinois"				Movie: "The Glass Key"			Movie: "Texas Across the River"		
(26)	Major Dad	Wings	Murder, She Wrote		WWF: Monday Raw		Silk Stalkings		Wings	Wings
(27)	In Search Of		Wolper Pres.		Sherlock Holmes		Lovejoy Mysteries		Evening at the Improv	
(32)	Gimme B.	Fish	Simon & Simon		Barnaby Jones		News		Sts. of Frisco	
(34)	Design. W.	Jeffersons	Movie: "Places in the Heart"				News		Night Court	Emer. Call
(39)	Moneyline	Crossfire	Primenews		Larry King Live		World News		Sports	Moneyline

TUESDAY EVENING NOVEMBER 2, 1993

	7:00	7:30	8:00	8:30	9:00	9:30	10:00	10:30	11:00	11:30
(3)	Cheers	NHL Hockey: Boston Bruins at Detroit Red Wings						News	Cheers	H. Patrol
(5)	Waltons		Young Riders		Father Dowling		700 Club		Bonanza	
6	Murphy B.	Roseanne	Saved-Bell	Getting By	Lafayette: 2nd half		Dateline		News	
8	Fortune	Jeopardy!	Full House	Phenom.	Roseanne	Coach	NYPD Blue		News	
10	MacNeil-Lehrer		Nova		Frontline		Stuff of Dreams		Charlie Rose	
(11)	Sportsctr.	NHL Hockey: Boston Bruins at Detroit Red Wings							Sportsctr.	Sportsctr.
(12)	Dance Line	Ctry News	America: Music Shot		Music City Tonight			Club Dance		Ctry News
13	Entertain.	Edition	Rescue 911		Movie: "The Guardian of Lady Chas."				News	
(14)	Lou Holtz	Boxing	Major League Baseball's Greatest Games					Tuesday Night Fights	Sportsworld	
(15)	"Poltergeist III" Cont'd	Movie: "The Last Outlaw"			Movie: "Storyville"					Crypt Tales
(17)	Big, Friendly Giant				Television and the Presidency				Movie: "Anne of Avonlea"	
(18)	Lets Scare Jess	Movie: "Beetlejuice"			Movie: "Basketball Hall"				Movie: "Anne of Avonlea"	
(20)	NBA Action	Tennis: ATP Senior Tour Championship					Pool: Billiard			
(21)	Unsolved Mysteries	L.A. Law			Movie: "The Accidental Tourist"					
(22)	Griffith	B. Hillbillies	Movie: "Big Hur"							
(24)	Looney	Bullwinkle	Partridge	Get Smart	Dragnet	Newhart	M.T. Moore	M.T. Moore	Van Dyke	Lucy Show
(25)	Movie: "The Rose Tattoo"				Movie: "Bedtime"					
(26)	Major Dad	Wings	Murder, She Wrote		Boxing: Pay-Per-View Preliminaries					
(27)	In Search Of		Biography		"Tuskegee Airmen"					
(32)	Gimme B.	Fish	Simon & Simon		Law & Order					
(34)	Design. W.	Jeffersons	Movie: "The Ta"							
(39)	Moneyline	Crossfire	Primenews		Larry King Live					

WEDNESDAY EVENING NOVEMBER 3, 1993

	7:00	7:30	8:00	8:30	9:00	9:30	10:00	10:30	11:00	11:30
(3)	Cheers	Murphy B.	Time Trax		Kung Fu: The Legend		News			
(5)	Waltons		Young Riders		Father Dowling		700 Club			
6	Murphy B.	Roseanne	Unsolved Mysteries		New Broadw.		Law & Order		News	
8	Fortune	Jeopardy!	Thea		Home Imp.	Grace	Moon Over Miami		News	
10	MacNeil-Lehrer		Blaine House		American Experience		Earthkeeping			
(11)	Sportsctr.	PBA Bowling			Boxing					
(12)	Dance Line	News	S. California		Music City Tonight			Club Dance		Stars
13	Entertain.	Edition	Hearts	Nanny	South of Sunset		38 Hours		News	
(14)	Adventure	NHL Hockey: Calgary Flames at Hartford Whalers						Italian League Soccer		
(15)	"Funny Farm" Cont'd		Movie: "Cool World"				Crypt Tales	Sanders	Down Co	Pet Sem.
(17)	Mickey Mouse		Movie: "The White Lions"			Movie: "Little Miss Marker"				Anne
(18)	"Fast Getaway" Cont'd		Movie: "Laws of Gravity"				Movie: "Gas Food Lodging"			
(20)	Women's College Volleyball: Texas at Baylor				Fat Tire	Baseball: Chandler at Scottsdale				NBA Action
(21)	Unsolved Mysteries		L.A. Law		Movie: "Too Good to Be True"				Unsolved Mysteries	
(22)	Griffith	B. Hillbillies	Movie: "Gone With the Wind"							
(24)	Looney	Bullwinkle	Partridge	Get Smart	Dragnet	Newhart	M.T. Moore	M.T. Moore	Van Dyke	Lucy Show
(25)	Movie: "Three Smart Girls"			R. Mitchum	Movie: "Tropic Zone"				Adventure-Polo	
(26)	Major Dad	Wings	Murder, She Wrote		Movie: "The Gauntlet"				Wings	Wings
(27)	In Search Of		Civil War Journal		American Justice		Our Century		Evening at the Improv	
(32)	Gimme B.	Fish	Simon & Simon		Barnaby Jones		News		Sts. of Frisco	
(34)	Design. W.	Jeffersons	Movie: "Coogan's Bluff"				News		Night Court	Renegade
(39)	Moneyline	Crossfire	Primenews		Larry King Live		World News		Sports	Moneyline

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WEDNESDAY EVENING NOVEMBER 3, 1993

	7:00	7:30	8:00	8:30	9:00	9:30	10:00	10:30	11:00	11:30
(3)	Cheers	Murphy B.	Time Trax		Kung Fu: The Legend		News			
(5)	Waltons		Young Riders		Father Dowling		700 Club			
6	Murphy B.	Roseanne	Unsolved Mysteries		New Broadw.		Law & Order		News	
8	Fortune	Jeopardy!	Thea		Home Imp.	Grace	Moon Over Miami		News	
10	MacNeil-Lehrer		Blaine House		American Experience		Earthkeeping			
(11)	Sportsctr.	PBA Bowling			Boxing					
(12)	Dance Line	News	S. California		Music City Tonight			Club Dance		Stars
13	Entertain.	Edition	Hearts	Nanny	South of Sunset		38 Hours		News	
(14)	Adventure	NHL Hockey: Calgary Flames at Hartford Whalers						Italian League Soccer		
(15)	"Funny Farm" Cont'd		Movie: "Cool World"				Crypt Tales	Sanders	Down Co	Pet Sem.
(17)	Mickey Mouse		Movie: "The White Lions"			Movie: "Little Miss Marker"				Anne
(18)	"Fast Getaway" Cont'd		Movie: "Laws of Gravity"				Movie: "Gas Food Lodging"			
(20)	Women's College Volleyball: Texas at Baylor				Fat Tire	Baseball: Chandler at Scottsdale				NBA Action
(21)	Unsolved Mysteries		L.A. Law		Movie: "Too Good to Be True"				Unsolved Mysteries	
(22)	Griffith	B. Hillbillies	Movie: "Gone With the Wind"							
(24)	Looney	Bullwinkle	Partridge	Get Smart	Dragnet	Newhart	M.T. Moore	M.T. Moore	Van Dyke	Lucy Show
(25)	Movie: "Three Smart Girls"			R. Mitchum	Movie: "Tropic Zone"				Adventure-Polo	
(26)	Major Dad	Wings	Murder, She Wrote		Movie: "The Gauntlet"				Wings	Wings
(27)	In Search Of		Civil War Journal		American Justice		Our Century		Evening at the Improv	
(32)	Gimme B.	Fish	Simon & Simon		Barnaby Jones		News		Sts. of Frisco	
(34)	Design. W.	Jeffersons	Movie: "Coogan's Bluff"				News		Night Court	Renegade
(39)	Moneyline	Crossfire	Primenews		Larry King Live		World News		Sports	Moneyline

Super Crossword

ACROSS
1 Deer's track
6 They've got your number: abbr.
10 Jack-In-the-pulpit
14 He's "Horrible," in the funnies
19 Jet or prop starter
20 Egyptian heaven
21 River in Bolivia
22 Soap plant
23 Fred or Steve
24 Ollie's partner
25 Suburbanite's pride
26 Oared
27 Flash of light
28 High, craggy hill
29 Father Junipero, of mission fame
30 Old Norse poems
31 Earl, of films
34 One tortured for his beliefs
36 Psych. org.
39 Regrets
40 Ruby or Sandra
42 Wampum
43 Pitching stat.
46 Takes one's leave
48 Breakfast staple
50 Benedict Arnold was one
52 Joan/Nielsen connection
53 Vachel/Crouse connection
55 Bea/Hill connection
56 Inventive Howe
57 Spanish surrealist
58 God in a rose?
60 Ensnare
61 Pause, to Paganini
62 After-dinner treats
63 Theater light
65 Harden
66 Drive out
68 Large bleaching vats
70 Ninny
73 Adjusts to fit
76 Nimble
78 Lake source of the Blue Nile
82 Hive colony
84 Code or rug
85 "— Appeal" (1984 movie)
86 Jack or Tom
87 Robert of "Hart to Hart"
89 Sitcom set at the Stratford Inn
91 He was Napoleon Solo
92 Builds up a store
94 Conducts
95 Silver bullet's target
96 Author Anais
97 Othello, for one
99 Rite or rama starter
100 Strong wind
101 Western cont.
102 English type designer
104 British star Alec
107 Hollywood's Swifty
110 Lotion ingredients
112 John or Jane
113 Diminishes, with "down"
117 Fragrant
118 Resounded
119 Cruise and Selleck
120 Flee to wed
121 Famous family of Cremona
122 Quechuan Indian
123 Pub pints
124 Sheltered inlets
125 Criminal
126 Arabian seaport
127 Pelion's partner?
128 Bring to one's —

DOWN
1 Party line?
2 Undue influence
3 Heraldic border
4 Form of witchcraft
5 Howard connects them
6 Vernon and Irene
7 Jargon
8 Warning signal
9 Power source
10 Competent
11 Fortify again
12 Open the gift
13 Mosque tower
14 James connects them
15 Love affair
16 Elegant dress
17 Away from the weather
18 Buttons and Skelton
29 "Slammin' Sam"
32 Stringed instrument
33 Aphrodite loved him
35 Scarlett's home
36 Alfred or Felix
37 English dramatist George
38 Point in the moon's orbit
41 Dangerous curves
43 Characteristics of a group
44 Stir up
45 Sovereign's decree
47 Winged
48 Engage in a joust
49 Bakery item
51 "Who am — argue?"
53 Word with jaw or slide
54 Member of an English royal house
57 Judge's statements
59 Corrupts
62 Brooks or Blanc
64 It might be a queen
67 Dean connects them
69 Holy-water basin
70 Dam on the Nile
71 Hindu religious teacher
72 "Bonjour Tristesse" author
74 Lively dance
75 Played the fiddle?
76 Substance used as tinder
77 Pikelike fishes
79 Dickinson
80 Hindu leader
81 He was Lou Grant
83 M.D.'s aides
86 Gregory connects them
88 Early autos
90 Douglas and Alexander
91 Small, secluded valley
93 Glassed-in porches
95 Redgrave, of films
98 Gilbert/Young connection
100 Pithy sayings
102 Division of a long poem
103 Time being
105 Objects of excessive devotion
106 Drawing room
107 Lounge about
108 Singing and dancing girl
109 Intense enthusiasm
111 Soap star Richard
114 Wander
115 Fencing sword
116 Soap-frame bar
119 "The Way," in China

SEE ANSWERS--Back Page

AHHS FLU CLINIC

Androscoggin Home Health Services will once again host a number of flu vaccine clinics throughout the Tri-county area.

The clinic scheduled for the Oxford Hills area will be held on Tuesday, Nov. 9 from 9 a.m. to 1 p.m. at the South Paris Fire Station, Pine Street.

The charge for the vaccine is $8, which partially covers the cost of the services. The cost for the vaccine is covered by Medicare for Medicare-insured individuals. Those insured under Medicare must bring their Medicare insurance card to the clinic.

Flu shots will not be given to people under the age of 13. People attending the clinic should bring a list of all medications they are currently taking. Those with colds, fevers, or otherwise not feeling well cannot be given flu shots during the clinic. People who are uncertain as to whether or not they should have the vaccine should consult their physician. Those receiving flu shots will be asked to wait 15 minutes afterwards in order to make certain that there's not an adverse reaction. AHHS also provides flu shots to its active patients at no additional charge.

For additional information, those interested should call their family physician or the Androscoggin Home Health Services office in Norway at 743-9285 or 1-800-244-9285.

YMCA GYMNASTICS AT WES

The Oxford Hills YMCA will offer pre-school and beginning gymnastic classes at the Woodstock Elementary School starting Nov. 6. Beginner classes are held from 9 to 10:30 a.m. for a fee of $25 for members and $35 for non-members. The pre-school class for three- to five-year-olds will be held from 10:30 to 11:30 a.m. for a fee of $20 for members and $25 for non-members.

The beginner class is for boys and girls ages six and up. Skills are taught on tumbling and vaulting and on the balance beam. The pre-school class is for three to five-year-old boys and girls and will introduce basic skills in tumbling, vaulting and on the balance beam as well as social skills in a fun-filled atmosphere, by experienced instructors.

For more information call the YMCA at 743-7184 Monday-Thursday, 9 a.m. to 4 p.m. Minimum and maximum enrollment limits are set for each class and registrations are taken on a first come, first serve basis. All participants must be preregistered before the first class.

Just Imagine Coffeehouse

The Just Imagine Coffeehouse will open Saturday, Nov. 6, 7 to 10 p.m. at the West Parish Congregational Church. Performers will be Julia Lane and Fred Gosbee, of the folk group Castlebay from Round Pond. Castlebay's music weaves together the timeless traditions of the British Isles and the rugged Maine coast. Julia's voice has been compared to Jean Redpath's, and her Celtic harp playing has won several awards. Fred writes romantic love songs, raucous sea songs, and humorous ditties which celebrate the dignity and humanity of ordinary people using humor and courage in the face of adversity. He plays the 12-string guitar, pennywhistle, recorder and five-string viola.

The Just Imagine Coffeehouse opens the first Saturday night of each month, providing family fun that is smoke-free and alcohol-free. Donations are requested--$3 or $1.50 for seniors and children. Homemade refreshments are sold. Local performers are invited to the open mike. Remember--Castlebay folk group at the coffeehouse, West Parish Congregational Church, next to Gould Academy--7 to 10 p.m., Saturday, Nov. 7

Bethel/Evans Notch Economic Project update

By GREGORY HERRICK

I would like to take this opportunity to inform the citizens of the region about the progress being made on the Bethel/Evans Notch Economic Project. Many may recall the explanatory article which appeared in The Bethel Citizen on Sept. 8. Many are probably wondering what ol' "George" has been up to. (It's Greg, by the way.)

I have been busy educating myself about the area. Reading reports and gathering data is rewarding, but invisible work. I am beginning to put together an economic base profile, but the study portion of this project is not nearly as important as the community-based decision making process that is to follow.

The Advisory Committee and I have started formulating how to conduct this process. I shall begin by updating the community about our basic plans and by making myself available to answer any questions people may have. Look for me to attend selectmen's meetings throughout the region where I will present a brief outline of the work done to date and the goals of the project. These presentations will be announced ahead of time, and I will be available for questions before and after these meetings.

I must stress that this project is all about local people working together to identify problems and possibilities and developing strategies to overcome the problems and realize the possibilities. The Advisory Committee and I do not believe people are interested in a report that tells anyone what to do. The answers will not come from any economist or government agency but rather, from the strong community which exists in this area.

I will inform people of meetings or events I will be attending and I welcome anyone with questions or comments to contact me at the Bethel Area Chamber of Commerce at 824-2282. Please do not hesitate to call.

Gregory P. Herrick
Project Consultant

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Community Calendar

ACTIVITIES

Home Education--information and support for home education--call or write for meeting dates and local support: Maine Homeschool Association, P.O. Box 9715-199, Portland, ME 04104 (tel: 353-5388)

Through Oct. 30--"The Haunted Mill" Halloween House on Oxford St., So. Paris at the Old Saw Mill. Open 7 to 9 p.m. Thurs. and Fri. and 6 to 9 p.m. on Sat. Come in costume and receive $1 off admission price. Adults $5, under 12, $3. Res. or info. call 743-7320 or 783-7942. Benefit Paris Recreation.

Through Nov. 23--Owen Art Gallery, Gould Academy will show select works from Deer Isle members of Maine Crafts Assoc. Free. Weekdays: 8 a.m. to 3 p.m.; weekends by appointment.

Friday, Oct. 29, 3 to 6 p.m.--Abused Women's Advocacy Open House for local community to meet Outreach Advocate Heidi Randall at new location--89 Congress St., Rumford. For information call 369-0750.

Crescent Park School Halloween parade at 12:45 p.m. at the Telstar High School complex.

Saturday, Oct. 30, 8:30 a.m. to 12:30 p.m.--"Breast Cancer: Facts vs. Fiction" symposium at CMMC. Reservation or information call 795-2750.

Sunday, Oct. 31, Haunted House at the Greenwood Town Hall from 5 to 8 p.m. Admission is free and all are welcome. Sponsors are accepting canned goods for the District exchange food pantry.

Halloween Haunted Village treat-or-treating from 5 to 6 p.m. at the Crescent Park School portable village at Telstar. The event is for pre-schoolers and CPS students only.

Monday, Nov. 1, 10 a.m.--The Knitting Guild of America, Mt. View Knitters Day Group will meet in vestry of Congregational Church, Fryeburg. Program: Sweater Designs by Lynne and Doug Barr. Bring mittens for contest. Visitors welcome. Call 935-2109 for more information.

The Knitting Guild of America, Mt. View Knitters' Evening Group will meet at 7 p.m. at 138 Main St., Fryeburg. Visitors welcome. Call 935-2109 for information.

Wednesday, Nov. 3, 5 to 7 p.m.--Anyone interested in attending Northern Forest Lands Council informational session in Gorham, N.H., contact Greg Herrick at 824-2282 for a ride.

The Knitting Guild of America, Mt. View Knitters will meet for a workshop by June Timberlake on Machine Knitters. Call Audrey at 452-2494 for details. Visitors welcome.

Friday, Nov. 5, 3 to 6 p.m.--The Newry Recreation Committee will issue ski equipment to Newry children at the Newry Town Office. Call Nancy at 824-2115 for information.

Friday and Saturday, Nov. 5 and 6, 8 p.m.(Fri. at United Baptist Church, Norway - Sat. at Second Congregational Church, Lewiston)--The Maine Music Society will present Androscoggin Chorale and the Maine Chamber Ensemble. Settings of Shakespeare's works, music from his time, works about his plays. Tickets $12.50 adults, $6.25 students at Shop 'n Save, Lewiston, Auburn and Norway.

Saturday, Nov. 6, 10 a.m. to 2 p.m.--Oxford County Extension Homemakers Holiday Open House at Dirigo Middle School, Dixfield.

The Newry Recreation Committee will issue ski equipment to Newry children from 10 to 12 a.m. at the Newry Town Office. Call Nancy at 824-2115 for information.

Just Imagine Coffeehouse will present Castlebay folk group at the West Parish Congregational Church, 7 to 10 p.m. Donation required--$3, or $1.50 seniors and ARTS, 234 Lisbon St., Lewiston or call 782-7228.

Harvest supper at West Bethel Grange Hall--5:30 to 6:30. Corned beef and all the fixings. Adults, $6-Children, $2.50.

Backyard Forestry Workshop, 9 to 12 a.m.--Western Maine Chapter of Small Woodland Owners of Maine (SWOAM) Oct. meeting at home of Al Soule (from Market Sq., So. Paris, go north on Rt. 26 1/10 mi., turn left on High St by park, go 1 mile, cross the RR tracks, first bldgs on left). Speakers will be Gary Fish and Merle Ring. Public invited. For more info. call Merle Ring at 743-5976.

A potluck supper will be held in East Bethel to benefit Equal Protection Lewiston, a group which is supporting Lewiston's discrimination against homosexuals and heterosexuals. The community is invited to the supper which will be held at the Grange Hall in East Bethel. Information: 777-3037.

A dance to benefit the Jefferson Lodge Building Fund from 8:30 to 12:30 p.m. at the hall in Bryant Pond. Music will be by North Atlantic. Tickets are $7 B.Y.O.B.

A public supper at the First Congregational Church in Andover. First-setting at 5:30 p.m. Menu: baked beans, casseroles, coleslaw, hot biscuits, assorted pies, coffee/tea/punch. Adults $5, children under 12, $3. children. Homemade refreshments sold.

Annual Christmas Fair at Mexico Congregational Church, 9 a.m. to 3 p.m. Christmas and general crafts, baked goods, homemade cider, knit items, attic treasures, raffles and games for children. Morning coffee and noon luncheon available. Roast Beef supper at 5 p.m. ($6 adults, $2.50 children). Call Andrea Conner at 369-9035 or 369-0184 on Wed./Fri.

Sunday, Nov. 7, Night of jug and bluegrass music at the Cracked Platter Restaurant in Harrison to benefit Multiple Sclerosis from 4 to 8 p.m.. Bands will include: The Oakhurst Boys, the Zingo, Zango Generic Jug band, Heart Strings of Lovell and the Windy Ridge band of Brunswick. Tickets are $7 in advance, available at the Black Horse Tavern, Bridgton; Jack's Music Center, Norway and Caswell House and Cracked Platter in Harrison. There will also be a cash bar and door prizes.

Thursday, Nov. 18, 7:30 p.m.--Gould Academy Performing Arts Series will present Brooks Unstrung Quartet, a polished blend of classical music with zany humor, Bingham Auditorium, Gould Academy. Adults $5, students $3. Call Vicki Rackliffe at 824-3575 for information.

****

MONTHLY MEETINGS

First Wednesday of Each Month: Purity Chapter 102, OES, 6:30 supper, 7:30 meeting.

Greenwood Historical Society meets at the Society Building, Main St., Locke Mills, 7:30 p.m.

Woodstock Planning Board meets at the Town Office,

First and Third Wednesday of Each Month: Newry Planning Board, Town Office, 7 p.m.

Gilead Selectmen meet at the Town Office at 7 p.m.

Second and Fourth Wednesday of Each Month: Bethel Planning Board meets at the Town Office, 7 p.m.

Every Thursday: West Paris Board of Selectmen meet at the Town office, 6:30 p.m.

First Thursday of Each Month: United Methodist Women meet at the Bethel Methodist Church at 1 p.m.

Upton Board of Selectmen meets, 6 p.m.

Bethel Historical Society, Dr. Moses Mason House, 7:30 p.m.

Second Thursday of Each Month: Board of Directors of Bethel Area Chamber of Commerce meets at the Bethel Area Health Center, 7:30 a.m.

Newry Fire Auxiliary meets at the Town Office, 7 p.m.

Bethel Lodge No 97, AF & AM.

S.H.A.R.E. support group for bereaved parent suffering loss of infant or miscarriage, at Stephens Memorial Hospital 7-9 p.m. For information call 824-2913.

CPS PTA will meet from 6:30 - 8:00 p.m. Babysitting provided.

Third Thursday of Each Month: Fish & Game, at the Bethel United Methodist Church; potluck supper 6 p.m.; meeting at 7 p.m.

Windy Valleys Snowmobile Club, at Newry municipal building, 7 p.m.

First and Third Thursday of Each Month: Jackson-Silver Post, Locke Mills, 7 p.m.

Every Friday: Friday Gift Shop, at the Bethel United Methodist Church, during summer, 1-5 p.m.

Game Party at Jackson-Silver Post No. 68, Gore Road, Locke Mills, 6 p.m.

First Friday of Each month: The Oxford County Mineral and Gem Association meets at 7 p.m. at the Newry home of Norman and Eleanor Davis. Call 824-2844 for more information.

Third Friday of Each Month: Mt. Abram Lodge, IOOF, 7:30 p.m.

Second Saturday of Each Month: Woodstock Historical Society, 7 p.m. Woodstock Historical Society Museum, summer months.

Every Sunday: Western Mountains Meditation Group, at the Center for Natural Healing, 47 Pioneer St., West Paris, 9:30 a.m. 674-3961.

Fourth Sunday of Each Month: Episcopalian House Church at the Bohrs on Chapman Street, Bethel, 4 p.m. Call 824-2913 for more information.

First Monday of Each Month: Newry Community Ladies' Circle, 12:30 p.m.

Second and fourth Monday of Each Month: SAD #44 Board of Directors meets in Bethel, Woodstock or Andover at 7:30 p.m. Call 824-2185 for meeting place.

The Gilead Fire Department meets at the Fire Station at 7 p.m.

Second Monday of Each Month: Newry Mother's Club meets, 7:30 p.m.

Third Monday of each Month: Mundt-Allen pot luck supper and meeting. Supper starts at 6:30 p.m.

First and Third Monday of Each Month: Bethel Board of Selectmen meets at the Town Office, 7 p.m.

First Tuesday of Each Month: State Representative Rick Bennett will be at the meeting of the Greenwood Selectmen at the town Office, Locke Mills.

Three Rivers Sportsmans Club, Hanover I of P Hall, 6:30 p.m. potluck supper followed by a meeting.

Second Tuesday of Each Month: Mundt-Allen Post, American Legion, meeting at 7:30 p.m.

LaLeche League, nursing mothers, meet at 10 a.m. at area members homes Call 836-3567 for more information.

Bethel Snow Twisters, meet at Casco Bank, 7 p.m., fall and winter months.

Every Tuesday: Bethel Rotary Club meets at The Bethel Inn, 7:30 a.m.

Greenwood Board of Selectmen meets at the Town Office 7 p.m.

Andover Board of Selectmen meets at the Town office, 6 p.m.

Newry Board of Selectmen meets at the Town Office, 9 a.m.

First and Third Tuesday of Each Month: Woodstock Board of Selectmen meets at the Town Office, 7 p.m.

The Greater Rumford Alliance for the Mentally Ill-Children and Adolescent Network (GRAMICAN) Support, education and advocacy for families of children with major mental illness or emotional/behavioral disorders meets in the Former St. John's rectory from 6:30-8:00 p.m. in Rumford. Contact "Diane" at 369-0542.

Cross-Country Quilters meet at the Bethel Library from 9:30 to 11:30 a.m.

Third Tuesday of Each Month: Pine Tree Legal Assistance at Bethel Area Health Center, starting at 10 a.m.

Bethel Lions Club meets at the Bethel Lions Den, Main St., Social hour--6:30-7 p.m. Dinner at 7 p.m. followed by meeting.

Telstar High School Project Graduation Committee meeting, 6 to 8 p.m., room 106 at Telstar.

Items for the Community Calendar may be brought to The Bethel Citizen office or mailed in or phoned in at 824-2444.

New S just w

By JOHN VINCENT

The smiles were Saturday even thou a snowflake at Ski where new owners the area's 33rd wint

More than 100 the Winter Warm- the revitalized 687- of the longest opera the state.

Manager and p Hoddinott of Rea crowd, "We plan o and going here in direction."

He said the crew time seasonal emp cated to making th and profitable. Ne expand snowmak repairs to buildings bishing projects ar owners' efforts this

"We'll be open before," said Hod is waiting for the snap to fire the g slopes.

The ski area in acres of skiing terr chairlifts and thre 1,970-foot hill.

Hoddinott, who Whitewater Rafti Forks for 15 yea new Maine owner ful $665,000 bid last May prompte other high bidders ing their capital. worked and Hod nison of Oxford, of Otisfield, Tim nebunk and Pat D chased Ski Mour an undisclosed su

Oxford Bank foreclosed on a former owner D endured three c winters, handed t

Cross and his attendance Satur thanked them fo getting the ski ar

"We have our around and loo across the street sion 30 years a thank them fo said.

Cynthia Wesc dent who had mountain for 27 excited by the ch

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Wescott said being pushed b propriate becau area is very eas atmosphere is paced.

Bob Brousse Mass., who o

PRI TWIN CIN DEMOL October CIN FOR LOVE October MONDAY B Sunday-Thur Friday & 25 Green (603 Chi Re Open Route 207-36 Lun Mon. Sen Pu Pork BA Our availab party o Dinn All Major

New Ski Mt. Abram just waiting for snow

By JOHN VINCENT

The smiles were everywhere here Saturday even though there wasn't a snowflake at Ski Mount Abram, where new owners are preparing for the area's 33rd winter season.

More than 100 people attended the Winter Warm-up Weekend at the revitalized 687-acre facility, one of the longest operating ski areas in the state.

Manager and part-owner Rick Hoddinott of Readfield told the crowd, "We plan on getting this up and going here in a really positive direction."

He said the crew of up to 50 full-time seasonal employees is dedicated to making the ski resort fun and profitable. New equipment to expand snowmaking capability, repairs to buildings and other refurbishing projects are the focus of the owners' efforts this season.

"We'll be open earlier than ever before," said Hoddinott, adding he is waiting for the first good cold snap to fire the guns and open the slopes.

The ski area includes over 100 acres of skiing terrain, 22 trails, two chairlifts and three surface lifts on 1,970-foot hill.

Hoddinott, who has run Downeast Whitewater Rafting Co. at The Forks for 15 years, is one of five new Maine owners. His unsuccessful $665,000 bid at a bank auction last May prompted him to contact other high bidders to suggest pooling their capital. The joint venture worked and Hoddinott, Tom Kennison of Oxford, Jeff Wan Decker of Otisfield, Tim Good of Kennebunk and Pat Dutton of Bath purchased Ski Mount Abram Inc. for an undisclosed sum in June.

Oxford Bank and Trust, which foreclosed on a $1 million loan to former owner Donald Cross, who endured three consecutive bad ski winters, handed them the title.

Cross and his wife, Jean, were in attendance Saturday and Hoddinott thanked them for all their help in getting the ski area running again.

"We have our vision, and you turn around and look at the chalets across the street, that was their vision 30 years ago and I want to thank them for that," Hoddinott said.

Cynthia Wescott, a Norway resident who had been skiing at the mountain for 27 years, said she was excited by the changes at the resort.

"They've taken a great step forward in getting everyone fired up to be back here, the snowmaking is going to be better, they're going to continue with the fabulous grooming they have," Wescott said, explaining the resort was well-known for perfect snow grooming.

"There's some kind of magic here, I don't know what it is. I think we lost it for a little while and I think it's back, I know it's going to be back, it's already here, it's in the air," Wescott said.

Wescott said the family-resort tag being pushed by the owners is appropriate because the learn-to-ski area is very easy to ski on, and the atmosphere is friendly and slow-paced.

Bob Brousseau of Cape Cod, Mass., who owns a house and a condo near Mount Abram, said he was greatly relieved when the new owners bought the place.

"When you have two pieces of property up here, you have a significant investment, but not only that, we just love the area," said Brousseau. He and his family get season passes and visit most weekends and during his winter vacation, he said.

"What they've done this summer is wonderful," Brousseau added. "They needed something to spruce it up and make it look nice and all these pine boards (in the remodeled locker room) are new, the paint is new, they have a bathroom in the lounge, they never had that, we had to walk down here . . . This is really super. I'm really favorably impressed with what I see. The attitude is open, I think it's going to be successful."

"Once in a while we go up to Sunday River (in Newry), but the problem with Sunday River, of course, is the mobs of people and I have to ski weekends and vacation weeks," Brousseau said.

"It's just blown me away, all the support for the mountain," said Hoddinott.

He asked people to put their suggestions on post-it notes on a suggestion board, though not promising to implement every one. Some suggested night skiing, others wanted special passes for after-school, and some wanted snowmaking on the west side of the mountain.

Hoddinott and his wife, Micki, and Van Decker will run the resort.

Van Decker and Kennison, of Kennison Real Estate in Norway, have been ski patrol members at Mount Abram the last few years, while Good of the tool distribution firm of CNC Systems Inc., and Dutton of Bath Electrical have been regular skiers there.

LEGAL AID FOR THE POOR

An attorney from Pine Tree Legal Assistance will be meeting with clients at the following times and places in the month of November:

Tuesday, Nov. 2 at Livermore Falls District Courthouse;

Tuesday, Nov. 9 at South Paris District Courthouse;

Wednesday, Nov. 16 at Bethel Area Health Center;

Monday, Nov. 22 at Rumford District Courthouse.

To schedule an appointment at any of these locations, call Pine Tree Legal Assistance at 784-1558.

1993 MIDDLE SCHOOL HOCKEY TEAM–Team members this year were: front row (from left): Staci Littlehale, Maryann Lowell, Malinda Gilbert, Hanna Seames, Laurie Young, Betsey Kuzyk, Marcy LaVallee, Jenny Wheeler, Dani Littlehale, Riley Hansen and Erin Sennes. Second row: Jamie Lynn Johnson, Shawna Roderick, Anna Sysko, Tabatha Mason, Stacy Bacheldor, Billie Jo Sweetser, Heather Roderick, Erica Gundersen, Meagan Paquette, Samantha Harrington. Third row: Lydia Mills, Phoebe Brown, Megan Cole, Katie Chapman, Kim Baker, Michelle McInnis, Monica Smith, Erin Riley, Angie Buker, Emily Phillips, Jessica Durgin and Mariah Boelsma. Back row: Erin Kavanagh, Jennifer Stevens, Erin Osgood, Mandy Berry, Vickie Coolidge and Heather Best. *(Photo by Wendy Hanscom)*

TOY & GIFT AUCTION
American Legion Post Home; Gore Rd. Locke Mills
Sunday, October 31 at 2 p.m.
Doors Open at 1 p.m.
Toys, Gifts, Jewelry, Stereos, Watches
Tools, Clothing, Candy
Something for Everyone
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November 6th from 8:30 to 12:30 PM
at Jackson Silver Post #68
Gore Road, Locke Mills
BYOB
Advance Tickets ONLY $8 per person
For more info Call 743-5585

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The BEST Pizza
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Homemade Chicken Soup

Get your costume ready for a Halloween Costume Party!
Sunday, October 31st
THE SUDS
UNDER THE SUDBURY INN
MAIN ST, BETHEL 824-6558
Live Music
Thursday Nite: HOOT NITE hosted by Don Murphy
Fri & Sat Nites: BLUE WILLOW
Sunday Nite: HOBSON'S CHOICE
Cribbage Tourney 8 PM on Tuesdays
Happy Hour 'til 6:30 PM Mon-Fri

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BUCKETS OF
• Spaghetti
• Chicken
• Fish
•Fries

PRINCESS TWIN CINEMA
CINEMA I
DEMOLITION MAN (R)
October 28 - November 4
CINEMA II
FOR LOVE OR MONEY (pg 13)
October 28 - November 4
MONDAY BARGAIN NIGHT $3
Sunday-Thursday • 1 Show at 7 pm
Friday & Saturday 7 & 9 pm
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THE HALLOWEEN PARTY
SATURDAY OCTOBER 30, 1993
BUMPS PUB 8PM TILL THE FULL MOON RISES
LIVE ENTERTAINMENT
FESTIVITIES INCLUDE MOONLIGHT HAYRIDES, TRADITIONAL HALLOWEEN GAMES AND MUCH MORE GHOULISH FUN.
GRAND PRIZE FOR BEST COSTUME IS A SUNDAY RIVER SEASON'S PASS!
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FOR MORE INFORMATION PLEASE CALL 824-3000 AND ASK FOR EXT. 320 OR 325

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Our classic New England setting with fireplaces aglow, harvest decor and music on the Steinway is the perfect place to enjoy this family tradition.
Enjoy elegant dining prepared by our award winning chef in our beautiful dining rooms overlooking Maine's White Mountains.
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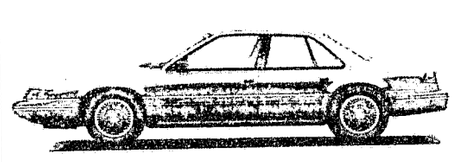

MSRP $16,000
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$13,368
$270.41 mo.

• 4 Door • 3.1 Liter 6 Cylinder • Automatic Trans • Power Locks • AM/FM Stereo • Reclining Bucket Seats • Cloth Interior • Rear Defroster • Power Steering/Brakes • Tinted Glass and Much More!

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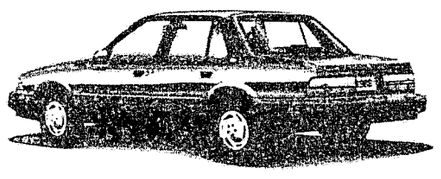
NEW 1994 CHEVROLET CAVALIER VL



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$10,351
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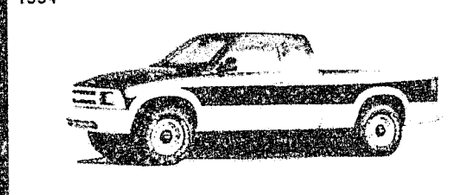

MSRP $19,653
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$17,892
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• 4.3 Liter/6 Cylinder, Automatic Overdrive Trans • Air Conditioning • AM/FM Stereo Cassette • Highback Bucket Seats • Cloth Interior • Aluminum Wheels • Power Steering/Brakes • Sliding Rear Window • 3.73 Decor • Tinted Glass and Much More

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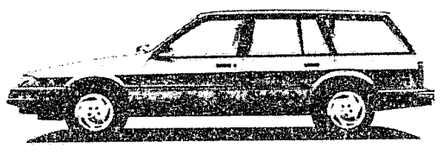
1 available

NEW 1994 CHEVY CAVALIER STATION WAGON

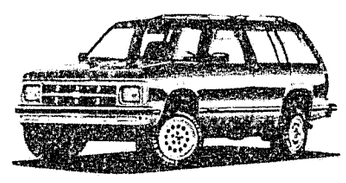


MSRP $12,800
Discount & Rebate -587
First Time Buyer -300
Down -400
$11,513
$232.89 mo.

• 4 Door • 2.3 Liter 4 Cylinder • Automatic Trans • Cruise/Tilt • AM/FM Stereo Cassette • Bucket Seats • Cloth Interior • Rear Defroster • Roofrack • Power Steering/Brakes • Tinted Glass and Much More!

Vehicle in Stock #4C29
1 available

NEW 1994 CHEVY S10 BLAZER 4x4



MSRP $21,374
Discount & Rebate -3,060
Down -400
$17,914
$362.37 mo.

• 4 Door • 4.3 Liter 6 Cylinder • 5 Speed Overdrive Transmission • Air Conditioning • Cruise/Tilt • AM/FM Stereo Cassette • Split Bench Seat • Cloth Interior • Power Steering/Brakes • Spare Wheel & Carrier • Privacy Glass and Much More

Vehicle in Stock #4T97
1 available

BERLIN CITY/LAROCHE CHEVROLET CHEVROLET

BUICK

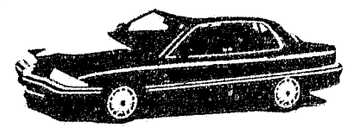
NEW 1994 BUICK CENTURY SPECIAL

MSRP $17,457
Discount & Rebate -2,064
Down -400
$14,993
$303.28 mo.

• 4 Door • 3.1 Liter/V6 Cylinder • Automatic Trans • Power Windows/Locks • Cruise/Tilt • AM/FM Stereo Cassette • Drivers Airbag • Split Bench Seat • Cloth Interior • Rear Defroster • Power Steering/Brakes • Tinted Glass and Much More

Vehicle in Stock #4455
1 available

NEW 1994 BUICK SKYLARK CUSTOM



SPECIAL ONE PRICE VEHICLE

MSRP $14,160
Down -400
$13,760
$278.34 mo.

• 4 Door • 2.3 Liter 4 Cylinder • Automatic Trans • Air Conditioning • Cruise/Tilt • AM/FM Stereo Cassette • Antilock Brakes • Split Bench Seats • Cloth Interior • Rear Defroster • Power Steering Brakes • Tinted Glass and Much More!

Vehicle in Stock #4B19
1 available

NEW 1994 BUICK LeSABRE CUSTOM

MSRP $22,924
Discount & Rebate -3,010
Down -400
$19,514
$394.74 mo.

• 4 Door • 3.8 Liter/V6 Cylinder • Automatic Trans • Power Windows/Locks/Mirrors • Cruise/Tilt • AM/FM Stereo Cassette • Power Driver's Seat • Cloth Interior • Rear Defroster • Aluminum Wheels • Power Steering Brakes • Tinted Glass and Much More

Vehicle in Stock #4H18
1 available

NEW 1993 BUICK ROADMASTER LIMITED

LEFTOVER SPECIAL!

MSRP $26,573
Discount & Rebate -4,701
Down -400
$21,472
$434.34 mo.

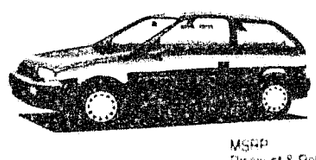
• 4 Door • 5.7 Liter/V8 Cyl. • Automatic Trans • Air Cond. • Power Windows/Locks/Mirrors/Driver's Seat • AM/FM Stereo Cassette • Antilock Brakes • 6-Way Power Driver/Passenger Seats • Cloth Interior • Rear Defroster • Leaning Wheel • Power Steering/Brakes • Power Trunk • Tinted Glass and Much More

Vehicle in Stock #4B
1 available

BERLIN CITY/LAROCHE BUICK BUICK

GEO

NEW 1994 GEO METRO COUPE



MSRP $7,640
Discount & Rebate -309
First Time Buyer -300
Down -400
$6,631
$134.13 mo.

• Super Fuel Saver • 3 Cyl. 1.0 Liter • 5 Speed Transmission • Power Steering • Rear Defroster • Rear Wiper/Washer • Electric Rear Window Defogger • Tinted Glass and Much More!

Vehicle in Stock #4J3
1 available

NEW 1994 GEO PRIZM

LEFTOVER SPECIAL!

MSRP $11,492
Discount -1,250
Down -400
$10,242
$207.18 mo.

• 4 Door • 1.8 Liter 4 Cylinder • 5 Speed Transmission • AM/FM Stereo Cassette • Driver's Airbag • Reclining Bucket Seats • Cloth Interior • Rear Defroster • Aluminum Wheels • Power Steering/Brakes • Tinted Glass and Much More

Vehicle in Stock #4H5
1 available

BERLIN CITY/LAROCHE GEO GEO

PRE-OWNED VEHICLES

NO CREDIT or POOR CREDIT
• Your Job Is Your Credit
• Bankruptcy or Repo No Problem
• No Co-Signer Required • Re-Establish Your Credit
We have a finance plan that will get you behind the wheel of a NEW or USED CAR or TRUCK
Call toll free - ask for Lori
1-800-795-CHEV or 603-752-3700

1992 OLDSMOBILE DELTA 88
• #3C060A • 4 Door • 6 Cylinder • Automatic Transmission • Air Conditioning • Power Windows/Locks Mirrors • Cruise/Tilt • AM/FM Stereo Cassette • (4) Antilock Brakes • Driver's Airbag • Cloth Interior • Rear Defroster • White • AND MUCH MORE! • 26,000 Miles • One Owner
$14,685
$335.87 mo.
$77.45 wk.

1992 MAZDA MX3 GS
• #3C169A • 2 Door • 6 Cylinder • 5 Speed Transmission • Air Conditioning • Power Windows/Locks Mirrors • Cruise/Tilt • AM/FM Stereo Cassette • Bucket Seats • Cloth Interior • Console • Rear Defroster • Rear Wiper • Power Moonroof • Aluminum Wheels • Teal • AND MUCH MORE! • 18,000 Miles • One Owner
$13,395
$305.54 mo.
$70.56 wk.

1988 CHEVY CAPRICE CLASS
• #3C90A • 4 Door • 8 Cylinder • Automatic Transmission • Air Conditioning • Cruise/Tilt • AM/FM Stereo Cassette • Cloth Interior • Rear Defroster • White • AND MUCH MORE! • 60,000 Miles • One Owner
$6,495
$247.53 mo.
$57.17 wk.

1989 PONTIAC FIREBIRD
• #P418A • 2 Door • 8 Cylinder • Automatic Transmission • Power Windows/Locks • Cruise/Tilt • AM/FM Stereo Cassette • Bucket Seats • Cloth Interior • Rear Defroster • Red • AND MUCH MORE! • 85,000 Miles
$4,995
$159.06 mo.
$36.73 wk.

1988 CHRYSLER 5TH AVENUE
• #3T129A • 4 Door • 8 Cylinder • Automatic Transmission • Air Conditioning • Power Windows/Locks • Cruise/Tilt • AM/FM Stereo Cassette • Power Seats • Cloth Interior • Rear Defroster • Power Moonroof • AND MUCH MORE! • 60,000 Miles
$5,975
$226.42 mo.
$52.30 wk.

1991 FORD ESCORT GT
• #3T184B • 2 Door • 4 Cylinder • 5 Speed Transmission • Air Conditioning • Cruise Control • AM/FM Stereo Cassette • Bucket Seats • Cloth Interior • Rear Defroster • Power Moonroof • White • AND MUCH MORE! • 37,000 Miles • One Owner
$8,345
$212.75 mo.
$49.13 wk.

1993 TOYOTA 4x4 PICKUP
• #4G1A • 4 Cylinder • 5 Speed Transmission • Tilt Wheel • AM/FM Stereo • Cloth Interior • Blue • AND MUCH MORE! • 14,000 Miles • One Owner
$12,735
$261.47 mo.
$60.39 wk.

1992 CHEVY LUMINA EURO
• #3C178A • 4 Door • 6 Cylinder • Automatic Transmission • Air Conditioning • Power Windows/Locks • Cruise/Tilt • AM/FM Stereo Cassette • (4) Antilock Brakes • Split Bench Seat • Cloth Interior • Rear Defroster • Aluminum Wheels • White • AND MUCH MORE! • 42,000 Miles
$11,585
$262.98 mo.
$60.73 wk.

1990 FORD E150 CARGO VAN
• #3T248A • 8 Cylinder • Automatic Transmission • AM/FM Stereo Cassette • Vinyl Interior • Red • AND MUCH MORE! • 63,000 Miles • One Owner
$7,445
$212.78 mo.
$49.14 wk.

1987 DODGE ARIES LE
• #3C153B • 4 Door • 4 Cylinder • Automatic Transmission • AM/FM Stereo • Cloth Interior • Rear Defroster • Gray • AND MUCH MORE! • 73,000 Miles
$3,695
$162.75 mo.
$37.59 wk.

1991 NISSAN EXTRACAB 4X4
• 6 Cylinder • 5 Speed Transmission • Tilt Wheel • AM/FM Stereo • Cloth Interior • AND MUCH MORE! • 66,000 Miles • One Owner
$8,275
$210.87 mo.
$48.70 wk.

WITH $400 DOWN

SPECIAL PURCHASE

1991 CHEVY CAVALIER WAGON
• #P448 • 4 Cylinder • Automatic Transmission • Air Conditioning • AM/FM Stereo • Cloth Interior • Black • AND MUCH MORE! • 41,000 Miles
$7,995
$203.37 mo.
$46.97 wk.

1993 CHEVY LUMINA EURO
• #P458 • 4 Door • 6 Cylinder • Automatic Transmission • Air Conditioning • Power Locks • Cruise/Tilt • AM/FM Stereo Cassette • (4) Antilock Brakes • Split Seats • Cloth Interior • Rear Defroster • AND MUCH MORE • 18,000 Miles
$13,235
$272.07 mo.
$62.83 wk.

1993 DODGE SHADOW
• #P449 • 4 Door • 4 Cylinder • Automatic Transmission • Air Conditioning • AM/FM Stereo • Bucket Seats • Cloth Interior • Rear Defroster • Luggage Rack • AND MUCH MORE! • 21,000 Miles
$10,245
$208.69 mo.
$48.20 wk.

1992 BUICK REGAL CUSTOM
• #P398 • 4 Door • 6 Cylinder • Automatic Transmission • Air Conditioning • Power Windows/Locks • Cruise/Tilt • AM/FM Stereo • Vinyl Interior • Rear Defroster • White • AND MUCH MORE! • 20,000 Miles
$12,550
$285.67 mo.
$65.97 wk.

1993 CHEVY CORSICA LT
• #P450 • 4 Door • 6 Cylinder • Automatic Transmission • Air Conditioning • Power Locks • Tilt Wheel • AM/FM Stereo • Antilock Brakes • Driver's Airbag • Cloth Interior • Rear Defroster • AND MUCH MORE! • 15,000 Miles
$10,725
$218.86 mo.
$50.55 wk.

1991 FORD TEMPO GL
• #P452 • 4 Door • 4 Cylinder • Automatic Transmission • Air Conditioning • AM/FM Stereo • Cloth Interior • Rear Defroster • Red • AND MUCH MORE! • 41,000 Miles
$8,245
$210.07 mo.
$48.52 wk.

1993 BUICK SKYLARK
• #P436 • 4 Door • 6 Cylinder • Automatic Transmission • Air Conditioning • Power Locks • Cruise/Tilt • AM/FM Stereo • Antilock Brakes • Cloth Interior • Rear Defroster • Maroon • AND MUCH MORE! • 14,000 Miles
$11,325
$231.58 mo.
$53.48 wk.

1989 FORD BRONCO XLT 4x4
• #P411 • 8 Cylinder • 4x4 • Automatic Transmission • Air Conditioning • Power Windows/Locks • Cruise/Tilt • AM/FM Stereo Cassette • Cloth Interior • Two-Tone Paint • AND MUCH MORE! • 59,000 Miles
$10,985
$366.41 mo.
$84.62 wk.

1993 CHEVY CAPRICE CLASSIC
• #P444 • 4 Door • 8 Cylinder • Automatic Transmission • Air Conditioning • Power Windows/Locks • Cruise/Tilt • AM/FM Stereo Cassette • (4) Antilock Brakes • Driver's Airbag • Split Seats • Cloth Interior • Rear Defroster • White • AND MUCH MORE! • 16,000 Miles
$15,135
$312.35 mo.
$72.14 wk.

1991 NISSAN 4x2 PICKUP
• #4P443 • 4x2 • 4 Cylinder • 5 Speed Transmission • AM/FM Stereo • Cloth Interior • Red • AND MUCH MORE! • 2,800 Miles
$7,965
$202.57 mo.
$46.78 wk.

1992 CHEVY BERETTA
• #P408 • 2 Door • 6 Cylinder • Automatic Transmission • Air Conditioning • Power Locks • Cruise/Tilt • AM/FM Stereo • (4) Antilock Brakes • Driver's Airbag • Bucket Seats • Cloth Interior • Rear Defroster • Gray • AND MUCH MORE! • 21,000 Miles
$9,700
$218.66 mo.
$50.50 wk.

1989 CHEVY K BLAZER SILVERADO
• #3T180A • 4x4 • 2 Door • 8 Cylinder • Automatic Transmission • Air Conditioning • Power Windows/Locks • Cruise/Tilt • AM/FM Stereo Cassette • Bucket Seats • Cloth Interior • Rear Defroster • Two-Tone Paint • AND MUCH MORE! • 48,000 Miles
$12,850
$430.97 mo.
$99.53 wk.

NAME OF CAR	SALE PRICE	DOWN PMT.	AMT. FIN.	INTEREST COST	PRICE & INTEREST	APR	TERM
1994 Chevrolet Cavalier Coupe V6	$9,148	$400	$8,448	$1,805	$10,253	7.9%	60
1994 Chevrolet Cavalier V6	$11,051	$400	$10,351	$2,211	$12,562	7.9%	60
1994 Chevrolet Cavalier Station Wagon	$12,213	$400	$11,513	$2,460	$13,973	7.9%	60
1994 Chevrolet Lumina	$13,768	$400	$13,368	$2,856	$16,224	7.9%	60
1994 Chevrolet K1500 Extended Cab 4x4	$18,292	$400	$17,892	$3,823	$21,715	7.9%	60
1994 Chevrolet S10 Blazer 4x4	$18,314	$400	$17,914	$3,828	$21,742	7.9%	60
1994 Buick Century Special	$15,393	$400	$14,993	$3,203	$18,196	7.9%	60
1994 Buick LeSabre Custom	$19,914	$400	$19,514	$4,170	$23,684	7.9%	60
1994 Buick Skylark Custom	$14,160	$400	$13,760	$2,940	$16,700	7.9%	60
1993 Buick Roadmaster Limited	$21,872	$400	$21,472	$4,588	$26,060	7.9%	60
1994 Geo Metro Coupe	$7,331	$400	$6,631	$1,461	$8,047	7.9%	60
1993 Geo Prizm	$10,642	$400	$10,242	$2,188	$12,430	7.9%	60

NAME OF CAR	SALE PRICE	DOWN PMT.	AMT. FIN.	INTEREST COST	PRICE & INTEREST	APR	TERM
1992 Mazda MX3 GS	$13,395	$400	$12,995	$3,504	$16,499	10.9%	54
1989 Pontiac Firebird	$4,995	$400	$4,595	$1,131	$5,726	14.9%	36
1991 Ford Escort GT	$8,345	$400	$7,945	$2,267	$10,212	12.9%	48
1992 Chevrolet Lumina Euro	$11,585	$400	$11,185	$3,015	$14,200	10.9%	54
1987 Dodge Aries LE	$3,695	$400	$3,295	$611	$3,906	16.9%	24
1992 Oldsmobile Delta 88	$14,685	$400	$14,285	$3,851	$18,136	10.9%	54
1988 Chevrolet Caprice Classic	$6,495	$400	$6,095	$1,330	$7,425	15.9%	30
1988 Chrysler 5th Ave.	$5,975	$400	$5,575	$1,217	$6,792	15.9%	30
1993 Toyota 4x4 Pickup	$12,735	$400	$12,335	$3,353	$15,688	9.9%	60
1990 Ford E150 Cargo Van	$7,445	$400	$7,045	$1,891	$8,936	13.9%	42
1991 Nissan Extracab 4x4	$8,275	$400	$7,875	$2,246	$10,121	12.9%	48
1991 Chevrolet Cavalier Wagon	$7,995	$400	$7,595	$2,166	$9,761	12.9%	48

NAME OF CAR	SALE PRICE	DOWN PMT.	AMT. FIN.	INTEREST COST	PRICE & INTEREST	APR	TERM
1993 Dodge Shadow	$10,245	$400	$9,845	$2,676	$12,521	9.9%	60
1993 Chevrolet Corsica LT	$10,725	$400	$10,325	$2,606	$13,131	9.9%	60
1993 Buick Skylark	$11,325	$400	$10,925	$2,969	$13,894	9.9%	60
1993 Chevrolet Caprice Classic	$15,135	$400	$14,735	$21,006	$18,741	9.9%	60
1992 Chevrolet Beretta	$9,700	$400	$9,300	$2,507	$11,607	10.9%	54
1993 Chevrolet Lumina Euro	$13,235	$400	$12,835	$3,469	$16,324	9.9%	60
1992 Buick Regal Custom	$12,550	$400	$12,150	$3,276	$15,426	10.9%	54
1991 Ford Tempo GL	$8,245	$400	$7,845	$2,238	$10,083	12.9%	48
1989 Ford Bronco XLT	$10,985	$400	$10,585	$2,605	$13,190	14.9%	36
1991 Nissan 4x2	$7,965	$400	$7,565	$2,158	$9,723	12.9%	48
1989 Chevrolet K Blazer Silverado 4x4	$12,850	$400	$12,450	$3,064	$15,514	14.9%	36

Open: Mon.-Fri. 8 a.m. - 8 p.m.; Sat. 8 a.m. - 6 p.m.; Sun. 12 noon - 5 pm

SALE ENDS NOVEMBER 14, 1993

BERLIN CITY/LAROCHE CHEVROLET BUICK GEO

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ALL PRICES CHEERFULLY QUOTED OVER THE PHONE
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Open 7 days
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FORD LINCOLN MERC

NEW 1994 FORD F150 XL FLARESIDE 4x4

MSRP $20,109
MFG Discount -205
BCF Discount -2,123
Down -400
$ 17,381
$351.59 mo.

• 5.0 Liter/V8 • 5 Speed/Overdrive • AM/FM Cassette/Clock • Bench Seat • Cloth Interior • Argent Steel Wheels • Power Steering/Brakes • Tachometer • Chrome Rear Step & Tow Bumper • Chrome Appearance Pkg • Sliding Rear Window • Tinted Glass and Much More!
Vehicle in Stock #34032 In coming
1 available

NEW 1994 FORD F150 XL SUPERCAB 4x4

MSRP $20,414
Discount -2,289
Down -400
$ 17,725
$358.55 mo.

• 5.0 Liter/V8 • Automatic • AM/FM Cassette • Bench Seat • Cloth Interior • Power Steering/Brakes • Argent Rear Step Bumper • Tinted Glass and Much More!
Vehicle in Stock #34042
2 available

NEW 1994 FORD EXPLORER XL 4x4

MSRP $23,255
Discount -1,800
Down -400
$ 21,055
$425.91 mo.

• 4 Door • 4.0 Liter V6 • Automatic Overdrive • Air Conditioning • Cruise/Tilt • AM/FM Cassette • Captains Chairs • Cloth • Rear Wiper/Defroster • Floor Mats • Color Keyed Carpet • and Much More!
Vehicle in Stock #34074
1 available

NEW 1994 FORD F150 SUPERCAB XLT 4x4

MSRP $24,684
Discount -2,878
Down -400
YOU PAY ONLY
$ 21,406
$433.01 mo.

• 5.8 Liter/V8 • Automatic • Air Conditioning • Power Windows/Locks • Cruise/Tilt • AM/FM Cassette • Clock • Aluminum Wheels • Power Steering/Brakes • Sliding Rear Window • Trailer Towing Package • and Much More!
Vehicle in Stock #34037
2 available

NEW 1993 FORD MARK III CONVERSION

MSRP $28,781
MFG Discount -3296
BCF Discount -3129
Rebate -1000
Down -400
$ 20,956
$423.93 mo.

• 5.0 Liter/V8 • Automatic/Overdrive • Air Conditioning • Power Windows/Locks • Cruise/Tilt • AM/FM Cassette • Cloth Interior • Power Steering/Brakes • Mark III Conv. Pkg • and Much More!
Vehicle in Stock #33267
1 available

BERLIN CITY FORD

DODGE

NEW 1994 DODGE SHADOW ES

MSRP $13,169
BCF Discount -911
Rebate -1,000
Down -600
$ 10,658
$215.59 mo.

• 3 Door • 3.0 Liter/V6 • 5 Speed • Air Conditioning • AM/FM Cassette • Driver's Airbag • Bucket Seats • Cloth Interior • Rear Defroster • Sunroof • Power Steering/Brakes and Much More!
Vehicle in Stock #24067
1 available

NEW 1994 DODGE DAKOTA CLUBCAB

MSRP $18,433
MFG Discount -2,722
BCF Discount -816
Down -600
$ 14,295
$289.16 mo.

• 3.9 Liter/V6 • Automatic • Cruise/Tilt • AM/FM Cassette • Driver's Airbag • Split Reclining Bench • Chrome Wheels • Power Steering/Brakes • Tachometer • Sliding Rear Window • Tinted Glass and Much More!
Vehicle in Stock #24069
1 available

JEEP

NEW 1994 JEEP CHEROKEE 4x4 SE

MSRP $17,395
BCF Discount -429
Down -600
$ 16,366
$331.06 mo.

• 4 Doors • 2.5 Liter/4 Cylinder • 5 Speed/Overdrive • Air Conditioning • AM/FM Stereo • Bucket Seats • Cloth Interior • Console • Rear Defroster • Sport Wheel Covers • Power Steering/Brakes • Cherokee Pkg • Tinted Glass and Much More!
FREE AIR
Vehicle in Stock #14017
1 available

NEW 1994 JEEP GRAND CHEROKEE 4x4 LIMITED

MSRP $29,484
Discount -2,666
Down -600
$ 26,218
$530.35 mo.

• 4 Door • 4.0 Liter "Power Tech Six" • Automatic • Air Conditioning • AM/FM Disc • Leather Seats • Drivers Airbag • Rear Defroster/Wiper • Tinted Glass and Much More!
Vehicle in Stock #13254
1 available

BERLIN CITY DODGE/JEEP
WE HAVE THE ALL NEW 1994 DODGE T300!

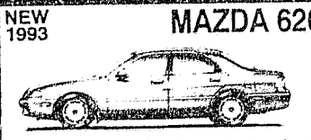
MAZDA

NEW 1994 MAZDA PROTEGE LX

MSRP $14,499
Discount & Rebate -2,176
Down -400
$ 11,699
$236.55 mo.

• 4 Door • 1.8 Liter 4 Cylinder • 5 Speed/Overdrive • Air Conditioning • Power Windows/Locks • Cruise/Tilt • AM/FM Cassette • Reclining Bucket Seats • Cloth Interior • Console • Rear Defroster • Power Steering/Brakes and Much More!
Vehicle in Stock #94046
1 available

NEW 1993 MAZDA 626 DX



MSRP $16,850
Discount -1,851
Down -400
$ 14,599
$295.31 mo.

• 4 Door • 2.0 Liter/4 Cylinder • Automatic • Air Conditioning • AM/FM Cassette • Drivers Airbag • Reclining Bucket Seats • Cloth Interior • Console • Rear Defroster • Power Steering/Brakes • Tinted Glass and Much More!
Vehicle in Stock #93293
1 available

NEW 1993 MAZDA NAVAJO LX 4x4

MSRP $22,750
Discount & Rebate -2,731
Down -400
$ 19,599
$396.46 mo.

• 2 Door • 4.0 Liter/6 Cylinder • Automatic • Air Conditioning • Air Conditioning • Power Windows/Locks • Cruise/Tilt • AM/FM Cassette • Antilock Brakes • Reclining Bucket Seats • Cloth Interior • Rear Defroster/Wiper • Sunroof • Power Steering/Brakes • Privacy Glass and Much More!
Vehicle in Stock #93362
1 available

NEW 1993 MAZDA B3000 SE 4x2

MSRP $12,720
Discount -1,021
Down -400
$ 11,299
$228.56 mo.

• 6 Cylinder • 5 Speed/Overdrive • Air Conditioning • AM/FM Cassette • Rear Antilock Brakes • Bucket Seats • Cloth Interior • Console • Power Steering/Brakes • Tinted Glass and Much More!
Vehicle in Stock #94008
1 available

BERLIN CITY MAZDA
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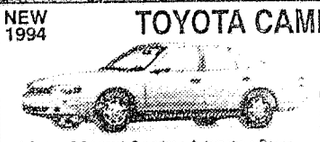
TOYOTA

NEW 1994 TOYOTA COROLLA DX

Lease for 36 mos
Pmt $228.50
$479.69 Drive off
MSRP $14,799
Discount -2,206
Down -400
$ 14,399
$291.27 mo.

• 4 Door • 1.8 Liter/4 Cylinder • Automatic • Power Windows/Locks • Tilt Steering Wheel • AM/FM Cassette • Dual Airbags • Bucket Seats • Cloth Interior • Console • Rear Defroster • Power Steering/Brakes • Tinted Glass and Much More!
Vehicle in Stock #84034
2 available

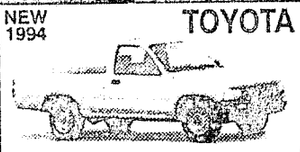
NEW 1994 TOYOTA CAMRY LE



MSRP $20,894
Discount -2,196
Down -400
$ 18,299
$370.16 mo.

• 4 Door • 2.2 Liter 4 Cylinder • Automatic • Power Windows/Locks • Cruise/Tilt • AM/FM Cassette • Dual Airbag • Bucket Seats • Cloth • Rear Defroster • Power Moonroof • Power Steering Brakes • Wind Deflectors • Tinted Glass and Much More!
Vehicle in Stock #L4029
3 available

NEW 1994 TOYOTA 4x2



MSRP $10,978
Discount -1,079
Down -400
$ 8,899
$180.01 mo.

• 2.4 Liter/4 Cylinder • 5 Speed Overdrive • Bench Seat • Cloth Interior • Styled Steel Wheels • Power Brakes • Lap/Shoulder Belts • Weather Guard Pkg and Much More!
Vehicle in Stock #84006
1 available

NEW 1994 TOYOTA EXTRACAB DLX 4x4

MSRP $17,396
Discount -1,797
Down -400
$ 15,199
$307.45 mo.

• 2.4 Liter/4 Cylinder • 5 Speed Overdrive • Tilt Steering Wheel • AM/FM Stereo • 60/40 Split Bench Seat • Cloth Interior • Styled Steel Wheels • Power Steering/Brakes • Jumpseats • Sliding Rear Window • Tinted Glass and Much More!
Vehicle in Stock #84009
2 available

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TOYOTA Simply The BEST! CLEARANCE

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DON'T MAKE A $1000-$2000 MISTAKE!

WITH $400 DOWN

NO CREDIT or POOR CREDIT
• Your Job Is Your Credit
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• No Co-Signer Required • Re-Establish Your Credit
We have a finance plan that will get you behind the wheel of a NEW or USED CAR or TRUCK
Call toll free - ask for Mike, Jerry or Paul
1-800-998-6968 or 603-752-6644

1990 PLYMOUTH LASER — $ 8,995
• #62674 • 2 Door • 4 Cylinder • Automatic Transmission • Air Conditioning • Power Mirrors • Bucket Seats • Cloth Interior • Console • Rear Defroster • Power Steering Brakes • Privacy Glass • AND MUCH MORE! • 40,682 Miles
$259.60 mo. $59.95 wk.

1991 LINCOLN TOWNCAR — $ 17,995
• #40028A • 4 Door • 8 Cylinder • Automatic Transmission • Power Windows Locks Mirrors • Driver's Airbag • Cruise Tilt • AM FM Cassette • Split Bench Seat • Leather Interior • Console • Rear Defroster • Alloy Wheels • Privacy Glass • AND MUCH MORE! • 23,863 Miles
$471.15 mo. $108.81 wk.

1991 CHEVY CAVALIER RS — $ 6,995
• #62683 • 4 Door • Automatic Transmission • Air Conditioning • AM FM Stereo • Buck Seats • Cloth Interior • Console • Rear Defroster • Power Steering Brakes • Alloy Wheels • Tinted Glass • AND MUCH MORE! • 48,929 Miles
$176.60 mo. $40.79 wk.

1991 PONTIAC SUNBIRD LE — $ 8,495
• #53036A • 4 Door • 4 Cylinder • Automatic Transmission • Power Windows • AM FM Stereo • Bucket Seats • Cloth Interior • Power Steering Brakes • Privacy Glass • AND MUCH MORE! • 40,347 Miles
$216.76 mo. $50.06 wk.

1992 TOYOTA CAMRY LE — SOLD — $ 11,495
• #33507A • 4 Door • Automatic Transmission • Air Conditioning • Power Windows/Locks • Cruise • AM FM Cassette • Bucket Seats • Cloth Interior • Power Steering/Brakes • Tinted Glass • AND MUCH MORE! • 42,947 Miles
$319.65 mo. $73.82 wk.

1993 CHEVY LUMINA — $ 13,995
• #24039A • 4 Door • 6 Cylinder • Automatic Transmission • Air Conditioning • Cruise/Tilt • AM/FM Stereo Cassette • Split Bench Seats • Cloth Interior • Power Steering/Brakes • Tinted Glass • AND MUCH MORE! • 13,995 Miles
$288.18 mo. $66.55 wk.

BLOW OUT PRICES

1992 Dodge Spirit	Stock #62558	$9,999
1993 Dodge Spirit	Stock #40101	$10,995
1993 Dodge Spirit	Stock #40072	$10,995
1993 Dodge Spirit	Stock $40007	$10,995
1993 Dodge Dynasty	Stock #40046	$13,495
1993 Dodge Dynasty	Stock #40055	$13,495
1993 Dodge Dynasty	Stock #40085	$13,495
1993 Dodge Dynasty	Stock #62509	$13,495
1992 Chrysler New Yorker	Stock #40049	$12,995
1993 Mazda 626	Stock #62542	$13,995

1993 PONTIAC GRAND PRIX LE — $ 14,999
• #62669 • 4 Door • 6 Cylinder • Power Windows/Locks • AM/FM Stereo • Split Bench Seats • Cloth Interior • Rear Defroster • Power Steering/Brakes • Tinted Glass • AND MUCH MORE! • 7113 Miles
$309.46 mo. $71.47 wk.

1990 DODGE DAYTONA — $ 6,495
• #62687 • 2 Door • 5 Speed Transmission • Drivers Air Bag • Bucket Seats • Cloth Interior • Console • Rear Defroster • Sunroof • Chrome Wheels • Tinted Glass • AND MUCH MORE! • 42,377 Miles
$184.09 mo. $42.52 wk.

1992 GEO STORM COUPE — $ 8,995
• #40105 • 2 Door • Automatic Transmission • AM/FM Stereo • Bucket Seats • Cloth Interior • Console • Rear Defroster • Tinted Glass • Graphic Stripes • AND MUCH MORE! • 23,863 Miles
$202.08 mo. $46.67 wk.

1992 CHEVY CORSICA LT — $ 9,999
• #62668 • 4 Door • Automatic Transmission • Air Conditioning • Power Windows • Driver's Airbag • Bucket Seats • Console • Rear Defroster • Power Steering/Brakes • Tinted Glass • AND MUCH MORE! • 22,874 Miles
$225.69 mo. $52.12 wk.

WITH $400 DOWN

1992 FORD TEMPO GL — $ 9,995
• #40116 • 4 Door • 4 Cylinder • Automatic Transmission • Air Conditioning • Power Locks • Tilt • AM/FM Cassette • Bucket Seats • Cloth Interior • Console • Tinted Glass • Rear Defroster AND MUCH MORE! • 12,451 Miles
$225.69 mo. $52.12 wk.

1993 TOYOTA TERCEL — $ 9,452
• #40106 • 2 Door • 4 Cylinder • 4 Speed Transmission • AM FM Cassette • Driver's Air Bag • Bucket Seats • Vinyl Interior • Console • Power Steering Brakes • Custom Wheels • Rear Defroster • Tinted Glass • AND MUCH MORE! • 12,900 Miles
$191.88 mo. $44.31 wk.

1993 FORD FESTIVA — SOLD — $ 7,995
• #33531C • 2 Door • 4 Cylinder • 5 Speed Transmission • AM FM Cassette • Bucket Seats • Cloth Interior • Custom Wheels • Rear Defroster • Tinted Glass • AND MUCH MORE! • 23,849 Miles
$160.99 mo. $37.18 wk.

1992 CHEVY CAVALIER — $ 7,495
• #33578A • 2 Door • 5 Speed Transmission • AM FM Cassette • Antilock Brakes • Bucket Seats • Cloth Interior • Console • Power Steering Brakes • Tinted Glass • Rear Defroster • AND MUCH MORE! • 17,363 Miles
$166.81 mo. $38.52 wk.

1992 MERCURY COUGAR BOSTONIAN EDITION — $ 13,995
• #40113A • 2 Door • Automatic Transmission • Air Conditioning • Power Windows Locks Mirrors • Cruise Tilt • AM FM Cassette • Bucket Seats • Cloth Interior • Console • Luggage Rack • Alloy Wheels • Power Steering Brakes • Rear Defroster • AND MUCH MORE! • 19,562 Miles
$319.65 mo. $73.82 wk.

1992 GEO TRACKER CONVERTIBLE 4X4 — $ 10,995
• #33424A • 2 Door • 5 Speed Transmission • AM FM Cassette • Bucket Seats • Cloth Interior • Custom Wheels • Console • Graphic Stripe • Rear Fold Down Seats • Tinted Glass • AND MUCH MORE! • Miles
$249.11 mo. $57.92 wk.

1988 FORD RANGER SUPERCAB XLT — $ 9,996
• #62666 • 5 Speed • AM FM Cassette • Split Bench Seats • Cloth Interior • Alloy Wheels • 4x4 • X Cab • Jump Seat • Sliding Rear Window • Fiberglass Cap • Tinted Glass • AND MUCH MORE! • Miles
$389.72 mo. $90.00 wk.

1992 TOYOTA PICKUP 4X4 X-CAB — $ 13,742
• #33444 • 4 Cylinder • 5 Speed Transmission • AM FM Cassette • Bucket Seats • Cloth Interior • Power Steering Brakes • 4x4 • X Cab • Jump Seat • Sliding Rear Window • Tinted Glass • AND MUCH MORE! • Miles
$313.70 mo. $72.45 wk.

1991 DODGE DAKOTA 4X2 — SOLD — $ 10,556
$255.88 mo. $59.09 wk.

1991 FORD RANGER 4X4 XLT — $ 10,995
$283.71 mo. $65.52 wk.

1991 TOYOTA 4X4 — $ 11,656
$301.41 mo. $69.61 wk.

1993 DODGE GRAND CARAVAN SE — $ 16,999
$351.86 mo. $81.26 wk.

Oops... We Goofed... Catalog #32 *PG. 9 SHOWS JEEP CHEROKEE AS HAVING AN AIRBAG. This option is not available on Jeep Cherokees. *PG 3 - FOUR TOYOTA ADS WERE LISTED WITH CRUISE CONTROL AS AN OPTION. This option is not available on Deluxe Toyota Trucks. *We apologize for any typographical errors*

All Purchase Price & Payments Exclude Tax, Title & DOC Fee. All Loans Subject To Bank Approval.
Photos may vary. Dealer not responsible for typographical errors.
Sales and Incentives End November 14, 1993

NAME OF CAR	SALE PRICE	DOWN PMT.	AMT. FIN.	INTEREST COST	PRICE & INTEREST	APR	TERM
1994 Ford F150 4x4 XL Flareside	$17,781	$400	$17,381	$3,714	$21,095	7.9%	60
1994 Ford F150 4x4 XL Supercab	$18,125	$400	$17,725	$3,788	$21,513	7.9%	60
1994 Ford Explorer XL 4x4	$21,455	$400	$21,055	$4,499	$25,554	7.9%	60
1994 Ford F150 4x4 XLT Lariat Supercab	$21,806	$400	$21,406	$4,574	$25,980	7.9%	60
1994 Ford Mark III Conversion	$21,357	$400	$20,957	$4,478	$26,654	7.9%	60
1994 Dodge Shadow ES	$11,258	$600	$10,658	$2,277	$12,935	7.9%	60
1994 Dodge Dakota Clubcab	$14,895	$600	$14,295	$3,054	$17,349	7.9%	60
1994 Jeep Cherokee SE 4x4	$16,966	$600	$16,366	$3,497	$19,863	7.9%	60
1993 Jeep Grand Cherokee Limited 4x4	$26,818	$600	$26,218	$5,603	$31,821	7.9%	60
1994 Mazda Protege LX	$12,099	$400	$11,699	$2,500	$14,199	7.9%	60
1993 Mazda 626 DX	$14,999	$400	$14,599	$3,119	$17,718	7.9%	60
1993 Mazda Navajo LX 4x4	$19,999	$400	$19,599	$4,188	$23,787	7.9%	60
1993 Mazda B3000 SE 4x2	$11,699	$400	$11,299	$2,414	$13,713	7.9%	60
1994 Toyota Corolla DX	$14,799	$400	$14,399	$3,077	$17,476	7.9%	60
1994 Camry LE	$18,699	$400	$18,299	$3,910	$22,209	7.9%	60
1994 Toyota 4x2	$9,299	$400	$8,899	$1,901	$10,800	7.9%	60
1994 Toyota X Cab DLX 4x4	$15,599	$400	$15,199	$3,248	$18,447	7.9%	60
1991 Lincoln Towncar	$17,995	$400	$17,595	$5,020	$22,615	12.9%	48
1991 Pontiac Sunbird LE	$8,495	$400	$8,095	$2,309	$10,404	12.9%	48
1993 Chevy Lumina	$13,995	$400	$13,595	$3,695	$17,290	9.9%	60
1993 Pontiac Grand Prix LE	$14,999	$400	$14,599	$3,968	$18,567	9.9%	60
1990 Plymouth Lazer	$8,995	$400	$8,595	$2,317	$10,912	10.9%	54
1992 Geo Storm Coupe	$8,995	$400	$8,595	$2,308	$10,903	13.9%	42
1991 Chevy Cavalier RS	$8,995	$400	$8,595	$1,681	$8,476	12.9%	48
1992 Toyota Camry LE	$13,495	$400	$13,595	$3,666	$17,261	10.9%	54
1993 Dodge Spirit	$11,956	$400	$11,556	$3,141	$14,697	9.9%	60
1990 Dodge Daytona	$6,495	$400	$6,095	$1,636	$7,731	13.9%	42
1992 Chevy Corsica LT	$9,999	$400	$9,599	$2,588	$12,187	10.9%	54
1992 Ford [illegible]	$[illegible]	$[illegible]	$[illegible]	$[illegible]	$[illegible]	[illegible]%	[illegible]
1993 Ford [illegible]	$[illegible]	$[illegible]	$[illegible]	$[illegible]	$[illegible]	[illegible]%	[illegible]
1993 Chevy [illegible]	$[illegible]	$[illegible]	$[illegible]	$[illegible]	$[illegible]	[illegible]%	[illegible]
1992 Geo [illegible]	$[illegible]	$[illegible]	$[illegible]	$[illegible]	$[illegible]	[illegible]%	[illegible]
1988 Ford [illegible]	$[illegible]	$[illegible]	$[illegible]	$[illegible]	$[illegible]	[illegible]%	[illegible]
1992 Toyota [illegible]	$[illegible]	$[illegible]	$[illegible]	$[illegible]	$[illegible]	[illegible]%	[illegible]
1991 Dodge Dakota 4x2	$[illegible]	$[illegible]	$[illegible]	$[illegible]	$[illegible]	[illegible]%	[illegible]
1991 Ford Ranger XLT 4x4	$[illegible]	$[illegible]	$[illegible]	$[illegible]	$[illegible]	[illegible]%	[illegible]
1991 Toyota 4x4	$[illegible]	$[illegible]	$[illegible]	$[illegible]	$[illegible]	[illegible]%	[illegible]
1993 Dodge Grand Caravan SE	$[illegible]	$[illegible]	$[illegible]	$[illegible]	$[illegible]	[illegible]%	[illegible]
1989 Dodge Dakota LE	$[illegible]	$[illegible]	$[illegible]	$[illegible]	$[illegible]	14.9%	36

BERLIN CITY DEALERSHIPS

FORD • LINCOLN • MERCURY • DODGE • JEEP EAGLE • MAZDA • TOYOTA

Located at the base of Mt. Washington on the Berlin/Gorham Rd. • Rt. 16, N.H.

603-752-6644

OPEN SUNDAYS 12 NOON-5 PM
HOURS:
Mon.-Fri. 8 am-8 pm
Saturday 8 am-6 pm
Sunday 12 noon-5 pm

Classifieds ~

For Sale/ General

BAGGED SHAVINGS FOR SALE P.H. Chadbourne & Co. Rte. 26, Bethel, has a surplus of pre-bagged (3 cu. ft.) shavings for sale. No limit. $2.50/bag until supply is gone. Cash and carry. 37tf

NOW AVAILABLE. Kiln-dried board ends. Delivered, price according to distance. Call Andover 392-2241 15tf

WOLFF TANNING BEDS. New commercial - Home Units from $199.00. Lamps, lotions, accessories. Monthly payments low as $18.00. Call today. Free new color catalog. 1-800-462-9197. 43ne

FIREWOOD CUT, split & delivered. Call 836-2791. 35tf

OLD HICKORY WOODSTOVE. $100. Approximately 13x28. Call 824-2030. 43-45f

MUST SELL vocals eliminate from song to create your own performance tape $150. Cellular car phone $150. Best offer. Please call 824-4082. 42-43f

REMINGTON MODEL 700, 30-06 Bolt action with scope and sling. Excellent condition. $400. Call 836-3776 42-43p

FULL SIZE REFRIGERATOR. $35.00. Call 875-2512. 43f

FOR SALE: One 2000 lb. Receese hitch $50.00. 665-2321. 43-44f

For Sale/ Vehicles

1984 SUBARU WAGON. White. $300. 875-2512. 43

Wanted

WANTED TO BUY: Scrap metal. Home evenings and weekends. Raymond Chapman, 836-2585. 39tf

WANTED: Items from your attic. 1940's or earlier. Now taking consignments. Excellent terms. Call Sally. Upson Playhouse Antiques, Bethel. (207) 824-3170. 15tf

WE ARE LOOKING TO BUY THE FOLLOWING: White birch, ash, bass wood, oak. Kendall Dowel Mill, West Bethel, 836-2473. 34tf

MOTHER OF 3 year old, looking to care for your child in my home on Intervale Road. Call 824-2481. Leave message for Shelly. 42-43p

BIDS WANTED FOR SNOWPLOWING. Private Road, 0.4 miles South. Songo Pond, Albany, Me. 824-3557. 43p

ORGANIST FOR BETHEL UNITED Methodist Church. If interested call 824-2327. 40tf

WANTED: BAGGED LEAVES. Ginger Kelly will pick up your leaves and compost them. Call 824-2686 evenings or leave message. 41-44

Help Wanted

DRIVERS, OWNER/OPERATORS WANTED. Transport petroleum products. Late model tractor with P.T.O. unit required. Contact: John Mackay, Safety Director, P&H Transportation - Bradford, Vermont - 802-333-3276, 802-222-5251. 43ne

THE ONLY PLACE is hiring night cook and waitress. Apply in person. 41tf

EMBROIDERY MACHINE operator. Experience preferred. 824-2738. 43-44

AIRLINES NOW HIRING!!! Entry level: Customer service/baggage handlers. Many other positions. $400 plus weekly local or relocation. For application and information 1-510-796-6101 Ext. 871. 43ne

DRIVERS - NEW SHORTHAUL OPPORTUNITIES. Harrisburg, PA. 575 new trucks/2100+ new trailers, pay for expenses. $0.28/mile, home weekly, sign-on bonus. Call anytime - Burlington Motor Carriers: 1-800-JOIN-BMC (Ext. 105). EOE 43ne

AVON REPRESENTATIVES NEEDED! Christmas Sales have begun! Earn 10-50% thru sales - you determine income. Call 1-800-772-5615. 42-45p

EXTRA MONEY for the Christmas Season. Experienced stitchers needed for the Bethel, Rumford area from now to Christmas. Hours 7-3. Contact Chris 1-800-358-5302. 42-43p

HELP WANTED to sell Watkins Products. Call Herbert and Jackie Stevens. 207-674-2254. Household and commercial cleaners, specialty spices, extracts, health and beauty aids and car care products. 43p

Services

SIGNS & LETTERING. Katlin Signs. Call after 5 pm. 836-3410. 35tf

RINSENVAC carpet cleaner, rug shampooers, sewer snakes, sump pumps, space heaters, at Brooks Bros., Inc., Main St., Bethel, 824-2158. 13tf

BENNETT'S UPHOLSTERY - Home and office furniture, antique and modern. Call for free estimates, quality workmanship at very reasonable prices. 824-2336. 15tf

RECYCLING-Old lawn mowers, engines, chain saws, lawn tractors, shredders, water pumps, trimmers. Bailey's Outdoor Power. 824-2403. 11tf

NEED RUGS SHAMPOOED & Upholstery cleaned; floors stripped, sealed & waxed etc. Call Sal's Cleaning Service 824-2955 - 25 years in the business. 27tf

MAHOOSUC MASSAGE. Stress Reduction, Muscle Awareness, Sports Massages. Penny Bohac & Joe Cardello 824-7600. 40tf

ADULT EDUCATION: Academic Brush-up, GED, Career Guidance. Day & Evening. Get started on new direction NOW. Call 824-2780. SAD 44 Adult & community Education. 19tf

PHOTOGRAPHY, natural portraits of your family, children,home, farm. Black & white, sepia and hand oil coloring. Call for price list. Gail Giarrusso 836-2044. 38tf

CLEANING SERVICE: Condos, ski houses, Bethel area, no job too small or too big. 824-3119 or 824-2028. 41-44p

BAHAMA CRUISE! 5 days/4 nights, Underbooked! Must Sell! $279/couple. Limited tickets. (407)767-8100 ext 4526. Mon - Sat 9am-10pm. 42-45p

ACRES OF EQUIPMENT for parts - Cat, John Deere, Drott, Hough, International, Case, Komatsu, Champion, Galion, Hitachi, Stocks Equipment Parts. 506-858-9494 or 1-800-561-8722. 43ne

Business Opportunities

FOR MORE INFORMATION AND ASSISTANCE regarding the rules of financing, business opportunities and work at home opportunities. The Bethel Citizen urges its readers to contact the Better Business Bureau, Inc., Maine Division, 812 Stevens Avenue, Portland, ME 04103-2648 6tf

LOG HOME DEALERSHIP! Unlimited earning potential! Part/full time, leads/training. Models from $14,904.00. Brentwood Log Homes. 427 River Rock Blvd., Murfreesboro, TN 37129. 800-264-LOGS(5647). 43ne

Pets

DISSATISFIED WITH LIQUID & PASTE WORMERS? Happy Jack Trivermicide is effective against hook, round & tapeworms in dogs & cats. Available OTC at hardware stores. 42ne

FREE FEMALE KITTEN to good home. 9 weeks old, white with black, litter box trained. Please call Kathie 836-2210. 42-43f

BABY REX RABBITS. Seven velvet coated babies to choose from, many colors. Can be house trained or live outside, for pets or show. $15.00 each. 836-3567. 42-43f

Lost

AVIATOR SUNGLASSES made by American Optic. Lost in Greenwood, Me. 10/14/93. Sentimental value cannot be measured. Offering a very large cash reward. 871-5915. Ask for Patrick. 42-43p

Miscellaneous

GED (High School Equivalency) TESTING AND PREPARATION. Day and evening times. No charge. Call SAD #44 Adult Ed. 824-2780 for an appointment. 34tf

SUPPORT GROUP for families and friends of the mentally ill. Meets first and third Tuesdays of the month, 6:30 pm at St Athanasius/St. John Parish Center, Rumford. For further information call 1-800-464-5767. 23tf

OVEREATERS ANONYMOUS, Bethel Area Health Center, Saturday 9:30 - 10:30 a.m. For information call 824-6683 or 824-2945. 37tf

TOPS (Take Off Pounds Sensibly). Wednesdays, 7 pm, Bethel Fire Station. 11tf

S.H.A.R.E., a support group for parents who have suffered an infant loss, stillborn birth or miscarriage. Stephens Memorial Hospital, first Thursday of each month, 7 pm. For information, call 824-2913. 24tf

Bethel Freedom Group AA, which meets at Bethel Fire Station. Sunday 6-7:30, CBB; Monday 10-11 am. C 12x12; Tuesday 7-8:30 CWD; Wednesday 10-11 O-Literature; Friday 7:30-9C 12x12. 25tf

AL-ANON, Wednesday, 8 pm Telstar Regional High 28tf

AA MEETS Wednesday, 8 pm, at Telstar Regional High School. 2tf

Reach all of New England with one classified ad order placed with this newspaper through the New England Classified Ad Network. Ask for details at the Citizen Office, 824-2444. 01ne

CASH NOW for receiving future payments from annuities, structured settlements and mortgages. Call 800-879-0050. Noteworthy Funding Corp., 36 Marina Point, Old Saybrook, CT 06475. 43ne

CLASSIFIED ADS

Twenty-five words or less, one week, $2.75; additional weeks without change, $2.20. More than 25 words, 20 cents per word the first week; additional weeks, 16 cents per word.

Advertisements in care of The Citizen, $2.00 per insertion additional.

Display advertising in classified columns, $5.00 per inch. Advertisers utilizing space in classified display regularly (minimum of four weeks in succession) are entitled to a rate of $4.00 per inch.

Cards of Thanks or in Memorial, $4.50 and up.

Resolutions of Respect, $5.75.

Tel. (207)824-2444.

Publishers Notice

All real estate advertised in this newspaper is subject to the Federal Fair Housing Act of 1968 which make it illegal to advertise "any preference, limitation, or discrimination based on race, color, religion, sex, or national origin, or an intention to make any such preference, limitation, or discrimination."

This newspaper will not knowingly accept any advertising for real estate which is in violation of the law. Our readers are informed that all dwellings advertised in this newspaper are available on an equal opportunity basis.

PUBLIC NOTICE

There will be a Special Meeting of the West Paris Planning Board to discuss an addition to Penley Corp. mill on November 4, 1993 at the Town Office at 7 PM.

Fair Prices

(Most Posted on Windows)

Bethel Auto Sales

1992 Geo Metro 3 dr, auto, w/factory air & warranty, only 12,000 miles.....$6,895
1992 Toyota Corolla 4 dr, auto, air, p/s, radio, only 30,000 miles ***Special***...$9,695
1990 Chevy Corsica 4 dr, auto, air, ...$4,895
1988 Ford Crown Victoria loaded - a black beauty $5,495
1988 Toyota Corolla s/w 4wd, 5 sp, p/s, air, hi mileage but A-1 .....$4,395
1988 Chevy S-10 4x4, 5 sp, p/s, Real Nice Truck, V6 engine $5,895
1987 Nissan Pulsar NX 5 sp, T-roofs.....$3,995
1986 Ford LTD II auto w/air.....$1,695
1984 Chevy V8, auto, X-CMP truck $2,795
1983 Plymouth K Car 1 owner, 4 cyl, auto, 46,000 miles a puff.....$1,995
1986 Jeep p/u, 1 owner, only 19,000 mi., V8, auto, 7 ½ Fisher Plow $7,895
1986 Jeep Cherokee, auto, 4 cyl, p/s, 4x4, high miles.....$3,495

New Arrivals

1988 Jeep 4x4 Comanche P/u
1989 Plymouth ext. Van, V6, loaded
1989 Chevy Astro Van V6, auto, Work Van
1989 Ford Tempo GL 4 wheel drive, auto, air, 4 dr, only 37,000 miles, one owner.....$5,695

BETHEL AUTO SALES
Call 824-2389
Ask for Brad or Judy Barker

Walker's Repair

Now a State Inspection Station
We do light and heavy duty repairs on cars, trucks, and equipment
• Lube, Oil & Filters
Tune-Ups • Exhaust
Brakes • Tires in Stock
Spin Balance
COME SEE US!
Frank Walker &
Francis "Sam" Westleigh at
Walker's Repair
Rt. 26, S. Bethel • 824-3234

TELSTAR MIDDLE SCHOOL
HEAD GIRLS BASKETBALL COACH

M.S.A.D #44 is accepting applications for the position of Telstar Middle School Head Girls Basketball Coach for the 1993-1994 school year. Interested applicants should contact:

Mr. Carroll Higgins, Athletic Director
Telstar Middle/High School
284 Walker's Mills Road
Bethel, ME 04217
E.O.E.

SPREADSHEET
The Small Business Accounting Specialists
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John Bayerlein
Mason Street • P.O. Box 699
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(207) 824-7658

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Red House
Management Svc
824-2094

SNOW PLOWING
Andover/Roxbury Area
John Shaw
545-2111

SPEECH CLINICIAN, M.S.A.D. #44

M.S.A.D. #44 is accepting applications for the part-time position of **Speech Clinician** for the Andover and Woodstock Elementary Schools. Appropriate Maine certification as Speech Clinician required.
If interested, please contact the MSAD #44 Superintendent's Office. Applicants will need to submit a letter of intent, resume, proof of Maine certification, and other credentials to:

Ronald Jenkins, Superintendent
M.S.A.D. #44
284 Walker's Mills Road
Bethel, Maine 04217 E.O.E.

AREA COORDINATOR

The Western Regional Council on Alcoholism is seeking applicants for the part-time, position of Area Coordinator in the Bethel office of the Regional Partnership.

Qualifications: Bachelor's degree in related field preferred. Knowledge of substance abuse prevention, community organization, group process, public relations, and program development desired. Excellent communication skills and ability to work independently with diverse groups essential. Understanding of rural communities needed.

This position is currently funded at 20 hours/week for approximately 9-10 months. Excellent fringe benefit package with vacation and sick days included.

Anyone meeting the qualifications must apply by Friday, November 5, 1993. Resumes and cover letters should be directed to:

Western Regional Council on Alcoholism

Executive Director
Western Regional Council on Alcoholism
571 Sabattus Street
Lewiston, Maine 04240

Androscoggin Home Health Services

PER DIEM HOME HEALTH AIDE'S

LEWISTON NORWAY FARMINGTON LIVERMORE FALLS

Earn a good income on a per diem basis and experience job satisfaction at the same time. We pay a higher hourly wage and still provide some benefits to our per diem staff! We have openings in many of our offices for hourly Home Health Aides interested in providing personal care services to patients in their homes. These positions will allow you to make a difference in the lives of our patients - help to keep them at home; make them comfortable and secure; and develop caring relationships with them.

If you are a CNA with at least one year of experience and are Registered with the Maine State CNA Board stop at any office for an application.

HUMAN RESOURCE DEPT
15 Strawberry Avenue • PO Box 819 • Lewiston, Maine 04243-0819
1-800-482-7412 or 777-7740

Androscoggin Home Health Services

UNEMPLOYED?

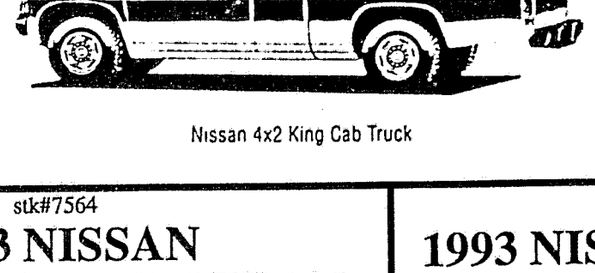
NEED TO FEEL GOOD ABOUT YOURSELF?

Just a few hours of your week running errands, reading, playing cards or games or maybe just "shooting the breeze" could make such a difference in the lives of our homebound patients. Becoming a visiting volunteer for Androscoggin Home Health Services could make a big difference in YOUR life too!

Call Shirley Powell at AHHS
(777-7740 or 1-800-482-7412) for more information.

Currier
Your #1 Family of Dealerships
Where Your Friends Got Their New Car/Truck!

stk # 9554
1993.5 NISSAN R/C 4X2 PICK UP



Nissan 4x2 King Cab Truck

4 Cyl Engine
Automatic Trans
Jump Seats
AM/FM Cassette
Power Steering
Diversity Antenna
Cloth Seats
Fully Carpeted
MSRP $13,410
NOW ONLY!!
$10,916*

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1993 NISSAN ALTIMA XE 4-DR SEDAN

4 Cyl Engine
5 Speed Trans
Power Steering
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Sport Stripes
Tilt Steering Wheel
Rear Defroster
Power Brakes
Driver's Air Bag
Tinted Glass
4-Wheel
Independent Suspension
Dual Power
Remote Mirrors

Nissan Altima XE

MSRP $13,797
NOW ONLY! **$12,393***

stk#8560
1993 NISSAN MAXIMA GXE Demo Special 4,100 miles

6 cyl
Auto O.D.
AC - Tilt - Cruise
Power Everything
Loaded, Loaded!

Nissan Maxima GXE

MSRP $21,660
NOW ONLY! **$18,358***

* All Rebates or Incentives To Dealer

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OPEN DAILY 8-8
Route 16, Gorham, NH
SATURDAY 8-5
SUNDAY 12-4

NISSAN CHRYSLER Plymouth

Call 824-2444

Real Estate

SOUTH RIDGE 2 bedroom townhouse with fireplace, dishwasher. Fully furnished, mountain views, quiet location on Sunday River Ridge Run Trail. WAS $119,000 REDUCED TO $109,000. Call owner at 207-284-6484 tf

1 + ACRE LOTS at Nordic Knoll, Upper Sunday River Valley. Southern exposure, mountain views. Soil tested, owner financing possible. 824-2115. from $28,500. 15tf

3-6 BEDROOM FARMHOUSE in West Bethel. New sewer system, down payment, owner will finance. Call 207-836-3945 17tf

SUNDAY RIVER ROAD, new 4 bedroom house overlooking ski area. Oil heat, easy access. $175,000, possible owner financing. 207-836-2002. 09tf

FOR SALE BY OWNER: Large Victorian with barn. Rumford Corner, 9 miles from Mt. Abram, 15 miles from Sunday River. Great for B&B. $83,000, Firm. Evenings 824-3470. 9tf

FOR SALE: Bethel split level with barn. Middle Intervale Road. Evenings 207-824-3470 9tf

GOT TO GO sale; All "1993's" we're taking more off this week on homes left, like Glen Eagle list $29,595. last week was $25,995., this week $34,995. Titan 2 bedroom list $16,295. last week $13,995. this week $13,795. save big bucks and the Titan is $120 for 180 months $1,379 down 7.75% APR. Open 11 to 7, Sunday 11 to 5. Closed Wednesday. 603-444-6208, Exit 43 off Rt. 93. Go right, right again on Rt. 18 North, 4 miles. Honeymoon Mobile Homes, Littleton, New Hampshire. 42-45

LESS THAN COSTS. New Colony 72x28 list $53,995. this week $41,995. display home, sold as is where is. Honeymoon Mobile Homes, Rt 18 North, Littleton, NH. 42-45

BRYANT POND, Five well wooded acres, driveway, survey, soil tested. Near lake Christopher beach, winter access. Private financing $12,900.00, call 743-2148. 38-44p

BUILD YOUR OWN HOME NOW! No down payment on Miles materials, below market construction financing. Call Miles Homes today, 1-800-343-2884 ext. 1". 43ne

SUNDAY RIVER NORTH PEAK III, ski-in, ski-out, furnished 2 bedroom condo. Outdoor heated pool. Excellent condition. $81,000. Owner 508-695-2110 after 5 pm. 43-48p

COUNTRY RANCH. 3 acres, 2 full baths, 3 bedrooms, cathedral ceilings, full basement. 15 minutes to Sunday River. Call for more information. 207-364-3361. 43p

LAKE CHRISTOPHER lake front penthouse condo. Fifty feet from waters edge. Four season useage. Westerly exposure. Two bedroom, 2 bath fully furnished. Lovely scenic deck. 20 minutes to Sunday River, 5 minutes to Mt. Abram. By owner $98,000. Call 207-797-2336. 43-52

For Rent

HOUSE ON SONGO POND, Albany, with fireplace, spiral staircase, 3 bedrooms, 200 feet of sandy beach. By the week or weekend, winter/summer, 15 minutes from Sunday River. Call after 6, 824-3191. 12tf

2 BEDROOM, FURNISHED South Ridge Townhouse in quiet Sunday River location. Includes dishwasher, TV, fireplace. Available now. Call owner 284-6484. 15tf

SMALL TWO,bedroom house trailer for rent, West Bethel. No Dogs, 836-3945. 13tf

COMMERCIAL SPACE: 480 square feet under construction. Join two established businesses in highly visible location with ample parking. $350 a month including heat. Call 824-2358. 24tf

FURNISHED LOG HOME. Suitable for 1 person or couple. Ten minutes from Sunday River. Quiet location, call 364-7520. 34tf

CHAPMAN STREET, Bethel, Me., Nice two bedroom house, 1 1/2 bath in town location. Washer and dryer connection. $475. a month plus utilities. 1 year lease available December 1st. Evenings: (603) 427-2054. 40-43

TEN MINUTES FROM Sunday River Ski Resort. Cozy, three bedroom home located in quaint town of Hanover, Maine. Private setting, fireplace. $450 per week. 207-799-1597. 43-46p

MT. ABRAM, CHALET RENTAL. November - June 94 season. 10 minutes walk to lift. 3 bedrooms, livingroom, bath, kitchen, dining area, no pets. References. 508-952-4159. 40-43p

COMMERCIAL SPACE. Private Entrance and bath. Located on Route 26 South of Bethel Village. Rent includes heat. Call 824-2686 evenings or leave message. 41-44

COZY CHALET Bear River Valley. One bedroom plus loft. Year long lease $500/month plus utilities, plus security deposit. Call Maine Street Realty. (207)824-2114. 41tf

COUNTRY HOME, 6 bedrooms, furnished. 15 minutes from Sunday River. Rental/lease options negotiable for 1993-94 season, groups preferred. References. Call 207-364-2345 evenings. 43tf

SKI SEASON: Vacation studio apartment, sleeps four. Nicely decorated, cable, utilities included. Center village location plus extras. 824-3400. 43-44

LAKEFRONT HOME for rent in Bryant Pond. Fully furnished with fireplace. Ten minutes from ski areas. Four bedroom, 1 1/2 baths, all appliances. Available now through May. Call 824-3602. 43-44

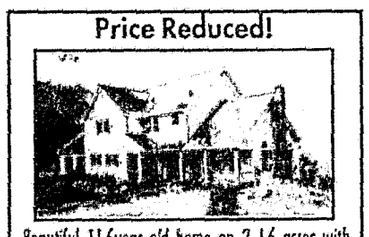
Vacation Properties

FLORIDA - White Stone Apt/Motel, close to beach, 25% discount off daily rate with this ad thru 12/30/93. Call or write: 225 So. "O" Street, Lake Worth, FL 33460. 407-588-0808. 43ne

Roommates

RESPONSIBLE ADULT ROOMMATE wanted to share 2 bedroom/2 full bathroom condo on Mt. Abram. $250/month. Non-drinker. Call 875-2051. 42-43p

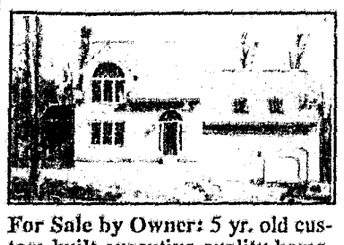
Price Reduced!



Beautiful 1½year old home on 2 ½ acres with breathtaking views on Paradise Hill. 15 minutes from Sunday River Skiway. Tasteful interiors include cathedral ceiling livingroom with fireplace. Custom kitchen and family area, master bedroom suite with jacuzzi plus 2 additional bedrooms & baths, all rooms with great views. Wrap around back deck & front porch. Expandable basement, 2 car garage. $297,500. For more details call Janice Reed.

Swift River Realty
1000 Prospect Ave. & Rt. 2
Rumford, Maine 04276
(207)364-4533
Century 21 Swift River Realty
Each Office is Independently Owned and Operated

Sunday River Skiway



For Sale by Owner: 5 yr. old custom built executive quality home. 3000+/- sq. ft. includes lg. kitchen w/pantry & island bar, 2½ bathrooms w/jacuzzi tubs, hardwood & ceramic tile flooring; walk-out finished basement w/wet bar; oversized 2 car garage. Walk to lifts & lodges. Must see to appreciate.

207-824-3455 Evenings

LICENSED PROFESSIONAL FORESTER

Land owners
if you have considered selling some timber but want to know whats (right) for your land.
Call Al Yates
Licensed Professional Forester
Always looking for timber lots and land management opportunity.
Call 674-3017, Evenings

WENDALL H. SWEETSER
Interior and exterior painting, wall papering, carpet cleaning, roofing, carpentry, repairs, and odd jobs.
CALL 665-2498

PUBLIC NOTICE OF AIR EMISSION LICENSE APPLICATION

Date Submitted: Oct. 21, 1993

Please take notice that P.H. Chadbourne & Co. is filing for an Air Emission License with the Maine Department of Environmental Protection pursuant to the provisions of 38 M.R.S.A., Section 590. According to Department regulations, interested parties must be publicly notified, written comments invited, and if justified, an opportunity for public hearing given.

The application is for renewal of its current air emission license and installation of a new boiler at Bethel, Maine.

The application and supporting documents may be seen at the Bureau of Air Quality Control of DEP offices in Augusta, located on the second floor of the Upham Building, at 71 Hospital Street, during normal working hours. A copy of the application may also be seen at the Bethel town office. Comments will be received by the DEP for a 30 day period from the date of this advertisement.

Communications should be addressed to Mr. Ed Benedikt at the Bureau of Air Quality Control, Department of Environmental Protection, Station 17, Augusta, Maine, 04333. The telephone number is (207) 287-2437.

1993-1994
WOODSTOCK SCHOOL SNOW REMOVAL BID

SAD #44 is soliciting bids for snow removal at the Woodstock School. Location must be plowed by 6:30 A.M. Proof of insurance must be submitted to the Superintendent's Office within 10 days from bid award.

Please indicate your interest in providing snow removal services by detailing equipment to be used and hourly rate on an estimated 6 inch snow storm.

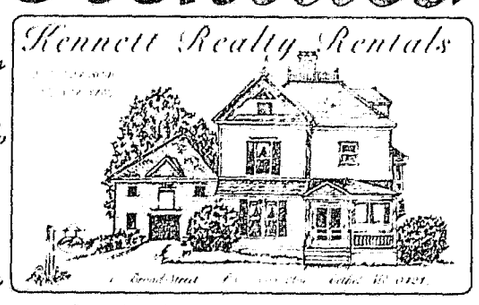
Envelopes Marked "WS Snow Bid" Must be submitted to SAD #44 Superintendent's Office by 3 PM on Thursday, November 4, 1993 • Opening at 3:15

Hanover IRONWORKS
WELDING • STEEL FABRICATION • IRONWORK

Roof Racks-Headboards	Portable Welding Unit
H.D. Bumpers	Hand Rails
Car & Truck Floor & Frame Repairs	Gates - Fences
Sauna Stoves & Stove Repairs	Spiral Stairs
Fireplace Screen	Security Grills
Sign Brackets	Fire Escapes
Heavy Equipment Welding	Steel Entrance Grating

Rt. 2, Hanover, ME • 364-7271

R Rentals
Kennett Realty Rentals



Offering Bethel Area Rentals of Homes, Condominiums and Cottages for Weekend, Seasonal, or Long Terms. Call today for rates, reservations or to receive our New Rental Brochure

New Rental Listings Invited!

(207) 824-3090

ATTENTION GREENWOOD RESIDENTS
SPECIAL TOWN MEETING

DATE: Tuesday, November 9th, 1993
TIME: 7 o'clock P.M.
PLACE: Greenwood Town Office

A special Town Meeting will be held at the date, time and place noted above to vote on the following:

To see if the town will vote to spend $53,000.00 for the purchase of a new truck, truck body and plow equipment.

Purchase of the new truck to be funded by the following: $26,152.06 from the Equipment Reserve Acct. and $26,847.94 from the sale of town owned property.

To see if the town will vote to spend $5,500.00 to buy out the new copier machine lease, resulting in a savings to the town of $2,033.94

Greenwood Selectmen

Book Now!
Don't miss out on choice winter weeks and holidays!

Attention Skiers:
Prime ski weeks, weekends and holidays are going fast! We have a great selection of condos, townhomes, apartments, homes, camps and chalets near and far from the slopes! Let Bethel's premier property rental agency help you get the dates you want!

Creative Management Associates
115 Main Street, Bethel
(corner of Main & Vernon)
(207) 824-4044
(An Equal Opportunity Rental Agency)

Maine Street Realty

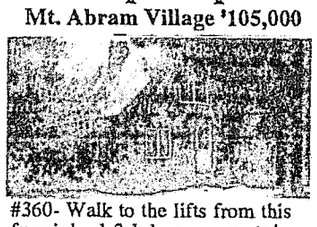
Call for More Information or for Our FREE, 30 page Rental Brochure

Buy Now to Wrap it up for Christmas!

Viking Village '135,000

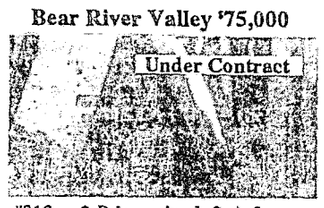
#367 - 6 room, 1½ bath house with large fieldstone fireplace sits on a lovely wooded lot and is located just off the slopes of Sunday River.

Mt. Abram Village '105,000



#360- Walk to the lifts from this furnished 3 bdrm. mountain home with full basement, woodstove and open deck overlooking slopes .

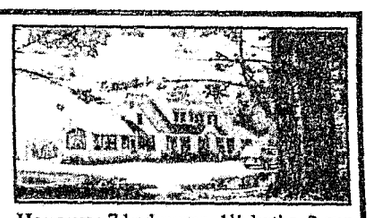
Bear River Valley '75,000



#313 - 2 Bdrm. plus loft A-frame sits on 1.5 +/- wooded acres bordered by Great Brook. A two-story stone fireplace and all new furnishings complete the picture.

PO Box 910 • Rt. 26 South, Bethel, ME 04217 • (207) 824-2114

Renovated New England Farmhouse: Large attached barn with 2 stalls. Includes 3-4 bedrooms, 1½ baths, laundry room, eat-in kitchen, dining & living room combination. New trim, vinyl siding and porch. All replacement windows. $139,000 (#4086)Call Louise (207) 562-7522



Hanover: 7 bedrooms, 1½ baths, 2 sun porches. Den, kitchen, dining room, living room, Route 2. Would make an excellent bed & breakfast. River frontage. 15 minutes from Sunday River. (#4058) $149,900 Call Bob (207) 562-4649

14 Unit Motel: 6+/- beautifully landscaped acres overlooking the river. High traffic flow on Route 2. Motel includes 4 bedroom home for owner's quarters, color TV, inground pool plus gazebo. (#4012) CALL FOR MORE DETAILS. Aks for Louise at (207) 562-7522

Land

5+/- acres of excellent commercial land on Route 2 in Bethel. (#4083) $130,000. Ask for Ted (207) 562-7523

1+/- beautiful acre on the Androscoggin River in Bethel. (#4084) $28,500 Ask for Ted (207) 562-7523

.65 +/- acre on Gordon Avenue - Pine Acres Subdivision - Rumford Point. Soil tested & septic design. Mtn. views. 15 minutes to Sunday River. $12,000 (#4020)

LEAVITT
26 Franklin Street
Rumford, Maine 04276
369-0551

Mahoosuc Realty INC.
DISCOVER THE DIFFERENCE

WE'VE GOT LOTS FOR YOUR MONEY!

ANDROSCOGGIN RIVER Valley Views. 5+ acre lots in attractive subdivision with protective covenants. Located off Northwest Bethel Road and on a hillside, these lots are wooded and ready to go. Prices start at $19,500

NEWRY. 5.4 acre building lot with spectacular views of the Sunday River slopes. On the way to the new access road in an area of new, large contemporary homes. Easy access to cross-country and hiking trails and minutes from downhill fun. $59,500

NEZINSCOT RIVER Frontage. 5.5 acres on private Reading Road in Sumner. Soil tested for single family dwelling. A great location for four season enjoyment. $18,900

SOUTH POND 400+ feet of frontage on this deep water pond for summer cooling and winter skating. 5 acre lot in area of large contemporary year-round homes. Make this your vacation base - or build a retirement home. $125,000

MIDDLE INTERVALE ROAD wooded lots with driveways in place. 5.1 acres on the road for only $19,900. Larger 9.4 acre lot has Androscoggin River frontage and views for $34,900.

BIRCH TREES play on this lovely 5 acre mountain lot. The driveway is in, the soil test and survey are complete. It's a great four season place with protective covenants. $33,900

MATURE PINE FOREST is the setting for these lovely lots. Just off Rt. 26 outside of Bethel Village the lots afford privacy within minutes of amenities & skiway access. XC ski from your door. Prices start at $20,000

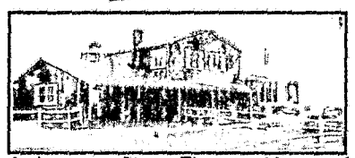
Corner of Main & Vernon Streets
Bethel, Maine
824-2771

(207) 824-3187
(207) 824-3444 Fax

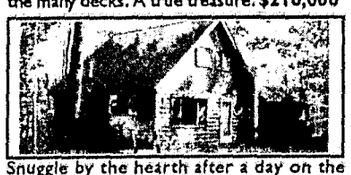
Kennett Realty, Inc.

45 Broad Street
PO Box 269
Bethel, Maine 04217
JUST BEYOND THE BETHEL INN

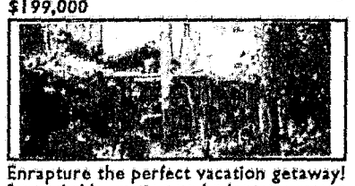
Traditional elegance and contemporary styling have combined in this graceful, well designed home. Located in a coveted subdivision, bask among spectacular, quality construction and sunny exposure. Beautiful mountain views to be enjoyed from one of the many decks. A true treasure. $210,000



Androscoggin River - The natural beauty of 30+ acres with spectacular riverfrontage surrounds this expansive 4-bedroom contemporary. Magnificent features such as quality construction, in-ground pool and 2-car garage will ensure years of fine living. $199,000



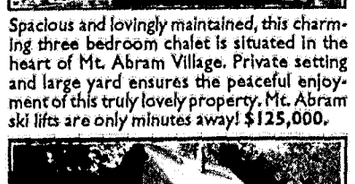
Snuggle by the hearth after a day on the slopes of top-rated Sunday River Ski Resort in this cozy chalet in the midst of Viking Village. Spacious living area and walk-to-trail access make this a perfect vacation or primary home. $135,000



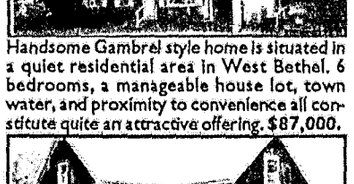
Enrapture the perfect vacation getaway! Remarkable rustic two bedroom cottage rests right at the water's edge. Tranquility will envelope you while you enjoy 450+/- waterfrontage on serene Songo Pond. 2+/- wooded acres assures your own piece of heaven on earth. Delightfully priced at $97,900

Spacious and lovingly maintained, this charming three bedroom chalet is situated in the heart of Mt. Abram Village. Private setting and large yard ensures the peaceful enjoyment of this truly lovely property. Mt. Abram ski lifts are only minutes away! $125,000.

Handsome Gambrel style home is situated in a quiet residential area in West Bethel. 6 bedrooms, a manageable house lot, town water, and proximity to convenience all constitute quite an attractive offering. $87,000.



Picturesque Maine setting awaits... 3 bedroom cottage in coveted area of Newry boasts aesthetic appeal and affordability. Rustic land and quaint, this camp will satisfy your search for serenity. $47,000.



Traditional simplicity will captivate you from this charming 3 bedroom home. Serene location will offer you peaceful living for years to come. Sellers are motivated and have reduced the price of this gem to an unbelievable ~~$54,000~~ $49,900.

Land - Land - Land

WOODSTOCK. Gorgeous South Pond Shore Subdivision lot boasting 5.09+/- acres with 305' of waterfrontage on serene South Pond. Incredible $125,000

SUNDAY RIVER VILLAGE: Come join the splendor of superlative living in this coveted sought after location with walk to trail access. Serenely beautiful parcel awaits the home of your dreams! $69,900

SUNDAY RIVER ROAD: Captivating lots offer frontage on the serenly beautiful Sunday River and are just around the corner from the hottest ski resort in the East! 4+/- acre lot $42,000; 8+/- lot $48,000

BIRD HILL ESTATES: Beautiful 5.01+/- acre lot in this much admired subdivision. Enjoy dramatic mountain views & proximity to the numerous recreations of Maine. $35,000

MEADOWLARK VALLEY: Handsome subdivision 5+ acre lots boast privacy and long road frontage. Restrictive covenants. An ideal setting for your vacation or primary residence. $29,900/lot

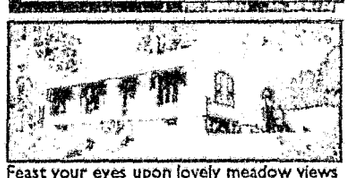
MIDDLE INTERVALE: Admire beautious views of the Androscoggin River from this lovely 3.6+/- acre lot with frontage on two year round maintained roads. All at an unbeatable price! $20,000

LUXTON PLANTATION: Stunning subdivision offers 1+/- acre lots nestled in a quiet rural setting. Protective covenants, soils tested. Make your move now... Only two lots left! $16,500

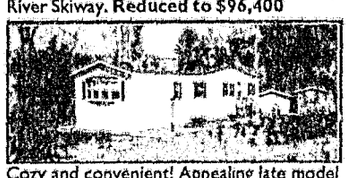
SWAN HILL: Partake of the fabulous views offered from this wonderful 5.5+/- acre lot located on Swan Hill. Proximity to town and area recreations. Very reasonably priced! $12,500

October Offerings...

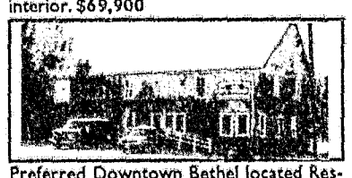
CONGRATULATIONS MERTON BROWN TOWN CLERK OF THE YEAR!
Thank you for your ongoing dedication and assistance!



Feast your eyes upon lovely meadow views offered from this entrancing 3 bdrm. ranch situated on 1+/- acre lot on a quiet, country road. Moments to the Village and Sunday River Skiway. Reduced to $96,400



Cozy and convenient! Appealing late model mobile home displays excellent in-town location, meticulous landscaping and lovely interior. $69,900



Preferred Downtown Bethel located Restaurant/Nightclub is only minutes from Sunday River Skiway and is Hot Spot for both locals and out of town visitors alike. Contents and Management Training. Neg. $325,000

EXCLUSIVE ON-MOUNTAIN SUNDAY RIVER CONDOMINIUMS

BROOKSIDE	4 BDRM	$[illegible]
CASCADES	STUDIO	$49,900
FALL LINE	1 BDRM	$56,500
MERRILL BROOK	2 BDRM	$138,000
NORTH PEAK	2 BDRM	$79,900
SOUTH RIDGE	2/3 BDRM	$140,000
SUNRISE	1 BDRM	$55,000
WHITE CAP	1 BDRM	$75,000

FALL LINE: Fantastic trailside split level units feature a deck or patio. Complex offers indoor heated pool, jacuzzi, saunas & The Fall Line Restaurant. Priced From $56,500!

LUXURIOUS OFF-MOUNTAIN CONDOMINIUMS

BETHEL INN	2 BDRM	$115,000
CARRIAGE HOUSE	2 BDRM	$91,900
CHAMBERLAIN	2 BDRM	$79,000
EDEN RIDGE	2 BDRM	$85,000
PLEASANT RIVER	2 BDRM	$38,900
POWDER RIDGE	2 BDRM	$159,000
RIVER BEND		$84,500
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Mr. and Mrs. Wesley Thames

Wesley D. Thames and Karen A Perry were united in marriage on July 17 at St. Athanasius and St. John's church, Rumford. Fr. Raymond Picard officiated the 11 a.m. ceremony.

The bride wore an off the shoulder Jessica Maclintock design. The gown was accented with fitted bodice, dropped waistline, lace trim and tea length hi-low hemline. A satin covered Juliette headpiece decorated with roses and mini pearls was made by the bride. She carried a cascading bouquet of dried roses created by Mrs. Melissa (Forbes) Alexander of Scottsdale, Ariz. The groom wore a three piece grey suit and a matching boutonnaire of three dried roses.

Katie Richard, daughter of the bride, and Whitney Thames, daughter of the groom, were flower girls. Attired in fuscia and blue dresses by Polly Flinders, they carried coordinating ribbon trimmed baskets of dried roses.

Katherine Perry of Auburn, sister of the bride, was maid of honor, and Tommy Thames Jr., of Manning, S.C., served as best man.

Karen is a 1993 graduate of Thomas College in Waterville and is employed by Glover Development Corp., Bethel, as an administrative assistant. Wesley is enrolled in the Civil Engineering Program at Central Maine Technical College in Auburn.

A formal reception was held immediately following the ceremony at the Sudbury Inn in Bethel.

Out of town guests attending the ceremony were from Auburn, Portland, Blue Hill, Waterville and Hampden; Manning and Sumter, S.C.; and Ellenton, Fla.

Following a honeymoon to the Bahamas, the couple reside in Rumford with their two daughters.

Obituaries

DONALD M. BACHELDER

Donald M. Bachelder, 66, of Avon died Friday, Oct. 22, 1993, at Mid Maine Medical Center in Waterville.

He was born Aug. 6, 1927, in Eustis, the son of Aaron and Marion (Nile) Bachelder. He was educated in Eustis schools and graduated from Stratton High School in 1945. He served in the U.S. Marine Corps from 1945 to 1947, holding the marksmanship award.

In 1950, Mr. Bachelder married Marylyn Raymond in Phillips. He was a self-employed lumberman and farmer and later worked as woods foreman for A. & A. Brochue, Ed Redman and Clifford Haggan. For the past five years, he was a log buyer for C.A.T. Lumber.

Mr. Bachelder was a member of the Phillips Methodist Church, as well as a Boy Scout and Scout Master in Carthage and Phillips, holding a service "A" award. He was also a neighborhood commissioner and an avid hunter and fisherman.

Survivors include his wife, of Avon; his father, of Stratton; two brothers, Reginald Bachelder of Newry and Carl Bachelder of Stratton; a sister, Louise LaBeau of Stratton; and several nieces and nephews.

He was predeceased by two brothers, Malcolm and Roland.

STONEHAM CHURCH SUPPER

The East Stoneham Church on Route 5 will hold a hunters supper on Thursday, Nov. 4, from 5-6:30 p.m. The menu will include homemade baked beans, casseroles, salads, brown bread, rolls, pies and beverages. The cost is $5 for adult and $2.50 for children under 12.

Births

Shelly Corriveau and Derek Vail of Bethel are pleased to announce the arrival of a baby boy, Devin James Vail, born on October 13, 1993 at 10:27 a.m. at Stephens Memorial Hospital, weighing 6 lbs, 9 ozs.

Maternal grandparents are Donna Corriveau of Bethel and James Corriveau of Gilead.

Paternal grandparents are Joan Vail Bartlett and David Bartlett of Newry and the late Douglass Vail of Newry.

*****

Rod and Lorie White of Albany are pleased to announce the arrival of a baby girl, Karen Elizabeth, born on October 18 at 12:08 a.m. at Stephens Memorial Hospital, weighing 8 lbs, 1 oz.

Maternal grandparents are Peter and Candy Howard of Albany.

Paternal grandparents are Joseph and Alberto White of Florida.

Karen joins sister Kristilee, 2 1/2 years.

HERB AND MARY LYONS GIVEN GOLDEN SLIPPERS

A symbolic pair of golden slippers were presented to Herbert and Mary Lyon of Bryant Pond in recognition of their 50th wedding anniversary on Oct. 2.

The traditional ceremony was done by Robert and Mary Billings, who had received them in July of 1993. The four-inch long slippers are enclosed in a beautifully decorated box trimmed with gold lace and ribbons. Mrs. Lyon will add golden number "50" to the box. Mr. and Mrs. Lyon will retain the slippers until another couple, residents of Bryant Pond, reach their 50th anniversary.

Mr. and Mrs. David Kersey

Paula Jeanne Michaud, daughter of Mr. and Mrs. Gerard J. Michaud Jr. of East Andover, became the bride of David Shannon Kersey, son of Mr. and Mrs. Timothy Kersey of Bethel on Aug. 7, 1993. Revs. Brendon and Jean Bass officiated at the double-ring ceremony held at the West Parish Congregational Church in Bethel.

Robin Michaud attended her sister as maid of honor and the best man was Chris Craig, friend of the groom. Candace Michaud, niece of the bride was flower girl.

A reception was held at Bethel Inn & Country Club after the wedding ceremony.

Mrs. Kersey graduated from Telstar High School, Class of 1989 and is studying civil engineering at the Catholic University of America. Her husband graduated from Telstar High School, Class of 1987 and from U. S. Naval Academy, Class of 1992, with the rank of ensign, and is currently stationed at Staten Island, N.Y.

Answers to Super Crossword

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From Tee Time to Ski Time
We Need A Break!

We are celebrating our busiest summer and fall ever with a break in our normal dining and beverage service beginning Sunday, November 1 through early December.

We will be open for Thanksgiving dinner and that following weekend for other pre-planned convention activities but our dining rooms and the Mill Brook Tavern will be closed except during these special functions.

Thanks to all who helped make the summer and fall so special:

- The 20,000 customers who stayed with us, played golf with us and dined with us since April.
- The 120 employees who worked so hard to make our resort one of the finest in New England.
- The dozens of suppliers who delivered their services on time at all hours for the comfort of our guests.
- The people of the Bethel area who make our guests feel so welcome in this wonderful part of the world.

Before we know it, we'll be cranking up again to full speed and looking forward to an outstanding ski season. Meanwhile, our reservations desk will be open throughout, busy booking for the winter.

We'll also be at your service for Thanksgiving dinner and look forward to arranging your Christmas parties!

Thanks again for a great summer and fall and here's to a terrific winter season for all of us!

The Bethel Inn & Country Club Maine

The Recreation Center will be open every weekend throughout November from Noon until 8 PM on Saturday's and Noon until 6 PM on Sundays.

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1992 Plymouth Sundance, 16,000 miles
1991 Nissan NX 1600
1991 Olds 98 Regency Elite, Nice
1991 Pontiac Grand Prix, 19,000 miles
1990 Plymouth Voyager
1990 Pontiac Bonneville SSE, Low miles
1990 Dodge Spirit, 4 dr., automatic
1990 Olds Calais, AC, automatic
1990 Eagle Premier, Loaded, 51,000 miles
1989 Honda Civic, Mint
1989 Olds Cierra, 4 Door
1989 Plymouth Voyager, 2 in Stock
1989 Chrysler Lebaron, 2 dr, 46,000 miles
1989 Olds Cutlass, 2 Door, Black
1988 Mazda 929, Loaded
1988 Cadillac Seville, Loaded
1988 Olds Calais, 4 door, Auto
1987 Olds 88, Loaded
1986 Buick Century, AC, Loaded
1984 Chevrolet Wagon, Clean

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1988 Ford Bronco 4x4
1988 GMC 15 Passenger Van
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The Satellite

NEWSLETTER OF SCHOOL ADMINISTRATIVE DISTRICT #44
ANDOVER • BETHEL • GREENWOOD • NEWRY • WOODSTOCK

Telstar High School Class of 1994 MEA Test Scores above State Average

By TED DAVIS

Statewide averages of 11th-grade students' scores on the 1993 Maine educational assessment showed improvements in math, science and the humanities, and SAD44 scores were high in all subjects this year.

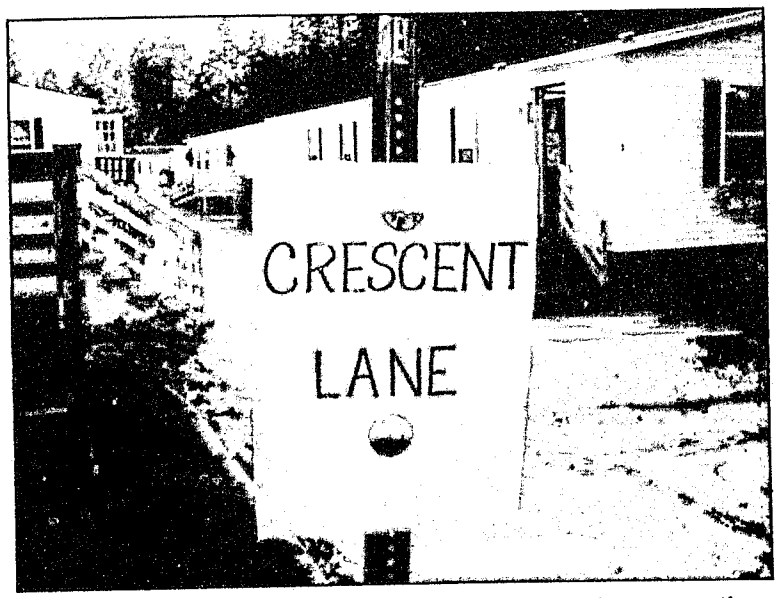
Telstar's 11th-graders last year scored higher than the state's averages in all five subjects tested, reading was 15 points above the state average of 285; writing was 30 points above the state average of 270; mathematics was 45 points above the state average; science was 55 points above the state average; and humanities was 45 points above the state average. MEA scores range from 100 to 400 points.

At the state level, according to the Department of Education, there was a 10-point gain in math and a 5-point gain in both science and the humanities. The reading scores remained constant.

State Education Commission Leo G. Martin said in a prepared statement that better math problem-solving skills accounted for the high math scores. He said also that the gap between girls' and boys' scores in math and science is continuing to shrink, as girls score higher in those portions of the test.

In the humanities portion of the MEA test, the students tested on literature, the visual and performing

See MEA, page 3



CRESCENT PARK MOVES TO MINI-CRESCENT LANE--Turn to the centerfold for story and more pictures.

Dan Hart Moves

By NATALIE TIMBERLAKE

Sixteen years ago, Dan Hart stepped out of the University of Southern Maine (then, University of Maine, Portland-Gorham) with a degree in criminal justice, with a major in juvenile delinquency. In 1981, he went to work with the Cumberland County Training Center, a CETA facility, where he worked in a vocational training setting with 14 to 21 year olds.

Two years later, he moved to Bethel, complete with a graduate degree in counseling--also from USM--and started turning wheels in the guidance department at Telstar High School. Hart, who has guided many growth changes in guidance in SAD44, leaves Telstar at the end of this week--October 29--to be-

See HART, page 3

Woodstock Fifth-graders Enjoy Two-day Leadership Development Experience

During the first week of the school year the fifth-grade students at Woodstock School participated in a two-day leadership development program at the Maine Conservation School in Bryant Pond. This program resulted from a collaborative effort involving Conservation School staff members, fifth-grade teacher Maire Newcomb, guidance counselor Wendy Ford, and Charles Plummer, Woodstock School principal.

The underlying goal was to enhance their awareness that as fifth-grade students, students in the lower grades look up to them as school leaders and to involve them in leadership development activities that would make it possible for them to serve as positive role models for the lower grade students.

The following is a listing of the responses written by the fifth-grade students about the activities that they had participated in:

"I liked a game called hug-a-tree. It is really interesting, you have to blindfold your partner and lead them to a tree. They have to hug it and feel it. Then you take the person back to the place you started and take the blindfold off. They have to find the tree."

Marie Cole

"I liked a game called camouflage."

Nate Hurd

"Truly a trip worth taking."

Caitlin Gallagher

"My favorite part of our trip was when we could play games and when we went up to the lodge to write in our journals."

Melanie Ryerson

"I liked the canoeing. I thought it was a lot of fun. If I were you I'd go there."

Greg Koch

"I like to play camouflage and all the other games."

Renee Royer

"I learned to use more of what I have."

Dan Smith

See WOODSTOCK, page 2

Andover Students Excited about Direct-Experience Science and Math Activities

An approach being used successfully by Andover staff members as a means of extending and enriching classroom instruction for students is to involve them in direct-experience activities. The first-, second-, and third-graders have been taken on nature walks to Emerson's Bog, which is just a short distance from the school. There, they have had the opportunity to put into practice observation skills by observing seasonal and ecological changes in the bog at different times of the year. They have also collected samples and aquatic life for further study and observation in the classroom.

Under the direction of Andover teacher Roger Sabin, the 11th annual toad weighing contest was held during the early part of September. This annual event is designed to give students some firsthand experiences in using metric weights. Steve Chenery was the first-place winner, bringing in a toad that weighed in at 150 grams. Jenny Fyrberg took second-place honors with a toad that tipped the scales at

See ANDOVER, page 3

Middle School Special Education Creates New Learning Center

By BRUCE BELL

With the help of the SAD44 maintenance staff, a new special education learning center has been created at Telstar Middle School. The new center is located on the second floor in the space occupied by the former music room. With the addition of CPS school to the Telstar complex, it became necessary to find a new location for the middle-level special education program.

The music area was selected and redesigned to include a variety of instructional spaces. The newly-designed area includes three small-group instructional classrooms, an instructional and support area for educational technicians, along with office space for Chapter I supervisor Nan Timberlake, and the director of special education, Ann Holt. Many hours of hard work have gone into this effort and everyone using the space is pleased with the results.

TELSTAR MIDDLE SCHOOL special education teachers Sally Westleigh, left, Sue Howe, Macky Chapman and Elaine Hutchins in the school's new learning center in a former music room.

Woodstock

Continued from page 1

"I liked all the different strokes when we went canoeing."

Bridget Billings

"It was fun in the canoes."

Lindsey Moody

"The trip was totally awesome."

Zach Fritz

"My favorite part of the trip was the bonfire with the stories provided by Mr. Plummer and the samoas provided by Miss Newcomb. It was wicked good."

Alisha Miclon

"I think canoeing was the best thing we did."

Justin O'Donnell

"The skills of leadership, communications, and responsibility will last a lifetime."

Kate O'Rourke

"I think the best part was playing a game called camouflage."

Matthew Moore

"I liked the strokes we learned for canoeing."

Keith Brochu

"I liked doing the activities and eating the samoas around the bonfire."

Heather Jordan

"I liked playing camouflage and all sorts of other games."

Paul Cox

"I really enjoyed using our communication skills in radiation river."

Fern Hickey

"I learned leadership is very important and anyone can be a leader."

Stacey Walker

"I liked the canoe ride because of the racing. I won both times."

Kara Andrews

ARTISTS AT WORK--Norma Salway's kindergarten class makes paper butterflies.

Rick Charrette

By PATRICK DONOVAN
AND ALEX JOHNSON

On Wednesday and Thursday, Sept. 29 and 30, songwriter and musician Rick Charrette visited the Crescent Park School for a concert and classroom workshops.

At a concert in the Telstar High School auditorium, both CPS students and the Woodstock School enjoyed Rick Charrette as he sang a number of songs. We were also joined by the Telstar Middle School sixth-grade students.

Some of the kids got to go up on stage and perform with Rick Charrette. At the end of the concert, all of the teachers got up and sang "Bubble Gum."

After the concert, Rick spent the rest of Wednesday and all of Thursday doing workshops with several Classes. In Ms. Mattson's and Mrs. Coolidge's first- and second-grade classes, Rick played his guitar and helped the classes to write a song. He also brought out his Baxter the Bear puppet for everyone to see!

Here are two of the songs that classes wrote with Rick Charrette:

There's no one else I'd rather be

There's no one else I'd rather be than me
It doesn't cost too much, in fact it's free,
When I wake up in the morning, I feel my life fits me.
I don't need to be invented.
I know what I'm' going to be.
I going to be me.

Written by: Mr. Hoy's fourth-grade, Ms. Caddigan's third-grade, ind Rick Charrette.

Soda Pop

Soda, soda, I drink soda.
Soda, soda, soda pop.
I drink soda, you drink soda,
Soda, soda, soda pop.
Soda, soda, soda's fizzy.
Soda, soda, makes you dizzy
Soda, soda, soda I drink soda.
Soda, soda, soda pop.

Written by: Ms. Mattson's first-grade, Ms. Coolidge's second-grade and Rick Charrette.

Rick Charrette sent the following note to Ms. Coolidge's class:

To Ms. Coolidge's class: It was totally awesome writing the soda pop song with you. Wishing you lots of happy sing. Your friend Rick Charrette.

EDUQUEST--CPS students work on computers supplied IBM.

Eduquest Comes to Crescent Park School

A collaborative article

Recently, IBM Corporation selected Crescent Park School to participate in a special program Eduquest.

Principal David Murphy said it is thanks to the interest several CPS teachers have displayed over the past two years that this is happening. The pilot program will see 26 IBM computers, several printers, a file server, and tens of thousands of dollars worth of software being used in four CPS classrooms over the coming months.

These energetic, innovative teachers are Linda Kuzyk (grade five), Judy Coolidge, (grade two) Brenda Wight (grade three), and Lenny Hoy (grade four). Along with CPS Computer Committee chairman Peter Kuzyk, who is the systems operator, they all received four days of training at IBM in Portland prior to implementing the Eduquest Classroom 2000 in their classrooms.

As they use the programs, an IBM consultant will be available to the CPS staff as needed during the next three months. The goal of initiating this new program is to allow staff and students to experiment with the IBMs and compare them to the Apple computers. Principal David Murphy notes that this will be especially important in addressing the needs of the new Crescent Park facility.

Linda Kuzyk explained the placement of the computers. Six computers have been placed with each of the four trained teachers for student use and the sixth is a teacher work station where the CD-ROM is located. These are networked IBM computers which have multimedia software as well as programs in math, reading and writing.

She summarized her perceptions: "Enthusiastic teachers + enthusiasm = Enthusiastic [illegible] High energy, high degree of excitement." And then she said that she would probably enjoy reading the notes the students wrote to her about the computers.

Here are excerpts from their notes:

--"I like them a lot. (Comment about just about everyone!) I really like the math. I also like the reading."

--"...the computers are neat they can talk to me, and there are a lot of games, but you learn from them."

--"I think the computers are cool and it is great how you set it up."

--"...they are fun. They are also challenging."

The Satellite
Volume V No. 1

Published by SAD #44 in the fall, mid-winter and early spring with the expressed desire of giving the homes within the district a better understanding of many of the programs and educational issues of the day.

Distributed in The Bethel Citizen and mailed to each household within the district.

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Bruce Bell, Middle School Principal
Ann Holt, Director of Special Education
Ronald Jenkins, Superintendent of Schools
Cathy Newell, Director Adult/Community Education
Natalie Timberlake, Coordinator of Chapter One Services

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Andover

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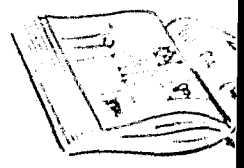

Hart

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CETA, and he will be
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who was his super
Bethel. (More details
on the NOVA page.)

In each issue of the
to date, Dan, or one
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team, has written cop
program as it has exp
one-counselor pr

Andover

Continued from page 1

115 grams, and Ben Burley took third-place honors with a 110-gram speciman of a Bufo Americanus. Other entries ranged in weight from a one-gram toad brought in by Katrine Burgi up to 95 grams.

These direct-experience approaches to learning are very interesting and highly motivating to the students and they are a good approach to reinforcing skills that are taught in a classroom setting.

MEA

Continued from page 1

arts and philosophy.

Martin said he believes that Maine's graduation requirement that all students earn credits in the arts is encouraging more students to explore the visual and performing arts.

The MEA was taken by 12,539 high school juniors during a two-week period last spring.

The first MEAs were given in 1986. Since then, the tests have changed from a primarily multiple choice format to an "open-response" format that requires students to develop their own responses. The questions focus on high-level thinking and often involve students in solving complex problems.

Thirteen students out of the senior class, or 21 percent of the class, scored in the 95th percentile or higher in reading or mathematics or received a raw score of 10 or higher in writing. Two of these students scored in two areas. These 13 students will be issued certificates in recognition of their outstanding performance in the three areas.

As we all know, no one test is a conclusive indicator of how well students perform. We feel that we should use the MEA and other performance evaluations to seek to improve student learning. It certainly appears that this improvement took place in SAD44.

Hart

Continued from page 1

come director of student services at NOVA. Some things change, but all of two aspects will be familiar: he will be picking up some of the threads of the work he did at CETA, and he will be working for a familiar boss, Dewaine B. Craig, who was his superintendent in Bethel. (More details on his career on the NOVA page.)

In each issue of the SATELLITE to date, Dan, or one of the other counselors on the district guidance team, has written copiously of the program as it has expanded from a one-counselor program in secondary school in 1982. It is now a K-12 program with two elementary counselors, a middle school counselor, and two secondary counselors. Supported by a continuous secretary, Marilyn Howe, many programs to meet diversified interests of the students have come to being during his tenure.

Dan has served as president of the Maine Guidance Counselors Association. he was also named Maine Guidance Counselor of the year in 1986--and in 1991 was named Maine's Distinguished Professional Counselor.

Since coming to Bethel he has been a community contributor, being a stalwart member of the Bethel Rotary Club. He and wife Julie, coordinator of the Big Brothers/Big Sisters program of The Children's Health Center, are the proud and supportive parents of two daughters, Lauren and Lindsey.

As Dan moves on with his career, his colleagues at SAD44 wish him well, and appreciate that he will continue to guide many local students as well as maintaining his home here.

Executive Summary of School/District Scores

Year	Average Scaled Score			Comparison Score Band
	State	District	School	
Reading				
1990-91	280	320		
1991-92	285	225		
1992-93	285	300		-
Cum Avg	285	280		
Writing				
1990-91	270	245		
1991-92	270	165		
1992-93	270	300		-
Cum Avg	270	235		
Mathematics				
1990-91	275	315		
1991-92	275	180		
1992-93	285	330		-
Cum Avg	280	275		
Science				
1990-91	280	395		
1991-92	285	260		
1992-93	290	345		-
Cum Avg	285	335		
Social Studies				
NOT TESTED IN 1992-93				
Humanities				
1990-91	270	270		
1991-92	275	245		
1992-93	280	325		-
Cum Avg	275	280		

CLASS OF 1994 MEA TEST SCORES.

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Sunday river MAINE

Student writing corner

RECESS

I have lots of memories from elementary school, some good and some bad. Most of them from my favorite subject...recess!! When the bell rang and we charged out towards the field it sounded like a stampede of elephants charging at a safari vehicle.

My friends and I would play sports in that field all year long. We would even play football in the snow. One time we made up teams and had a Super Bowl. I was on the winning team, the Woodstock Wildcats. The teams consisted of three players. The one bad thing about playing in the snow was that we had to wear boots. Sometimes the boots slowed us down but they kept our feet warm and dry in the deep snow.

We would do this many times. Maybe even a thousand times. And in the spring we would start playing baseball. We played with a plastic bat, and a tennis ball. We would set up the bases, and foul lines. Then we would separate into teams. One team would bat and the other would field. One time Jeremy, my best friend, hit the ball so hard the bat snapped in two. It made a noise almost as loud as thunder in the sky. It wasn't easy in fifth grade knowing that I wouldn't play baseball in that field again.

During the summer I would dream about going back in the fall and playing basketball. I would ponder all my thoughts together and think of when I made a great catch and landed in the mud playing football, how I made a diving catch playing baseball. I would think of all the good times I had and I just couldn't wait to get back to...recess.

Jeff Chandler
Grade seven TMS

BUTTERFLY STORIES

Kindergarten children in Mrs. Salway's classrooms have been learning about butterflies. After tracing and cutting out two butterfly shapes, the children enjoyed water coloring one to the cover of a Butterfly Book. Each child dictated a story about butterflies which was written inside the book.

Here are samples of student stories:

A caterpillar wraps himself in a cocoon. He bites himself out and he hangs black, and he comes out an orange and black butterfly. He flies away. He meets another butterfly.

Kyle Kuvaja

There was once a caterpillar and he came out of an egg. After he got out of the egg he turned into a cocoon and for a long time slept. Some gold dots came out of the chrysalis. He pushed him out and he was an orange and white butterfly. And the mouse chased him. The end.

Chloe LaPointe

A butterfly landed in a tree. It made a cocoon, and when it came out it was a red and green striped butterfly. And then he ate through a leaf. He saw the itsy, bitsy spider.

Brady Chapman

We saw a butterfly when we were going to the field. He was flying down the hill. He was following me. Then he wanted to go in the school.

Crystal Herrick

Cinquain poetry

Cinquain Poetry
First line: one word
Second line: two words describing title
Third line: three words, expressing an action
Fourth line: four words, expressing a feeling
Fifth line: one word, a synonym for the title

TREE

Bumpy, swirly
Moving in air
Makes me feel unhappy
Birch

Danny Morgan
Grade three, WES

FALL

Colorful, beautiful
Fall is today
Makes me feel happy
Season

Andrea Hinkley
Grade three, WES

TREES

Trees
Trunk, leaves
Climbing and falling
Makes me feel happy
Bark

Josh Ethridge
Grade three, WES

LEAVES

Colorful, bright
Jump in them
Nice, fun, pretty, exciting
Leaf

Michelle Deegan
Grade three, WES

GREEN

Green
Trees
Giving
Air of life
Green

Preston Cobb
Grade three, WES

YELLOW

Yellow
Sun
Filled with light
Colored
Yellow

Sherwood Pinette
Grade three, WES

FALL

Color, smooth
Changing shape, different
Happy it is here
Cool

Rick Savage
Grade three, WES

TREES

Brown, bumpy
Blowing, swaying, dancing
Happy and sad, mad
Calm

Kandice Berryment
Grade three, WES

TREES

Bark, leaves
The trees move
I like the trees
Trunk

Derrick Merchant
Grade three, WES

TREES

Trees
Hard, hollow
Leafy and scratchy
I feel unhappy, sad
Bark

Kristina Koskela
Grade three, WES

LEAVES

Colorful, colors
Fun flowing, fast
A wonderful warm feeling
Beautiful

Jessica Adams
Grade three, WES

TREES

Trunk, leaves
Blowing and windy
I like the trees
Pitch

Lori Epp
Grade three, WES

TREES

Trees
Stump, wood
Climbing, cutting, wind,
Lets me have fun
Branches

Sasha Enz
Grade three, WES

LEAF

Flat, soft
Falling, turning color
Nice, crispy and fuzzy
Fall

Allan Brown
Grade three, WES

TREE

Hard, bumpy
Breaking the wind
The trunk feels bumpy
Wooden

Jon Kolb
Grade three, WES

THE MORNING

The sun creeps up over the mountains,
And the trees let the sun through
The sun is as clear as a crystal fountain,
In the mist of the day.

Grace Kim
Grade three, WES

TREE

Brown trunk
Still and quiet
Not happy and sad
Roots

Tiffany Clark
Grade three, WES

FALL

Cool, colorful
Rainy and windy
Chilly and windy inside
Season

Danny Clark
Grade three, WES

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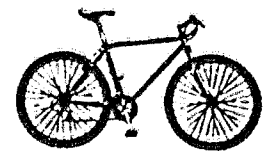

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Give pe

What peace

P - people being fri
caring for other people.
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making them your fri
adults feeling homeless
children can help, too. C
cooperating with other
- everlasting friendship
world. To myself, pe
friendship and caring. I
body had peace in their

Gra

What peace means t
elephants wouldn't b
their tusks. Foxes
wouldn't be killed f
There wouldn't be an
animals. Everybody
friends with everybod
wouldn't be any war
walk outside you
worried that someon
you. No one would
tease you. There woul
thing as a bomb or
wouldn't need laws b
would steal or kill.
need jails because eve
be kind and friendly
peace means to me.

Ma
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would turn all the art
armed forces' vehic
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ment and keep the pe
ple, I would make
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and make it into dan
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Give peace a chance

What peace means to me

P - people being friendly and caring for other people. E - either letting the homeless live in your guestroom if you have one or just making them your friends. A - adults feeling homeless and even children can help, too. C - countries cooperating with other countries. E - everlasting friendship all over the world. To myself, peace means friendship and caring. I wish everybody had peace in their heart.

Kelly Walker
Grade five, CPS

What peace means to me is that elephants wouldn't be killed for their tusks. Foxes and wolves wouldn't be killed for their fur. There wouldn't be any endangered animals. Everybody would be friends with everybody else. There wouldn't be any wars. When you walk outside you wouldn't be worried that someone would hurt you. No one would be mean or tease you. There wouldn't be such a thing as a bomb or a gun. You wouldn't need laws because no one would steal or kill. You wouldn't need jails because everybody would be kind and friendly. That is what peace means to me.

Marianne Nadeau
Grade five, CPS

If I had one wish, just one wish, I would turn all the artillery and other armed forces' vehicles into equipment that would help the environment and keep the peace. For example, I would make a machine that would take all the nuclear waste and make it into dams and supplies for the Mississippi River. I would like to keep the peace for other generations of people and children. People would be happy. They wouldn't starve. Everyone would live a happy life. What peace means to me? Peace means that there would be no wars. People would lend a helping hand. Peace means that blacks and whites would not fight. We would help a friend in need. If I was in charge, I would help anyone that is in need of a friend.

Will Seames
Grade five, CPS

To me peace means caring about other people. People and animals living together without killing, or people poaching animals. Everyone is happy, nobody fights. That is what peace means to me.

Stephanie Gavett
Grade five, CPS

P - people loving people for how they are
E - earning love from all races
A - all people in harmony
C - coming together and holding hands
E - Eternal love for everything in the world

Peace is love. Peace is a loving hand. Peace is a loving hand beside you. Keep peace in the world and love all the people and we will have no war and everyone will be safe.

Naomi Young
Grade five, CPS

Peace means all the weapons will be turned into machines that will clean all the toxic waste into paper to use. People will not fight but talk it out with each other in peace.

Justin Wight
Grade five, CPS

Peace on earth,
Peace means no wars,
Talk don't fight,
No rain, all sun,
No drugs,
Red hearts, not blood,
Use your head not your fist.
Peace means a lot.
Excellent, let's make it an excellent earth.
An excellent place to live.
Come on, help with peace.
Everybody does their part.

Buddy Thomas
Grade five, CPS

Stop the war. Stop the hate. I would give my life to have peace on earth. I wish we could all be friends and depend on each other. Can't we all just be friends for once and if we can't have peace on earth for the rest of our lives, then can we just have peace for one day please, can we?

Justin Hautaniemi
Grade five, CPS

I want to stop the wars and the hate that people have every now and then. My world is special to me. My world is clean and I want to keep it that way.

I would give almost everything in my life to keep all animals and all people alive. But that will not happen in our world.

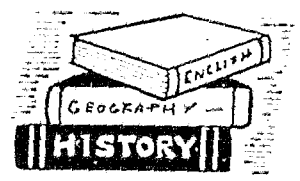
People would stay alive for a very long time if there were no wars anymore.

I want the world to be quiet because it is better when it is quiet. I want it to be quiet so people can have some peace.

I want all people to know about peace because they cannot fight in wars all the time.

I want people to like peace. I want peace in our world. Please can we have peace in our world, please, may we?

Tia Edwards
Grade five, CPS



Student poetry

By WES FIFTH-GRADERS

AN ANIMAL POEM

Who is this?
Who is this?
Like a night light
Blinking on and off.
It is I - the little firefly
Blinking,
It is I - the little firefly
Blinking,
Everywhere! Everywhere!

Matthew Storck

FALL LEAVES

Fall is the time
When leaves explode into color,
And drop slowly down to the ground,
It's when the children leap and skip,
In the crisp colorful leaves.

Fern Hickey

HOLIDAYS

Holidays are for girls and boys,
On Christmas you get lots of toys.
Thanksgiving is one of the best,
All that food--what a mess.
Halloween is really neat,
All that candy, what a treat.

Matthew Moore

BLACK

Black is a black stallion
That runs through a field
Black is a burnt hot dog
You had for a meal
Black is part of a Holstein cow
Black is a cat that says meow.

Kara Andrews

IF WE DIDN'T HAVE HOUSES

If we didn't have houses,
Then we wouldn't have mouses.

We wouldn't have steeples,
Then we wouldn't have peoples.

There wouldn't be a place to live,
And there wouldn't be anything to give.

Justin O'Donnell

WAVES

Big waves,
Crashing against the rocks
Misting everywhere.
Little tiny waves,
Crashing on the shore
Lapping everywhere.

Maire Cole

ICICLE

As winter birds chirp
When the country's asleep
A faint echo flows down the street
It comes from the caves where the icicles hang.

The sound of the icy droplets hitting the ground
The caves make an icy crystallized sound
Chipped icicles fall,
And shatter like glass.

Kate O'Rourke

YELLOW BALLOONS

Open a package of yellow balloons,
Blow them up with all your might,
Let them soar to the moon,
Watch them fly out of sight.

Casey Brown
Grade seven, TMS

FISH

I've known fish that wouldn't come,
despite the roundest worms that could be found.
Even though I tried my best
the only one I caught, I drowned.

Jonathan Early
Grade seven TMS

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And More Poetry

SCHOOL

School is fun.
School is neat.
Being in a portable is such a treat.
I like my teacher--my teacher is cool
She makes everything neat in school.
In our portable it's cold in the morn.
In the afternoon it's mightily warm.
We have jobs in our class
but none of us have to empty the trash!
Our jobs are RAP!
We're studying the pond environment
that's real neat because it is so prime.
Well that's our rap, I hope you think it's cool.
Remember one thing,
STAY IN SCHOOL!

Sarah Gamble
Grade three, CPS

FOG

In the morning
On the bus we go up a road
You look over the tree tops
And you'll see a pretty sight
It's fog drifting off the lonely lake
When you go by the lonely lake
You can see loons
Taking a morning swim
Taking breakfast to their babies.

Lindsey Moody
Grade five, WES

THE GOLDEN ANNIVERSARY

The golden anniversary
What does it mean to me?
What can you say in so few words
About a half a century spent together?

The golden anniversary
A celebration of the years
A time to love, share and honor
Fifty years of matrimony.

The golden anniversary
A gathering for one and all
Where friends come to remember
Memories of all the years past.
The golden anniversary
The day was dark and gray
But it will always be warm and bright
In my grandparents' hearts.

Martha Grover
Grade eight, TMS

THE FAIR

The smell of burgers and fries.
Sizzling of the grills,

Humming of the rides,
Generators always going.
Cows mooing,
Sheep baaing,
Horses whinnying,
Kids whining,
People screaming,
And rushing around.
Judges criticizing,
People commending you.

"Clean up!"
"Tie this!"
"Hold that!"
"You're supposed to be in the ring now!"

Animals needing care,
This is the fair.

Emily Phillips
Grade seven, TMS

RAIN

The cold breeze,
The warm tears,
the soft grass,
the hard fears.

Confused feelings,
mixed with the rain,
the mud washes,
but not the pain.

You walk along,
sorting out your heart,
not having people with you,
that have been there from the start.

The lonely feeling,
feels so great,
one scary thought--
your life and fate.

What will I do?
How might I live?
One thought comes to my mind--
Forget with rain,
Rain to forgive.

Julie Burgi
Grade seven, TMS

THE RIVER

The river is really beautiful,
More than I thought could be.

While standing by its side,
There is oh so much to see.

Entering the river--everyone feels free,
We now begin to drift--effortlessly.

Animals are seen--large and some small,
The effect of these creatures is surely felt by all.

I cannot forget the dead ones--there are so many of course,
I do not know what killed them--pollution is probably the source.

Clean-up is still needed--we all agree to that,
But if we don't get going

The outdoors might not be so vast.

Matt Koskela
Grade eight, TMS

TRAVELING

I live in Alaska with lots of snow,
And there aren't a lot of places to go.
I wanted to travel to Tahiti,
My mother said, "No money, sweetie."
I wanted to see Zanzibar,
My father said, "Way too far."
I wanted to adventure in Hong Kong,
My sister said, "That takes too long."
So I'm stuck here, once more,
Sledding and skiing, my winter chores.

Casey Brown
Grade seven, TMS

I HATE THE SHOWER NOZZLE

I love to take a shower,
I never see a speck of dust,
I love the feel of water,
It's the nozzle I don't trust.

Whenever I enter the shower,
The nozzle is my foe,
It squirts water everywhere,
Like putting on a show.

Casey Brown
Grade seven, TMS

COLORS

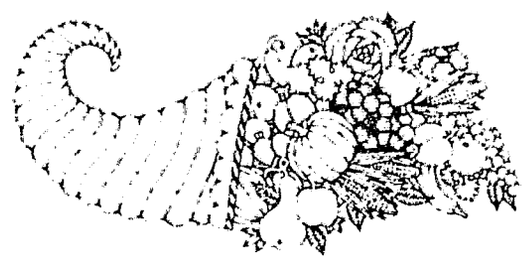
If all the colors could be seen,
You'd see purple, orange, red, green.
If all the colors were around,
There'd be yellow, black, blue, brown.
If all the colors were in reach,
You'd touch lime, maroon, white, peach.
Whenever you're in a rage,
Just think of pink, gold, tan, beige.
If you could have any color to eat,
You'd try silver, copper, bittersweet.
Now all the colors are combined,
What a great big pretty world of mine.

Casey Brown
Grade seven, TMS

BRACELETS

Brenda Baxter bought some bracelets,
She thought they were very cute charms.
Her mother found 22 scattered around,
And 36 more on her arms.

Casey Brown



Ghost Story

When I was about five years old my uncles, John and Brady, bought one of the oldest houses I had ever seen. They told my brother and sister and me that a ghost lived there. So the day that Ian, Sarah, Mom and I decided to go over and help clean up, I was a little hesitant about going.

The house certainly looked like a ghost could have lived there. The plaster walls were cracking and the wallpaper was peeling. It was cold and musty smelling. Brady and John started telling me about all the strange noises they had heard the night before. I didn't really believe them, but...

While my mom and Uncle John were touring the upstairs, Uncle Brady said we should take a look at the cellar. Ian and Sarah decided that they would be the brave ones and go down with Brady. But when I looked down it was so dark and scary that I decided not to go. After a little while my brother and sister came up saying that there was nothing to be afraid of, and that the only thing down there were some old children's games. As I started down the stairs my Uncle Brady peeked his head around the corner at the bottom of the stairs. He began to tell me that there was nothing to be afraid of. When all of a sudden, a ghostly white hand reached around his face and pulled him backwards. He screamed and I screamed as I ran, terrified, back up the stairs.

When I got to the top stair, I heard my uncle laughing. I turned around and saw Uncle Brady at the bottom of the stairs, and he looked all right. It turned out that he'd dipped his hand in a bag of flour and grabbed himself around the face just to scare me.

It took me a long time to ever go back to that house again. I was so mad that he scared me like he did, that I didn't even want to talk to him. But, I couldn't stay mad at him for long because I knew that he didn't mean any harm. We've been playing tricks on each other ever since.

Christy Richardson
Grade seven, TMS

STUDENT EDITO
Johnson and Patri
watchful eye of mi
part of the Satellite

Papoos

By PATRICK DONOV
AND ALEX JOHNSO

The fifth-grade
Crescent Park Sch
on a leadership
Papoose Pond in V
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CPS have particip
gram.

The highlight
leadership training
because fifth-grad
to work with oth
challenge games
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our knees or thigh
a broom held up
over a picnic tab
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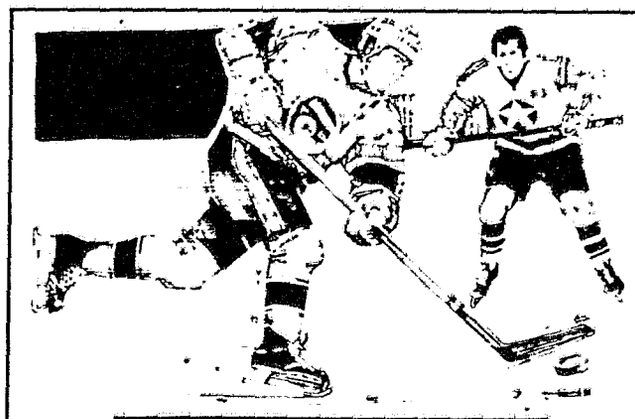

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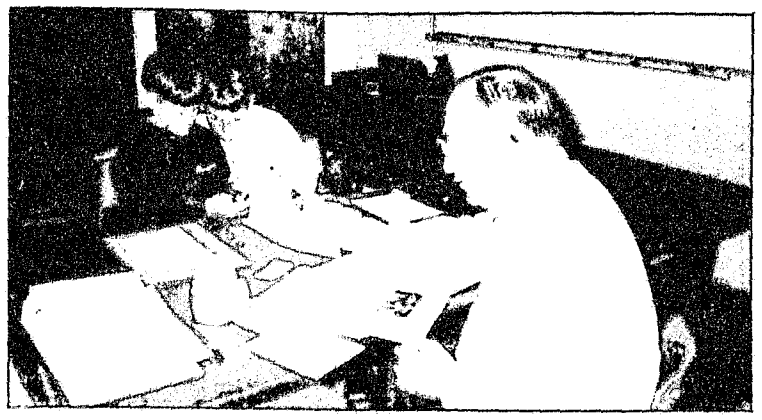

STUDENT EDITORS–Crescent Park School fifth-graders Alex Johnson and Patrick Donovan work on a Satellite article under the watchful eye of middle school principal Bruce Bell. The two boys are part of the Satellite editorial board.

Papoose Pond

By PATRICK DONOVAN
AND ALEX JOHNSON

The fifth-grade students from Crescent Park School recently went on a leadership training trip to Papoose Pond in Waterford. This is the third year that students from CPS have participated in the program.

The highlight of the trip was leadership training with Ms. Acker, because fifth-graders need to learn to work with others. In one of the challenge games we played, we worked with a partner. We had to get a ball through an obstacle course by squeezing a ball between our knees or thighs. We went under a broom held up by two chairs and over a picnic table as part of the course. At the end, we had to pass off the ball to the next pair of people so they could go through the course.

During our leadership training, we talked about what makes a good leader. We discussed who are leaders and what makes them a good leader. Some of those qualities include friendliness, honesty, and courage. The kids said that a lot of teachers are leaders.

Another highlight of our trip was the canoe experience led by Marie Keane and Steve Wight. Everyone really enjoyed it. A lot of kids learned they could work with people they thought they couldn't work with.

At night, we hiked to a bonfire where we sang songs and told ghost stories. Mr. Murphy told his favorite stories first, then some of the kids shared stories too.

I guess we had a really good time and we learned to work together.

Adult Ed. Director's Corner

By CATHY NEWELL

Were you surprised at the results of the National Adult Literacy Survey released in September? Many people interviewed by the media appeared shocked that nearly 50 percent of American adults are functionally illiterate in the areas of reading, writing or math. Indeed, many of the people tested who fell in that 50 percent group apparently had no idea that their skills were as low as the test indicated. Clearly the implications for American businesses, and for society in general, are major.

In fact, the National Alliance of Business has estimated, through their own data gathering, that only 25 percent of the adult population is highly literate, able to take full advantage of the opportunities presented by the global economy and an increasingly complex and technical workplace.

The National Adult Literacy Survey was funded by the U.S. Department of Education and administered by the Educational Testing Service, the New Jersey company that administers college admissions and other standardized tests. The survey describes adult literacy in terms of literacy skills needed to use various kinds of printed and written information; including prose literacy, document literacy, and quantitative literacy. The report analyzes the connection between literacy skills and social and economic variables such as voting, reading practices, employment and earnings. Nearly 14,600 individuals, age 16 and older, plus 1000 prison inmates were surveyed.

Insufficient education and a growing number of adults whose first language is not English were important reasons that the scores were so low. The test was given in English only. In releasing the study, the Department of Education called for a comprehensive approach to solutions, involving businesses, schools and community groups. To date, despite earlier studies, the approach to adult literacy and retraining has been fragmented nationally through a patchwork of community programs, federal and state programs. In Maine, the steady growth of public school based adult education programs since the early 1970s and the history of cooperation with other providers places our state in a stronger position than many others; yet Maine's programs are chronically underfunded and lack full-time, professional staffs.

The magnitude of the problem in Maine is an issue, given the significant erosion of state support for adult education. In SAD44, our state subsidy was decreased by 30 percent this year from the amount to which current law entitles us. The budget woes of the state, coupled with tough economic times, have impacted our local funding level for the past three years. Fortunately, our district has gradually built our program over 18 years to a well-developed level; however, if all adults in need of academic skills services arrived for intake we'd be swamped, as would all of Maine's adult education programs.

Given this new data, we must clearly return to a position of program development if adults in our state and our area are going to do their part in improving the adult literacy statistics nationally and their own positions in the job market.

I would bet that these survey results were not a surprise to many of the folks in this area who have been laid off from work and have sought to enroll with Mountain Valley Training or to apply to post-secondary programs. When one is out of school, rust often accumulates in critical areas, and taking an assessment test is a humbling experience. In addition many adults have significant gaps in their education, resulting from less-than-rigorous general programs in high school. Fortunately, adult education offers adults an opportunity to gain academic skills or to refresh skills in a setting that is comfortable and using methods that allow individualization of instruction. We have so many success stories in our area, proving over and over that learning is life-long and that people of all ages are capable of tremendous achievement as adult learners.

COLLEGE BOUND–Brian Brochu of Woodstock brushes up on the computer during the summer at the Learning Center, while a student is testing in the background.

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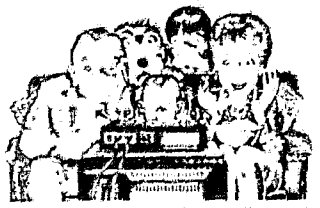

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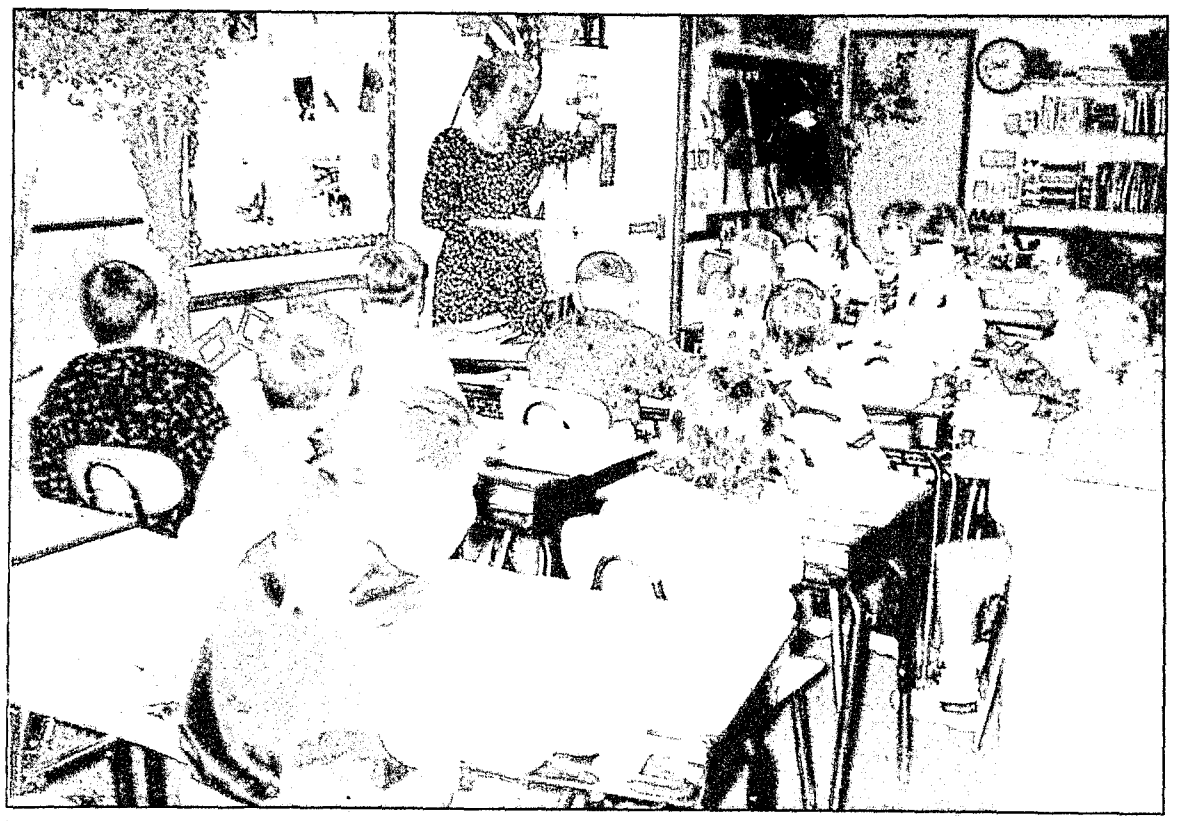
Crescent Park School Moves in

Staff and students of the Crescent Park School found themselves in a new setting when school opened this fall. The 300-plus students are now located in 17 portable classrooms in the parking lot of Telstar High School. Thanks to the efforts of many people, the transition has gone extremely well. The reason for this move is the exciting new addition currently being completed at the CPS site. This addition will see a 41,000 square foot area designed to accommodate additional classrooms, a library, a gymnasium, an art room and a cafeteria.

Crescent Park hit the ground running this fall by scheduling an Open House on the second day of school and following that up with Grandparents Day on the following Friday. Between the two events, over 500 visitors had a chance to visit our new "village" and witness firsthand the wonderful things that are going on in the classrooms. The success of this transition is a tribute to the efforts of all concerned.

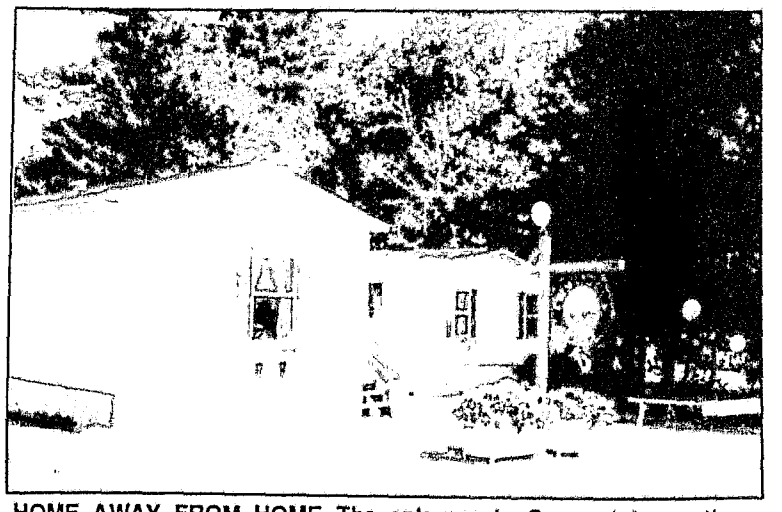
The P.T.A. will also be sponsoring a "Haunted Village" at CPS this Halloween. This will provide a safe and convenient environment for parents and children to enjoy an evening of trick-or-treating with their friends and teachers.

Crescent Park will continue to be the active place it has been in recent years. We invite you to visit us and see us in our new home.



EDUCATION FIRST--Fifth-grade teacher Linda Kuyzk provides the same stimulating education to her students in her portable as she has over the years in a regular classroom.

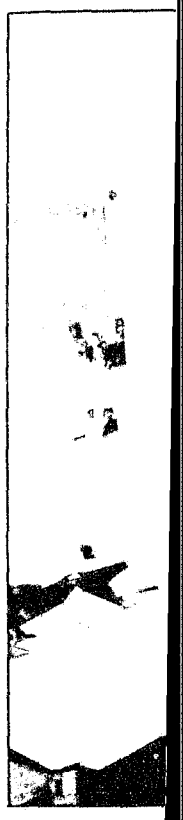
READING CORNER--In a corner of the new Chapter I room, Reading Recovery teacher leader Melanie Ellsworth works with first-grader Kayla Cole.



HOME AWAY FROM HOME–The entrance to Crescent Lane, the "main street" of the CPS village this year.

NEW LIBRARY–Jaquelin Moran and some of her second-graders visit with librarian Paula Smith in the new CPS library. The library is located in a corner of the Telstar library.

A HELPING HAND–Arlene Hayes helps a student representative get his class recess milk from a cooler located across from the CPS office. A child from each room has the job of bringing the milk back to their respective classrooms each day. This procedure has worked extremely well.



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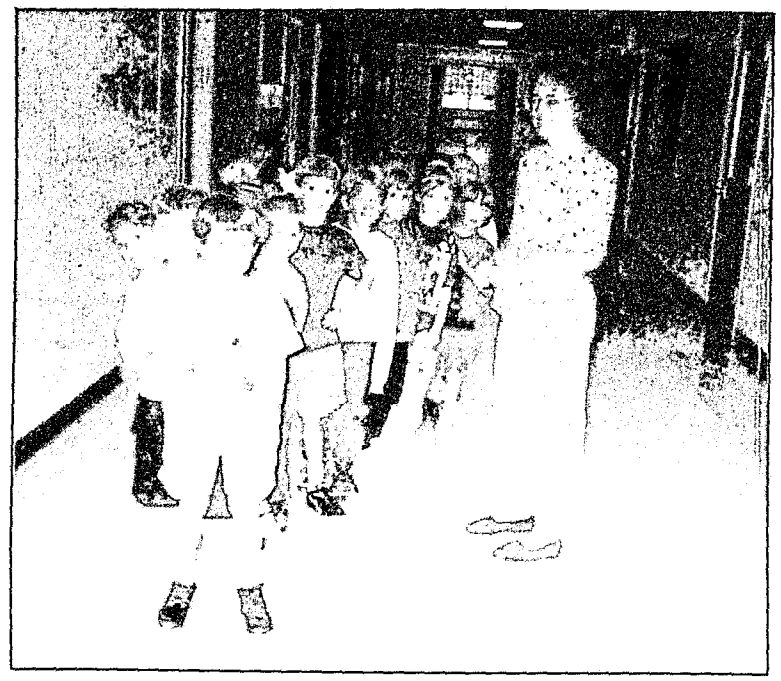
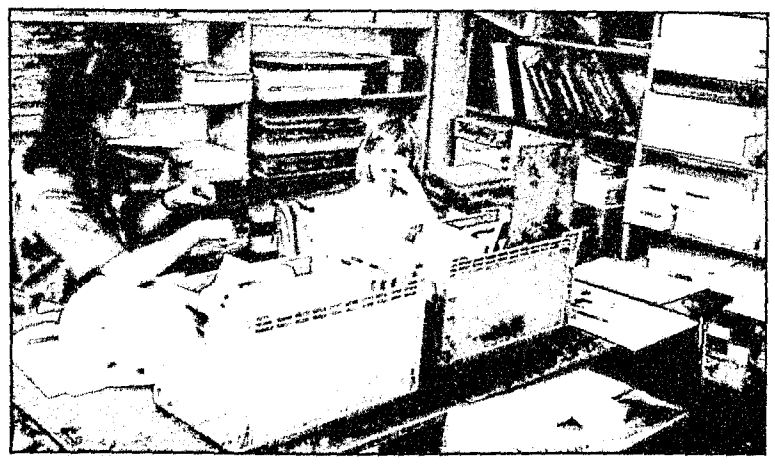
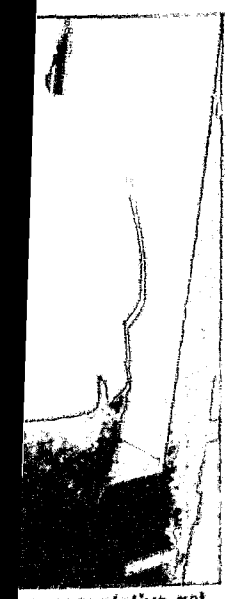
CPS PRINCIPAL David W. Murphy and secretary Mary Morgan efforts this summer helped make this year's transition to Telstar smooth and successful for CPS students.



BATHROOM BREAK--Jolene Shimamura and her first-grade class line up following a regularly scheduled bathroom break. Bathroom visitations have been scheduled during middle school periods to avoid congestion in the hallways.



MAXIMIZING WORK SPACE--Gail Brooks, primary composite room teacher, uses a table in the storage area (part of the Telstar library) to work with her student, Megan Danforth.



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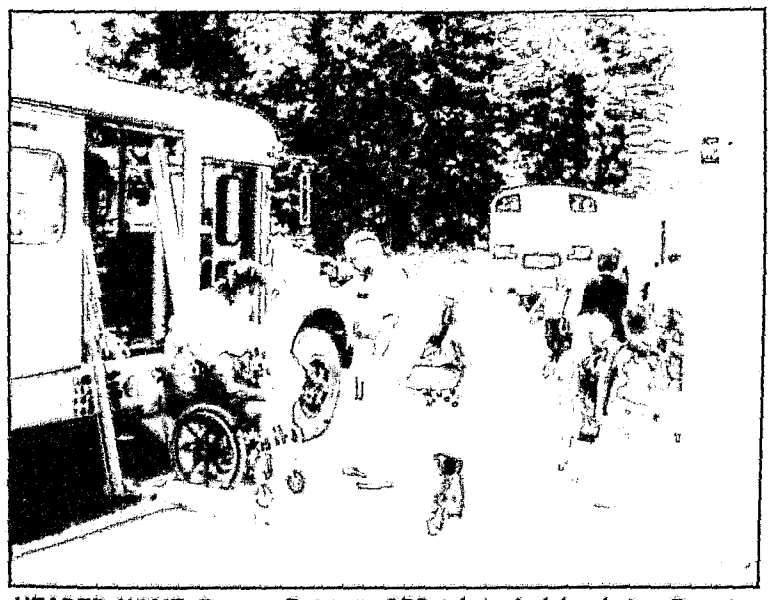


HEADED HOME--Dorene Benson, CPS ed. technician helps Darren Buker board the bus as business manager Bruce Powell looks on.

A TYPICAL BUS DISMISSAL--Leonard Hoy leads his fourth-grade class to their respective buses. CPS is able to load their entire school population of nearly 300 in just under five minutes.

New SAD #44 Staff Members

STEPHANIE SWAN SAD44
HEALTH COORDINATOR

Stephanie Swan lives in Dixfield with her husband and children. She has resided there for twenty years. She graduated from the University of Maine at Farmington with a B.S. (degree) in community health education with a concentration in school health. She is certified to teach grades K-12. She will be working with faculty and staff to ensure that a comprehensive health program is provided for all students in the district.

She is looking forward to the involvement of parents and the community in an effort to promote wellness and healthy lifestyles among the faculty, staff and students.

Special Education

Lynne Morsehead has joined the Telstar Middle School special education team as an educational technician. She will work with grades six, seven and eight providing study support and skills instruction in language arts.

Lynn received her undergraduate degree from Gettysburg College, Gettysburg, Pa. She majored in elementary education and holds Pennsylvania teaching certification. Lynne worked as a teacher assistant in special education at Gorham High School before coming to SAD44. Lynne has had a variety of work experiences. In 1992 she served as a residential counselor to persons with developmental disabilities. During her summers she has served as a day camp head counselor.

Lynne keeps fit by enjoying aerobics. In fact, she has served as an intramural aerobics instructor. She also likes to sing and has been a member of her college choir. Lynne is a very outgoing person and likes to work with both adults and children. She is a welcome addition to the Middle School staff.

LYNNE MORSEHEAD with middle school students (from left) Danny Grover, Michele Higgins and Maddie Buck.

Lynne's commitment to education is strong. When describing her reasons for entering teaching, she stated that, "Children are important...What I try to do is to emphasize the importance of education to my students. I also try to make them aware of their own importance as well."

Elementary

Two new special educators are the only new faces on the elementary faculty scene this year. **Mrs. Constance Crandall** has moved into the Crescent Park primary grades composite room teacher post, while **Mr. Robert Francis** has become resource room teacher at Woodstock.

Crandall, a Biddeford Pool native, comes to Bethel by way of Aroostook County and years as a "service" wife. Her degree is from the University of New England. After teaching three years in grade four, she took seven years to be a homemaker while her husband was in the service. Last year she returned to the classroom as a grade two teacher at Limestone.

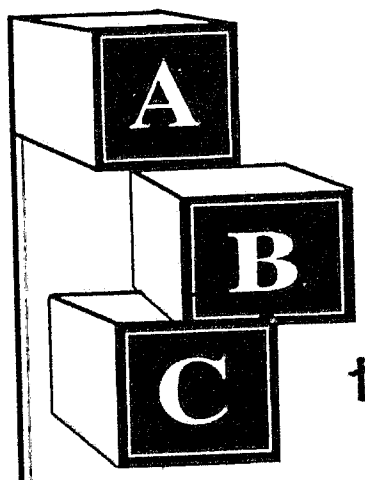
She and her husband have moved to So. Paris with their three children: Matthew, 11; Katie, 9; and Andrew, 5. Mr. Crandall is a teacher at Oxford Hills Middle School.

Francis, a 1993 graduate of the University of Maine at Farmington, brings to his first professional position a fondness for travel and outdoor activity. Although born in New Jersey while his father was working in the Department of Defense, and spent his early years living in the states, in Sicily, in Italy, he has called the Clearwater Lake area near Farmington home since elementary school days. Before resuming and completing his college career, he acquired several work experiences.

He is living in Bethel, says he is "very happy to be in the Bethel area," and has already enjoyed climbing Old Speck, and canoeing in the Foliage Flotilla. He is coaching soccer at Woodstock and enjoys traveling and reading.

ROBERT FRANCIS

CONSTANCE CRANDALL



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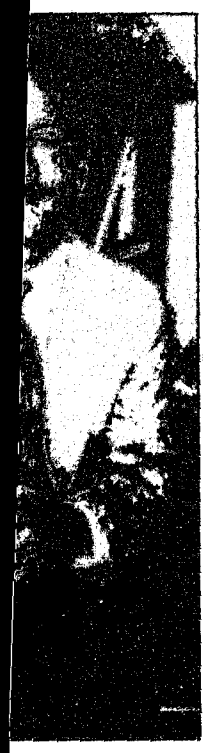

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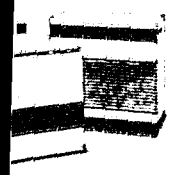

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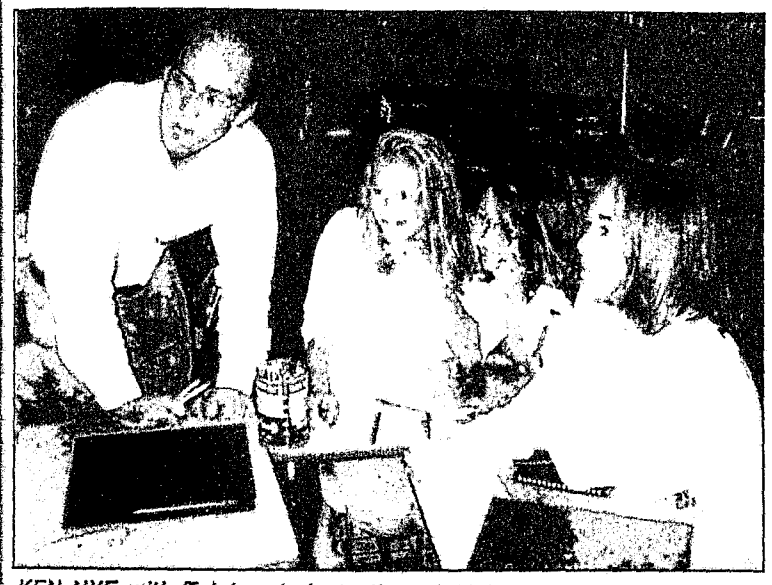


KEN NYE with Telstar students (from left) Liza Fyrberg, Stephanie Curley and Erica Carson.

Science

Telstar High School has a new earth science teacher this fall: **Ken Nye** is a 1988 graduate of Colby College, with a background in geology and environmental science. He has worked as a field geologist and arborist in Minnesota, Colorado and Maine, prior to returning to school as a student in the University of Southern Maine's extended teacher education program.

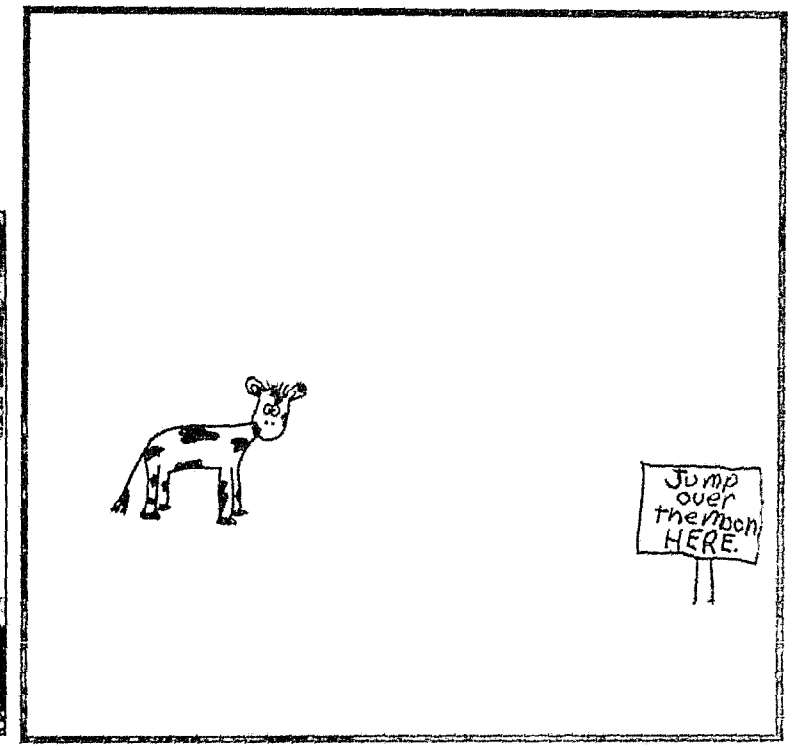
Ken grew up in East Andover and is enthusiastic about returning to the western mountains of Maine to begin his teaching career. He has high hopes for an exciting year, sharing his excitement about science with his classes. He is also serving as the assistant high school soccer coach at Telstar.

Jim Fiske has made a return to Telstar High School, teaching chemistry and physics this year. Jim is a familiar figure on the educational scene in Bethel. He taught at Telstar High School in the 1960's and 1970's, and at Gould Academy in the 1980's. The recipient of Maine's Teacher of the Year and an Innovative Teacher of the Year award from the American Physics Teacher Association, Fiske worked closely with, and now replaces, Telstar veteran Tim Kersey who retired in June.

Fiske also worked as a ChemSafe director, with funding from two state grants in 1988-90, assisting school systems and state agencies in complying with the State of Maine's Chemical Right-to-Know law. He spent two summers at Harvard Graduate School of Education to become a master teacher for Harvard Project Physics.

Fiske and his wife Mary Lou reside in Bethel. Their four children are graduates of Telstar High School.

JIM FISKE



AS THE SUN SLOWLY SETS IN THE WEST, A HUGE SIGH IS GIVEN BY THE COW, WHO MUST NOW START HIS NIGHT JOB.
(By Martha Grover, Telstar Middle School

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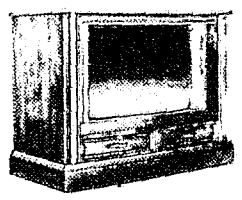

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Mrs. Barton and the Allied Health/CNA class.

Nova - Region 9 Creating Futures

Business Program Expands
By JOYCE PERKINS

The first day of school brought big changes to Mountain Valley High School and NOVA.

The Medical Office Worker program (MOW) moved from Parker Street to the former business department suite at MVHS. The MOW program, implemented in January, 1992, as one-semester of study, expanded to a full-year course in January, 1993. Core courses include: anatomy, medical terminology, recordkeeping, computer applications, communications for the world of work, medical transcription, notetaking and medical office management. Students will participate in a nine-week workstudy program set to begin November 8. According to Joyce Perkins, MOW instructor, "With the cooperation of area health care providers, we can now offer students what they need most, actual hands-on work experience!"

NOVA has expanded office technology for Mountain Valley and Dirigo students, with former Dirigo business teacher, Jane Mickeriz, as the instructor. This program is also housed at MVHS. The initial program runs for one-semester only, but beginning in January will become a full-year course of study. Core courses include: computer applications, communications for the world of work, accounting, notetaking, machine transcription and office procedures. An office technology program has been in operation at Telstar Regional High School since September of 1992.

According to both instructors, "Being housed at MVHS provides NOVA the opportunity to expand course offerings for business students. We are integrating studies within our programs whenever possible, and by doing so are able to provide the students with a broader business curriculum."

Project Goodstart
By BARBARA RADMORE

One of the hardest decisions any student has to make is to decide what they want to do after they leave school. When a student has a disability, this becomes extra difficult because there are often added obstacles in their way. Schools, as is required by Federal law, have a special process to assist special needs students to set future goals, called transition planning. In this process, teachers, students, parents and involved community agencies sit down together to map out a plan of what steps are needed for the student to reach their goals. It also determines what support the student needs and who should provide it.

To assist with this process NOVA has been awarded a $50,000 grant by Maine's Council on Transition, through its Federal School-to-Community Transition Systems Change Project for Youth with Disabilities. The main focus of this grant, titled Project Goodstart, is to provide special needs students with more information about themselves, to be able to set realistic goals for the future. It will also provide interested schools with a process by which this information could be best used in a broad-based transition-planning process.

Project Goodstart will provide three major services to the area schools. It will write and give each school a one-semester course that will help students develop strong decision-making, goal-setting and self-awareness skills. It will provide a similar curriculum for the adult education programs for their students. The third focus of the grant is to set up a vocational assessment center for the Vocational Region 9. This center will provide a variety of ways students can discover their interests, aptitudes, and abilities.

These grant goals will provide special-needs students, their parents and the school with the information needed to create successful future transition goals. Students will understand themselves, their needs and goals better, so will be a strong voice in deciding their own future.

Students will have a portfolio of information to provide the rest of their transition-planning team so that they can assist students to reach their goals in the best way possible.

Project Goodstart has hired Barbara Radmore to be the project coordinator. Barbara previously worked in this area as project coordinator of Project Rural Workplace, the workplace literacy project. She will be assisted by an advisory committee made up of representatives of area schools, community agencies, parents and students. This committee will ensure that all inter-

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ests and viewpoints are included when developing the courses, vocational assessment center and transition-planning policies and procedures. Everyone involved is looking forward to providing exciting and creative services to the Vocational Region 9 schools and their special needs students.

Community Service

Each year several NOVA programs get the opportunity to become involved in school and community projects. These projects draw upon the skills learned in the specific programs. This fall three programs have already been involved in projects and a fourth project is planned during the month of October

The forestry program has been involved with SAD43 on two projects. One at the Rumford Elementary School clearing the wooded area between the school and the Armory in order for work to continue on the new playground. The second project in cooperation with Mrs. Morton, guidance counselor at Mountain Valley Middle School, and Boise Cascade the class provided a career awareness session for the eighth-grade science class at Bunker Pond; maybe you saw them on Channel 13 news.

The building trades program has been constructing a tractor storage shed at the Mountain Valley Middle School. They have also completed shelving and a floor in a storage shed for the HeadStart program located at the Chisholm School.

The metal trades program has been able to use their skills to design and fabricate univent covers for Mountain Valley High School.

In the upcoming month the Allied Health/CNA program will be working with Rumford Community Hospital on a community awareness program.

By working on community projects the NOVA students are able to apply their practical skills to real situations. During the course of any year the NOVA programs are asked to do many more community projects than we can find time for, but we are always open to listening to new project plans. If you are aware of a community project that you wish NOVA to review, please submit your proposal to Dewaine Craig, Director, NOVA - Region 9, 32 Parker Street, Mexico, ME 04257.

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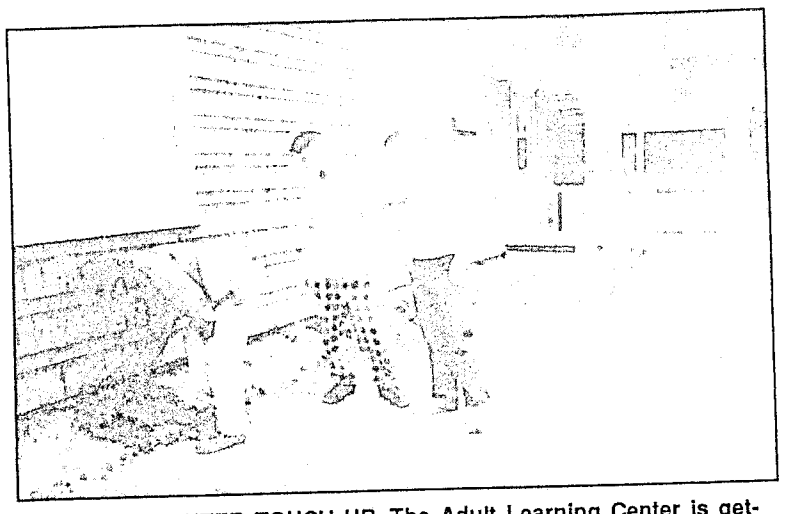

LEARNING CENTER TOUCH UP--The Adult Learning Center is getting a face lift with a little help from its friends. Stain and related supplies were purchased from The Betterment Fund grant, and throughout the summer groups of Outward Bound participants have performed community service work on the building. Four work groups of high-school-aged youth volunteered during July and August, spending 16 hours scraping the exterior, and also sorting and hanging clothes in the District Exchange. On Sept. 17, a Dynamite group of 30 college-aged youth doing a two-week Outward Bound course spent the day finishing the scraping, doing some shingle replacement and some yard work. Unfortunately, rain interfered with the actual staining. Plans are in progress for completing the job. John Starr of the Leon L. Bean Center of Outward Bound is the coordinator for the organization's community service work.

Community Computer Lab

By CATHY NEWELL

The Community Computer Lab, located at the Adult Learning Center on Philbrook Street in Bethel, has been a busy place since it was opened in the spring of 1993. The lab was funded by a generous grant from The Betterment Fund created by the Will of William Bingham II, a former resident of Bethel. Additional support for software acquisition was obtained through a Carl Perkins' grant from Central Maine Technical College.

More than 200 individuals have participated in 26 courses at the lab, ranging from the very basic introduction to computers to a menu of more advanced courses in DOS, Windows, and Word Perfect. This fall Brenda Eastman, Lois Ruff and Amy Forbes are teaching courses sponsored by Adult Education. In addition, adults enrolled in the academic skills program at the Adult Learning Center, and youths enrolled in Mountain Valley Training's Summer Youth Employment program have used the lab to enhance reading, writing and math skills. The lab is open for independent use on Tuesday evenings, Wednesday afternoons and Saturday mornings. Pauline Mills is the new lab assistant, taking over for Gert Friel, who has moved on to employment at Sunday River Ski Resort. To date the lab time has been used mostly for practice on Mavis Beacon Teaches Typing, a popular software program. The charge for lab time is $2 per hour; use of the lab is restricted to those who have completed an introductory course or who have demonstrated the ability to work independently.

The lab features eight IBM-compatible machines, a CD-ROM, a dot matrix printer and a laser printer. In addition the Adult Learning Center classroom is equipped with three additional computers allowing learning center academic skills students to use technology during times that the lab is used for computer classes.

The academic skills instructors, Lee Dolleman and Jeanette Baldridge, are deeply committed to the use of technology in their teaching. Word Perfect is used by all learning center students in writing enhancement classes, and a variety of software programs provide instruction in math and reading. Ms. Baldridge also uses the lab with this fall's popular fiction writing course.

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Workplace Grant Updates

Project Rural Workplace, the two-year federally-funded National Workplace Literacy project involving the Adult Education programs in central and northern Oxford County, came to an end on June 30. The grand finale for the $200,000 project was a presentation at the National Adult Basic Education conference in New Orleans in June. The panel presentation was coordinated by Cathy Newell of the SAD44 Adult Education program, and featured segments by Project Coordinator Barbara Radmore, Worksite Instructor Pat Littlefield of the Oxford Hills and Mechanic Falls programs, and Lois Ruff of Bethel Furniture Stock representing the employers' point of view. A 15-minute video featuring footage of the classes conducted at Bethel Furniture Stock and Sunday River Ski Resort, as well as remarks by Tim McIntyre of Bethel Furniture Stock and Clayton Blood, who served as literacy facilitator for the project, was shown.

Project Rural Workplace was evaluated by a third party evaluator, New England Partners. The evaluation report noted that a total of 34 programs were offered at 16 businesses, with a total of 678 participants. The size of businesses ranged from several with less than 20 employees to Boise with 1800. They found that "the projects that worked best were strongly supported by management or line supervisors, and that some of the most important "spin-offs" from the project were the development of more responsibility, self-esteem, worker confidence, and recognition that employees could learn." Some of the documented changes in employee behavior were reduction in absenteeism, reduction in turnover, improved communication, better relations between employees and supervisors, enrollment in further education, completion of GED, and demonstration of leadership.

A Workplace Forum was held at the Rest-Inn Conference Center in August, co-sponsored by NOVA and SAD44, to share findings from the grant, and to assess interest on the part of adult education programs and employers in submitting an application to the Department of Education for the coming grant cycle which will feature three-year projects. The forum demonstrated that in northern Oxford and Franklin counties there is keen interest on the part of a variety of employers and from all adult education providers. Cathy Newell of SAD44 and Cynthia Tanous of NOVA will coordinate the preparation of the application in conjunction with an advisory group of employers who are committed to project involvement, should the application be successful. Applications are due in January with notification expected in late spring. The new application will build on the strengths and weaknesses of Project Rural Workplace and will focus on communication skills and problem solving which were initially identified by employers as the area of greatest need. Employers are currently undertaking needs assessments to provide corroborating data.

Parenting Class

By CATHY NEWELL

Parenting for Prevention: Rodney Abbott piloted this course last year to great reviews from the 12 parents participating. The course is for individuals, parents and others, who want to learn how to create an atmosphere in which the use of alcohol and other drugs by young people is less likely to take place.

The seven-week course will be offered again this fall, beginning on Oct. 25, on Monday evenings from 7 to 9 p.m. at Telstar High School. The course is designed as a prevention course; however, its topics are helpful for anyone who wants to learn more about using positive discipline and encouraging personal responsibility and self-esteem. The sessions include: empowering vs. enabling, a job description for parents, life skills for building self-esteem, life skills for positive relationships, and alcohol and other drugs. The format for the course includes opportunity for discussion. To sign up for the course, call 824-2780.

Mr. Abbott is interested in developing a group of facilitators who would be willing to offer the course in their own towns or neighborhoods. He is the chemical health coordinator for SAD44 and may be reached at Telstar, 824-2136.

Other Parenting Skills Training:

Children and Parents: This monthly program is sponsored by the Bethel Library and provides a discussion group for parents facilitated by Lorrie Hoeh and a story hour with Betsy Raymond for children of parents attending the discussion group. The children and parents program will be held on the first Monday of each month from 10 to 11 a.m. There is no charge for the program.

STEP; Systematic Training for Effective Parenting: This is a nationally-known and highly-respected parenting skills curriculum, with versions for parents of pre-school, school-age or teenage children. Adult Education offers the courses whenever a group of eight adults requests them, as well as advertising the courses through the regular schedule. According to facilitator Lorrie Hoeh and Cathy Newell of the Adult Education program, the reaction to the STEP class is always positive.

Even Start

By NANCY MURPHY, COORDINATOR

The Northern Oxford County Even Start Project is starting their second year of a four-year Literacy Grant. The NOVA Adult and Community Education Program in conjunction with the Literacy Volunteers of the Greater Rumford area will continue to implement a family-centered literacy program in Northern Oxford County.

This project allows 15 eligible families living in Bethel, Canton, Dixfield, Mexico, Rumford, and Peru to participate in activities designed to promote literacy, train adults to support the educational growth of their children and prepare children for success in regular school programs. Families that participate in the project will receive approximately four hours of instruction per week. The first year of the Even Start Project has been very successful.

An eligible family must have at least one child between ages of birth and seven residing in a Chapter I elementary attendance area (Bethel, Canton, Dixfield, Mexico, Rumford and Peru) one of whose parents reads or computes at or below a grade eight level and/or lacks a high school credential.

The Northern Oxford County Even Start Project is presently serving 12 families. Seven of the families live in the Rumford area and the other five families are from the Bethel area. We are in the process of contacting families that have been referred. It will not be long before we are serving our maximum 15 families. Even Start appears to be a focal point in many of our clients' lives.

Our project has 22 adults participating in parent meetings, field trips, and potluck suppers. We have 12 targeted adults. An adult education instructor goes into the home to do GED or diploma prep work. Two of our families bring two languages other than English to our project, Chinese and Khmer.

Our families have a total of 31 children, ranging in ages from age 2 to age 19. The target child in each family receives instruction from the early childhood/primary instructor; however, all children at home may participate in the activities. The early childhood/primary instructor includes the parent for a segment of each session.

The Northern Oxford County Even Start staff is very proud of our families that have participated in the publishing of our newsletter, "News From Home." The third edition will be released soon. Also many of our participating adults are becoming more literate in computers. Both adult instructors encourage their students to write and edit their articles for "News From Home" on the computer. They also use many other programs when working with the adults. The adults really enjoy their computer time. The use of computers within our program is a definite PLUS.

In June we traveled to Glen, N.H., for an unforgettable visit to Storyland. It was a perfect day. The sun was shining and the park was not very crowded. This was the first time all of our families came together. Many new friendships yielded fond memories. All of our families will come together again on our next field trip to Smiling Hill Farm in Westbrook. We will have a picnic lunch, take a wagon ride, and tour the barnyard. On our way home we will stop to pick apples.

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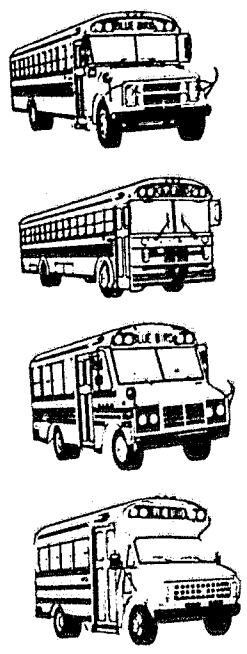

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EXPLORATIONS ON THE MOVE--Telstar middle schooler Sam Sayen works with Explorations art teacher Arla Patch in the Telstar area.

Explorations Program has New Home

By BRUCE A. BELL

Most of the general public is well aware of the move of CPS students to the Telstar complex for the 1993-94 school year. Few are aware that Arla Patch's art explorations program has also moved to Telstar. Arla and her middle-level students are presently using the high school art area on Friday afternoons from 2:30 to 4 p.m.

Explorations is an after-school visual arts program for grades one through 12. Since it began in 1991, [illegible] students have enrolled in the program to date. Many of the students who attend the program have received scholarships from Bethel area community sponsors. Ninety scholarships have been granted thus far.

Currently enrolled in the middle-level program are: Gail Aloisio, Sarah Marshall, Tony Merrill, Kate Nickerson, Brandon Palmer, Emily Parsons, Sara Paul, Per Sandstrom, Sam Sayen, and Anna Sysko.

Many of the students who have participated in a program which is based on creating art builds self-esteem.

Understanding the creative process helps develop decision making.

Students learn to apply creativity to the rest of their lives.

They develop an appreciation of beauty.

They develop social skills.

They develop an appreciation of the difference in people.

They learn to express feelings.

They find a new "voice" through art.

Special thanks go out to the following contributors to the scholarship fund: Epatha Merkerson, Leslie B. Otten, Bethel Savings Bank, Key Bank, David Smith, D.C.; James Jealous, D.O.; Walter and Carolyn Hatch, Will and Marguerite Graham, Daniel Reich, Esq.; Dick and Sally Rollinson Taylor, Dick and Wendy Penley, Safer Families Program, Al Saunders, Jan Baker, William Kieffer, Murad Sayen, Andover Women's Service Circle, Chad and Irene McGrew, Richard and Carole Duplessis, Joseph DeMarco, D.C.; Boise-Cascade, Ron and Marguerite Kendall, Ruth Wight, Marcel Polak and Emily Ecker, Marlene and Michael McKamy.

Better Communication Makes Better Schools

By BRUCE A. BELL

The Middle School staff has been reviewing strategies to improve communication between Middle School parents, staff and students. There are many issues which relate to improving communication, but at the present time one issue seems to be a priority. Parents have been asking teachers to provide specific progress reports for individual students beyond the scope of our present report card/mid-term warning system which is presently in place. In order to better respond to student needs and parental requests for information, we are going to increase the number of reporting periods from four to five for the 1993-94 school year.

The staff has reviewed our present system and has made the decision to provide a more appropriate reporting system for middle-level students. There are a number of very good reasons for making this change. Some of the more important reasons follow:

--Vacations and holiday breaks interrupt the present ranking periods.

--The present second ranking period spans three months; two school vacations; and one holiday weekend.

--The present ranking periods cover 10 to 11 calendar weeks.

--There has been a long-standing parental concern expressed about the lack of frequent communication, particularly with regard to student progress.

--This age group needs more immediate feedback on their academic progress. Ten weeks is too long.

--There is a large number of parents presently requesting more frequent reports of student progress.

In the face of these concerns, it seems appropriate to shorten our present ranking periods from ten to seven weeks and increase the number of ranking periods from four to five.

The Middle School will continue to maintain our present mid-term warning system. This will mean that both students and parents could receive a progress report about once per month.

During the 1993-94 school year we will pilot this effort and evaluate the results, applying this information to a more comprehensive review of our progress reporting system for the 1994-95 school year. Under this new system, the rank periods for the Middle School would close:

--First ranking period - Oct. 22
--Second ranking period - Dec. 22
--Third ranking period - Feb. 18
--Fourth ranking period - Apr. 15
--Fifth ranking period - June 9

We believe this change is beneficial for students, teachers and parents. We believe that more frequent report cards will produce fewer failures, while at the same time allow parents to have a clearer idea of how their students are doing. We hope this change will also reduce sports ineligibility issues for students. The staff favors this change and believes that more immediate feedback to students and parents will benefit everyone.

Good Luck, Dan,
We'll Miss You!

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a publication of Rumford Community Hospital

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Medical Specialists Working With Primary Care Physicians in Rumford

There have been major changes and improvements in the way medical care is being brought to you in the Rumford area. This story is about one of those improvements: how medical specialists are traveling to Rumford on a regular basis to work with primary care physicians here. It's all part of an effort to make sure you get the best medical treatment possible right in your home town.

Not so long ago, community hospitals, like Rumford Community Hospital, were little "islands" of health care. They were only remotely medically-connected to other community hospitals — similar "islands" of health care. Each "island" had its own in-house medical staff managing most of the medical cases, except for those cases calling for very complex treatment.

And in those cases, patients were sent "away," to a medical specialist located in another larger "island" of health care — Central Maine Medical Center in Lewiston, for example, for the medical treatment they needed.

All of this was done at great, though necessary, inconvenience to the patient. Such a patient might have to take time off from work, make transportation arrangements, lose pay and otherwise make big changes to his or her daily schedule. It was a way of life accepted grudgingly by those who needed advanced and specialized medical care. That's the way things were done, so why whine about it?

Now, there's been a recent change to that way of life. It's a change few people would have believed could happen as quickly as it did, or even happen at all! The community medical "islands" have begun to share medical staff and expertise for the benefit of patients.

Specialists Available Here

How has that change been reflected? Since 1990, many patients who might have had to travel to Central Maine Medical Center for needed specialized medical care, can get the same treatment in Rumford on a regular basis. They continue their treatment with their own primary care physicians who can now, when the medical situation demands, make a local appointment with a medical specialist who has office hours right here in Rumford. The highly specialized medical care now locally available includes cardiology, neurology, gastroenterology, dermatology, and ear, nose and throat. Patients previously used to have to travel to Lewiston or Portland to obtain these same medical services.

These medical specialists work on a referral basis with the patient's primary care physician, although individuals may contact the specialist directly for an appointment if they desire.

Dr. Michael Parker, urologist, discusses clinic schedule with Patti Christie, R.N.

Dr. Michael Lemieux, cardiologist, sees cardiac patients at Rumford Community Hospital.

Dr. Emily Bray was one of the area primary care physicians who worked hard to get the medical specialists to come to the Rumford area. She remembers what it was like before the medical specialists brought their specialities to Rumford: "One of my concerns then was that some of the medical specialty services were far away for many local patients. That created substantial barriers, especially for the elderly. In addition,

(Continued on page 2)

You Want To See A Medical Specialist?

Here's The Best Way

The best way to see a medical specialist — to "access the system" in medical jargon, is to work with your primary care physician. As Dr. Emily Bray notes in another article in this month's PULSE, it's much better to work with your own physician so that there is continuity in your medical care. Your own physician can consult with the medical specialist, and between the two of them, they can determine the best overall medical treatment for your particular situation. You CAN self-refer, but that's a little trickier, and you might save money, time, aggravation and energy by working with your own physician first.

For Your Information

by John Welsh, Jr., President, Rumford Community Hospital

One of the major ways hospitals, including Rumford Community Hosital, have changed in recent years is in the increased amount of networking and sharing of resources they have developed among themselves. For example, Deborah Whitworth has been recently appointed Human Resources Manager for Rumford Community Hospital, Rumford Community Family Health, Rumford Community Home and Northern Cumberland Memorial Hospital in Bridgton. This is an example of job sharing — one person working with several facilities.

There are other examples of equipment sharing and the sharing of medical staff and specialists. In this issue of the PULSE, we are highlighting the medical specialists you can access right here in Rumford. These visiting medical specialists have office hours in Rumford and represent a wide variety of medical specialities you or members of your family may need from time to time. Now, instead of having to take the time off work and travel to Lewiston, you can make an appointment by calling the telephone number of the specialist listed in the "What's What and Who's Who" story of this month's PULSE. You can see the specialist right in Rumford, and receive excellent service on the spot. The specialities now available in the local area include Cardiology, Ear, Eyes and Throat, Ophthalmology, Optometry, Neurology, Podiatry, Orthopedics, Urology, Dermatology and Gastroenterology.

As these examples of networking expand, and they will, rural hospitals like Rumford Community Hospital will be able to make use of highly specialized medical equipment, experienced medical specialists and other services which an individual hospital probably couldn't afford by itself. It's a way of managing costs and, at the same time, making sure you get the best treatment possible when you need it. And we think that it's the kind of sharing and networking that the Clinton Administration's Health Care Plan will be suggesting in the near future.

If you have suggestions about other ways we can share resources and network with other area hospitals, give me a call at 364-4581, and let me know!

Editor's Note

We try to have some sort of theme in each issue of the PULSE but we don't always do that successfully. For example, we've wanted to do an issue devoted to our medical specialists for some time now, but before now the story just didn't 'fall together' as they say. Finally, in this issue, we think we were able to do it--we've pretty well developed a single theme with the medical specialty stories. The availability of medical specialists in the local area has really taken off in recent years as more and more medical specialists have opened offices in Rumford to make it more convenient for you to see them. Now, you don't have to take as much time off work or travel to Lewiston to see a medical specialist, so it is more convenient and practical for you to see a specialist.

We thought it might be useful to also run a little article which sort of defines each medical specialty, so that you'd get a sense of the kinds of medical problems these specialists work in--that's in our 'What's What and Who's Who' article.

We want to thank our photographer Lainie Cross for her photos of the specialists, and for all those who helped us put the issue together. At any rate, we hope you enjoy the issue. It was fun putting it together.

Medical Specialists...

(Continued from page 1)

there was the extra time off the job for people who were working. And a lot of the elderly depend on working people to get them to their appointments as well.

"I was very supportive of having these services brought into town. Now, a neurologist, for example, can treat people who are outpatients here, and once in a while consult with people who are at Rumford Community Hospital when they come up on their scheduled days. Sometimes having the specialists here can save a more acute patient a trip down to Lewiston.

"I use them to solve more complicated problems," she notes. "It provides a good service for us."

There are other advantages in having the medical specialists here on-site to work with primary care physicians. "These specialists are people you see face-to-face," she says, "and that makes the communication and problem solving process for the patient's treatment easier than by letter or by phone."

She noted there are conveniences for patients, as well. "Having a prep for GI work-up is quite an ordeal to go through. To go through that ordeal at the same time you have to drive to Lewiston is very difficult. So having the gastroenterologist here is Rumford makes it a lot more convenient for those undergoing the gastroenterology work-ups."

Work With Primary Care Physicians

The best way, though not the only way, to see one of the medical specialists coming to Rumford is through a referral with your primary care physician. Dr. Bray explains that "it makes much better continuity of care if a person is referred to the medical specialists by their own primary care doctor who knows about the patient and can be focused about the referral.

"There are times when a self referral is appropriate, but there are also times when a primary care physician can save the patient some expense if it turns out that what the patient thinks is going on is NOT going on," she says. "For instance, sometimes what a patient may think is heartburn, is really cardiac pain. For the patient to self-refer may get them on the wrong track early. You can save money, time, effort and pain by going to your primary care doctor first."

Local Staff Lists Needs

The delivery of specialized medical health care to the Rumford area is the direct result of the affiliation Rumford has with the Central Maine Medical Center. Don Leaver, vice president of the Central Maine Medical Center, remembers thoses early days of the management affiliation in 1987:

"Early on, President William W. Young, Jr. of Central Maine Healthcare Corporation and Central Maine Medical Center, and Vice President Peter Chalke interviewed all of the members of the medical staff in Rumford. They asked the staff to identify what additional medical assistance they needed for Rumford Community Hospital.

"The staff then came up with the list of medical specialists they wanted to see have regular clinics at Rumford Community Hospital or offer specialized medical services for patients in the Rumford area," he said.

(continued on page 7)

Running Out Of Juice!

The Truth About Steroids

by Melinda Montgomery, Program Director, S.A.S.

We all want the perfect body. Americans' quest for the ultimate physique has given birth to a multi-billion dollar industry. Every week there seems to be another diet or exercise gadget that guarantees you'll be in great shape in less time and with less effort. (C'mon, admit it, most of us have a thigh-slimmer or a box of thin-shakes tucked away somewhere, gathering dust). The point is, we're all attracted to something that promises we'll look better, faster, and easier.

For the most part, get-fit-quick schemes, though costly, are harmless. However, one exercise supplement showing up in neighborhood gyms is far from harmless — it can be life threatening. I'm talking about **anabolic steroids**, often referred to as "juice."

What Are Steroids?

Steroids are derived from hormones. Anabolic steroids are one group of hormonal drugs.

Medically, the United States Food and Drug Administration has approved some steroids for the treatment of some anemias, breast cancers, osteoporosis, endometriosis, and hereditary angioedema, a disease which involves the swelling of some parts of the body.

Steroids, specifically anobolic steroids, have received its most publicity lately, though, for its illegal use as "performance enhancers." Because they are man-made forms of testosterone, a natural male hormone, they help grow muscles, bones and skin.

There is no conclusive research that proves steroids actually help athletes perform better.

Now you're probably saying that testosterone is responsible for giving a man masculine traits, such as a deeper voice and facial hair, so steroids just offer a guy more of a good thing, right? W-R-O-N-G! Here's why: Steroid use can cause the male reproductive system to shut down, resulting in the development of some undesirable (and unmasculine) physical side effects. Here's a few — shrinking of the testicles, reduced sperm count, impotence, baldness, difficulty and pain in urinating, development of breasts, and enlarged prostate.

For women, the added testosterone has the opposite effect — growth of facial hair, menstrual cycle may change or stop altogther, enlargement of the clitoris, deepening of the voice, and breast reduction.

In both sexes, the added testosterone causes — reduction in HDL,

Melinda Montgomery

the "good" cholesterol; high blood pressure; liver damage or cancers; joint problems and increased risk of injury; in adolescents, steroid use can irreversibly halt growth and ... whenever there is substance abuse involving shared needles, there is also the risk of contracting HIV, which can result in a person developing the **AIDS virus.**

Psychological Effects?

While many athletes report feeling good about themselves while using steroids, others are reporting extreme mood swings, ranging from severe, even suicidal, depression to violent, sometimes homicidal, feelings of aggression which have become so common they are referred to as *"roid rages."*

Another Addictive Drug

Researchers at Yale University have concluded that long-term use of steroids can result in cravings and difficulty discontinuing the drug, both are classic signs of addiction.

So it remains, the only safe and effective way to get and stay in shape is through moderate diet and exercise. (By the way, does anyone want to buy a slightly used abdominal-cruncher?)

All information courtesy of the National Institute on Drug Abuse.

Weight Training

Should Weight Lifting Be A Part Of Your Exercise Program?

by Kathy Gendron, Fitness Specialist

Would you like to improve your posture, personal appearance and self-image, then perhaps you should consider weight training. Not only will lifting weights improve and increase both your muscular strength and endurance, which is needed for the performance of many daily activities (ie. walking, sitting or carrying objects), but it will also increase your flexibility and decrease your chance for injuries. Other benefits include a decrease in total and relative body fat and an increase in fat-free weight (muscle mass).

Women should not worry about "bulking up" with weight training, because women lack a significant level of the hormone testosterone that is found in much higher levels in normal males. This hormone allows for the increase in muscle size that is seen in many male weight lifters.

What Is Strength And Endurance?

Strength: Is the ability of a muscle or muscle group to exert maximum force against resistance.

Endurance: Is the ability of a muscle or muscle group to exert submaximum force repeatedly over a period of time.

There are many basic principles associated with a weight training program. Each of the following are needed in order for strength improvements to occur:

1. Overload Principle: The muscle needs to be exercised against

(Continued on page 7)

Kathy Gendron

What's What And Who's Who

Here's a quick guide about the medical specialists who come to Rumford and the medical fields they work in. You may contact these specialists through a referral from your own primary care physician, or by direct contact by calling the office phone listed under each speciality.

Michael Lemieux, M.D.

Cardiology

Specializing in the function of the heart; the investigation, diagnosis and medical treatment of disorders of the heart and blood vessels, especially atherosclerosis and hypertension. Office phone 777-5300. Michael Lemieux, M.D.; Roy Ulin, M.D.

Benjamin Lounsbury, M.D.

Ear, Nose And Throat

Specializing in congenital defects, infections, obstructions and other injuries of the ears, eyes and throat. Office phone 784-4539. Frederick Holler, M.D.; Joseph Flynn, M.D.; Benjamin Lounsbury, M.D.

Dr. David Stuchiner, M.D.

Emergency Room Physician

"Emergency room physicians are trained to deal with life-threatening conditions — from acute asthma attacks to bullet wounds. The first concern of the ER physician is to save the life of the patient and then to stabilize the condition before transferring to an appropriate hospital unit for further care. To contact, call 364-4581."

Pierre LaChance, M.D.

Dermatology

Dermatology is the study of the physiology and pathology of the skin and its appendages, e.g. hair, sweat and oil glands. In the study of disease, dermatologists conduct investigations, such as the examination of skin scrapings under a microscope, make diagnosis and apply treatment. Treatment includes using the appropriate creams, lotions or ointments. Office phone 786-2979. Pierre LaChance, M.D.

Larry Goldstein, D.P.M.

Podiatry

The branch of medicine that deals with the examination, diagnosis, treatment and prevention of diseases and malfunctions of the foot and its related structures. Problems examined by a podiatrist include walking disorders, ankle injuries, bunions, hammer toes, foot ulcers and infections among those who have diabetes. Office phone 743-8000. Larry Goldtein, D.P.M.

Michael Parker, M.D.

Urology

The branch of medicine concerned with the structure, functioning and disorders of the urinary tract in both males and females and the reproductive tract in males. Urologists are concerned with the study of the kidneys, ureters, bladder and urethra in males and females, and with the testes, epididymis, and prostate gland in males. Office phone 364-4031. Michael Parker, M.D.

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Michael J. Monzel, M.D.

Michael R. Sivulich, M.D.

John Belden, M.D.

Neurology

Neurology is the study of the nervous system and its disorders, particularly their diagnosis and treatment. Neurologists have a detailed knowledge of the structure and function of the brain, spinal cord and nerves, and must understand the many conditions which effect their functions. Office phone 783-1910. John Belden, M.D.

Philip J. O'Connor, M.D.

John F. Lewandowski, M.D.

Gastoenterology

The study of the digestive system and the diseases and disorders which effect it. The major organs involved are the mouth, esophagus, stomach, duodenum, small intestines, colon and rectum. Diseases of the liver, gallbladder and pancreas are also included in this specialty. Office phone 784-5784. Philip O'Connor, M.D.; John Lewandowski, M.D.; Michael Monzel, M.D.; Michael Suvulich, M.D.

David T. Greenleaf, M.D.

Kenneth Wolf, M.D.

E. Bruce Kirn, O.D.

Peter Everett, O.D.

Ophthalmology/Optometrist

Ophthalmology specializes in the eye and the diagnosis and treatment of the disorders of the eye. This includes not only the assessment of vision and the prescription of glasses or contact lenses to correct defects, but also surgery required to treat eye disorders such as cataracts, glaucoma, retinal detachment and obstruction of tear ducts.

Optometry is the practice of assessing vision and establishing whether glasses or contact lenses are needed to correct visual defects. Kenneth Wolf, M.D., 786-0668; E. Bruce Kirn, O.D., 364-4491; Peter Everett, O.D., 364-4491.

Orthopedics

Orthopedics is concerned with the disorders of bones and joints as well as the muscles, tendons and ligaments associated with them. Orthopedists set broken bones, put on casts and treat joint conditions such as dislocations, slipped disks, arthritis and back problems. They also treat bone tumors, birth defects of the skeleton and surgically repair or replace hip, knee or finger joints. Office phone 364-2808. David Greenleaf, M.D.

Just for Kids

INTRODUCING KC!
She cares for kids.

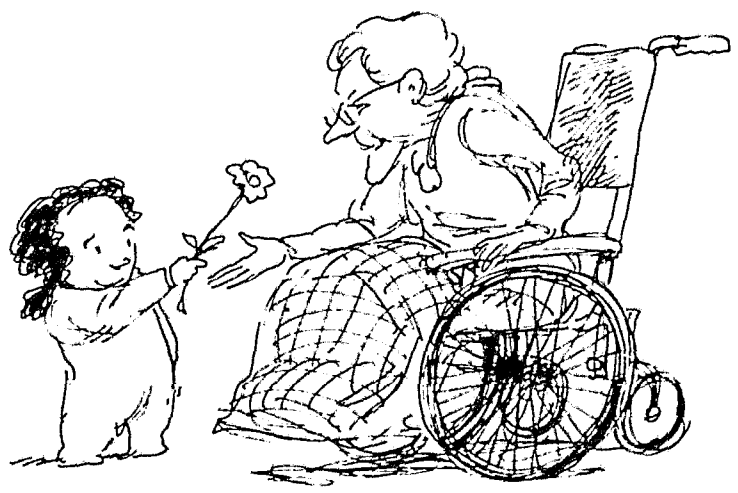
KC KidCare
RCH - PO Box 619
420 Franklin Street
Rumford, Maine 04276

Dear K.C.,

My grandmother is a patient in the hospital quite often. I am 11 years old and my mother thinks that is old enough to visit the hospital. I love my grandma and I like to spend time with her when she feels good but I get nervous about visiting her in the hospital. My grandma is not herself when she is sick. We can't play games or do anything we do when she is home.

Sometimes I would rather not go to the hospital. What should I do?

Your friend,
Terry



Dear Terry,

Feeling uneasy and even frightened in the hospital surrounding is very common. The unfamiliar sights, sounds and smells of illness and medical equipment can overwhelm your senses. The entire hospital experience may leave a visitor feeling nervous, afraid, sad and confused. Fortunately, there are things a person can do to make hospital visits easier and more meaningful for the patient and visitor.

Here are some ideas that you may find helpful next time you visit:

1. Get prepared for the visit. Ask a lot of questions. You need to find out ahead of time how ill your grandmother is. Is she awake? Can she talk? Can she get out of bed? Can you touch her, kiss her, etc. If your parents can't answer these questions, ask one of the caregivers. Nurses and other hospital personnel are there to help you as well as your Grandmother.

2. Plan to keep your visit brief. If your Grandmother is feeling up to longer visits and asks you to stay longer, then stay. It is easier for a patient to ask for a longer visit than to ask you to leave.

3. Even though you can't play games and be as active as usual, your Grandmother may still enjoy chatting and maybe even story-telling. You may ask her, "Do you feel up to telling me a story?" If she does, you may both be surprised at how good this kind of sharing makes you feel. Ask your Grandma to tell you a story about her life. Maybe she would tell you a story about the naughtiest thing she did as a child or her most embarrassing moment in school. You may both get a good laugh and laughter is always good medicine. Wouldn't you fell good if your sick loved-one had a nice laugh during your visit? You could really fell like you helped her.

Sincerely,
K.C.

Trick Or Treat Safety Tips

1. Take a grownup along.

2. Check your costume safety.
   - Easy for drivers to see.
   - Never blocks your vision or hearing.
   - Fits well enough that you don't trip over it.

3. Stick to well lit areas.

4. Use a flashlight.

5. Visit only people you know.

6. Have a parent inspect your treats BEFORE you eat them.

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Medical Specialists... (Continued from page 2)

The idea of medical specialists coming to the Rumford area wasn't completely new at the time, but it was limited. There was already some specialty care going on prior to those interviews — ophthalmology and urology, for example. And Dr. David Greenleaf, orthopedist, was already in practice as a shared physician with Norway.

Leaver described the first steps to come out of the interviews with the physicians in Rumford. "A neurologist, Dr. John Belden, was the first to get involved. Next came cardiology with Dr. Michael Lemieux. At this time, the hospital also purchased echo-cardiogram equipment so Dr. Lemieux could do echo-cardiograms in Rumford using the local staff.

"The gastroenterology clinic began late last year with Dr. Philip O'Connor's group. The ENT clinic with Dr. Frederick Holler's group was also done within the last year.

"One of the interesting developments," he notes, "was the radiology relationship where the radiology staff is shared between Northern Cumberland, CMMC and Rumford Community Hospital. That happened when Rumford Community Hospital needed additional radiology coverage and they were going out to recruit a radiologist. We approached our radiologists at CMMC and asked them to help us develop a regional network and they took responsibility for staffing the radiology department."

Central Maine Medical Center and Central Maine Healthcare Corporation supports the medical specialist program at Rumford by being the communicator of the medical needs of Rumford to the medical staff at Central Maine Medical Center. Says Leaver, "We would also recruit for a medical specialist that's been identified as a need in the region. For example, we are recruiting right now for a medical oncologist/hematologist we hope would include Rumford as part of their clinic responsibilites. That was identified as a need by the medical staff there, but we don't have the staff right now in place at Central Maine Medical Center, so we are actively recruiting.

"By next summer we hope to be able to offer a weekly oncology clinic in Rumford. That includes a lot of training of the nursing staff to do chemotherapy when the doctor's not there. This is part of one of our major goals — to have a regional cancer program.

"I see a number of new clinics in Rumford in the future," he said, "including oncology, dermatology, (which has just started with Dr. Pierre LaChance), rhematology, and occupational medicine."

Regionalizing Is Catching On

Regionalizing is rapidly catching on in Maine. Five area hospitals are already discussing regionalized medical support. The support includes shared medical specialists and clinic arrangements, shared equipment and educational opportunities for staff and other benefits. The hospitals are: Franklin Memorial in Farmington, Stephens Memorial in Norway, Northern Cumberland in Bridgton, CMMC in Lewiston, and Rumford Community Hospital.

So how are patients reacting to this new development in medical care delivery? Surveys show that patients in rural areas want to be able to go to one place for their medical treatment, the local hospital.

If they go outside their community for their medical treatment, they tend not to come back. If they start going outside for special medical treatment, then they continue to go outside the community. If you can bring the medical specialist to the community, the patient receives the specialty medical care and stays with the local primary care doctor as well.

Leaver agrees with Dr. Bray and says that the best way for people to learn about the specialty care physicians is to talk to their primary care doctor. "They should have confidence in the local medical community," he says. "The access to the specialist should be through the primary care physician in the community, though people can still go to a specialist on their own."

It's all an example of how the world of medical care is changing as hospitals try to cut costs, maximize the availability of health care to all, and prepare for the future, as the state and federal governments prepare to announce more details of their health care plans. We are well positioned to respond to the demands of the fu-

Weight Lifting... (Continued from page 3)

resistances that exceed those normally encountered.

2. Progression: The demands placed on the muscle must be systematically and progressively increased over a period of time.

3. Specificity: Strength development is specific not only to the muscle groups that are exercised but also to the movement patterns they produce.

4. Order of Exercises: Exercises should be arranged so that the larger muscle groups are exercised before the smaller ones. Also, no two successive exercises or lifts should involve the same muscle group.

When constructing a weight resistance program, the following principles also need to be considered:

1. Mode of Training.

A. Isometric or static training refers to a muscular contraction producing little or no movement, such as pushing or pulling against immovable objects.

B. Isotonic or dynamic training refers to a muscular contraction with movement. Isotonic training programs can be conducted without weights or with free weights (bar bells and dumb bells), fixed resistance machines, variable resistance machines and isokinetic equipment. When performing isotonic exercises, a constant resistance (weight) is moved through a joint's full range of motion.

C. Isokinetic and variable resistance training keeps the speed of the muscular contraction constant, because the machine provides an accommodating resistance to match the user's force through the range of motion. These training programs require the use of special machines equipped with mechanical devices that provide a variable resistance, with the intent of overloading the muscle group maximally through the entire range of motion.

2. Resistance.

A. Refers to the amount of weight lifted.

3. Sets/Repititions.

A. A set in strength training is defined as the number of repetitions performed for a given exercise. For example, a person lifting 40 pounds, 10 times, has performed one set of 10 repetitions. The number of sets recommended for optimum development can vary from three to five sets with one minute or more of recovery time between each set.

4. Frequency Of Training.

A. Should be done three times per week for a total body workout or more frequently if a split-body routine (upper body one day and lower body the next) is used.

B. Following a maximum workout, rest the muscles for about 48 hours to allow adequate recovery.

5. Duration.

A. Allow a minimum of six weeks of consecutive training in order to achieve significant strength gains.

6. Strength vs. Endurance.

A. A high-resistance, low-repetitions programs results in increases in both strength and endurance.

B. Both a medium-resistance, medium repetitions and a low-resistance, high repetitions program result in a greater gain in endurance than in strength.

Enjoy your weight lifting experience and stay healthy!

ER Staff Early Example of Benefits of Sharing

The emergency physician network now in existence at five area hospitals is an example of the benefits of sharing staff and the value of pooling resources to improve service for patients.

Through the network of five hospitals, we have been able to recruit highly qualified board certified physicians who are especially trained in emergency medicine. Rumford and Bridgton were the pioneers in starting that shared ER staffing relationship with CMMC. The program has grown to include Stephens Memorial in Norway and Parkview Hospital in Brunswick as well. We have about a dozen board certified emergency physicians on staff. They like the rural setting, support staff, the professional and educational opportunities of being part of a large network.

Rumford Community Hospital Medical Staff

FAMILY PRACTICE

Emily Bray, M.D.	369-0146
Dieter Kreckel, M.D.	369-0146
John Kroger, M.D.	369-0146
Teresa MacKnight, D.O.	369-0146
Michael Nicklawsky, M.D.	369-0146

INTERNAL MEDICINE

Albert Aniel, M.D.	364-7831

PEDIATRICS

Vassilos Handanos, M.D.	369-0146

SURGERY

Dennis Goodman, M.D.	364-2000
Eugene Gorayeb, M.D.	364-7801
Paul Cummings, M.D.	364-4581

UROLOGY

Michael Parker, M.D.	364-4031

ORTHOPEDICS

David Greenleaf, M.D.	364-2808

CARDIOLOGY

Michael Lemieux, M.D.	777-5300
Robert Weiss, M.D.	782-4022
Roy Ulin, M.D.	777-5300

EAR, NOSE & THROAT

Joseph Flynn, M.D.	784-4539
Frederick Holler, M.D.	784-4539
David Hurst, M.D.	778-3535
Benjamin Lounsbury, M.D.	784-4539

OPTHALMOLOGY/ OPTOMETRISTS

Kenneth Wolf, M.D.	786-0668
Ralph Goodwin, M.D.	782-6818
Michael Rynne, M.D.	784-8161
E. Bruce Kirn. O.D.	364-4491
Peter Everett, O.D.	364-4491

PODIATRY

Larry Goldstein, D.P.M.	743-8000

NEUROLOGY

John Belden, M.D.	783-1910

GASTROENTEROLOGY

John Lewandowski, M.D.	784-5784
Michael Monzel, M.D.	784-5784
Philip O'Connor, M.D.	784-5784
Michael Sivulich, M.D.	784-5784

RHEUMATOLOGY

Lee Kendall, Jr., M.D.	784-1699

DENTISTS

Gary Barker, D.M.D.	364-2371
Philip Bretz, D.M.D.	364-4355
Jerrold Cohen, D.M.D.	364-4611
John Gallant, D.M.D.	364-4462
James Orino, D.D.S.	364-4151
Bruce Ross, D.M.D.	364-2280
Keith Sherwood, D.D.S.	622-5814

OCCUPATIONAL HEALTH

David Phillips, II, M.D., MPH	364-4521

PHYSICIANS ASSISTANTS

Gloria Flynn, P.A.	364-7801
Dan Hutchins, P.A., -C	364-4581
David Saphier, P.A., -C	364-4581

ANESTHESIOLOGY

Daniel Barnett, M.D.	778-6031
Robert Jayne, C.R.N.A.	364-4581
Theodore Kehn, C.R.N.A.	364-4581
Joseph Morin, C.R.N.A.	364-4581
Gary Palman, D.O.	778-6031
Dan Tremper, C.R.N.A.	364-4581

EMERGENCY HEALTH

Charles Armstrong, M.D.	364-4581
Frederick Gleeson, M.D.	364-4581
Henk Goorhuis, M.D.	364-4581
Alan J. Hirshberg, M.D.	364-4581
M. Sheila Martin, M.D.	364-4581
Lawrence Oliver, M.D.	364-4581
Thomas O'Meara, M.D.	364-4581
Alfred Riel, M.D.	364-4581
John H. Simmons, D.O.	364-4581
David Stuchiner, M.D.	364-4581
William Wanger, M.D.	364-4581
Denise Wilson, D.O.	364-4581

RADIOLOGY

L. Reed Altemus, M.D.	364-4581
John Bennett, M.D.	795-2414
Alan Chastanet, M.D.	364-4581
Barry Kutzen, M.D.	795-2415
Jon Pitman, M.D.	777-8484
Russell Radcliffe, M.D.	795-2414

NURSE MIDWIFE

Jean Dowling, N.M.	369-0146

PATHOLOGY

James Heisler, M.D.	364-4581
Warren Kindig, M.D.	364-4581
Ross Metzman, M.D.	364-4581
Danielle Mutty, M.D.	364-4581
James Sweeney, M.D.	364-4581

Health and Wellness Clinics

CANCER SUPPORT GROUP

The Rumford area Cancer Support Group meets twice a month at Rumford Community Hospital. They meet on the first and third Friday of each month from 1:30 to 3:30 p.m. The group offers those living with cancer and their family members the opportunity to share feelings, experiences and support. Diane York, R.N. and Bernie Mickeriz, R.N., are the facilitators.

Nov. 5 1:30 - 3:30p.m.
Nov. 19 1:30 -3:30p.m.

LOWER YOUR CHOLESTEROL

During this hour long program we will present information regarding cholesterol and why it is important to know your cholesterol level. It will also provide you with information regarding appropriate food choices as well as information regarding understanding food labels when shopping and preparation of foods. This program is free of charge. Jeanne LaPointe, Dietetic Technician, is the facilitator of this program.

Nov. 29 7:00 - 8:00 p.m.

DIABETES SUPPORT GROUP

The Rumford area Diabetes Support Group meets monthly at the Rumford Community Hospital at 6:30 p.m. on the third Monday of each month. The group offers those living with diabetes and family members the opportunity to share feelings, information, experiences and much more regarding diabetes. Jeanne LaPointe, Dietetic Technician, is the facilitator.

Nov. 15 6:30 - 7:30 p.m.

PREPARED CHILDBIRTH

This six week program includes: relaxation techniques, breathing techniques useful for labor and delivery, and preparation for your partner for his/her vital role in supporting and reassuring the mother during labor and delivery. Each session continures for six consecutive Mondays. Kathy Sutton, R.N., and Michelle Gilbert, R.N., are the facilitators of this program.

Monday 6:00 - 8:30pm

Oct. 25 - Nov. 29

BABYSITTING PROGRAM

This eight hour Babysitting Program based on American Red Cross is provided in two sessions. The program is offered for 7th and 8th graders and will present information regarding the basics of babysitting. Area covered will include the basic techniques of child care, feeding, diapering, and putting children to be, as well as how to respond to emergency situations. Kathy Crutchfield, who is a certified Red Cross Instructon, is the facilitator of this program.

Dec. 4 9 - 1:00 pm
Dec. 11 9 - 1:00 pm

STANDARD FIRST AID

This eight hour program from the American Red Cross will present information and skills to enable participants to handle first aid emergencies until advanced medical care arrives. Upon completion of requirements, you will receive American Red Cross certification in Adult C.P.R. and First Aid. This program is provided in two sessions.

Cost: $40.00 per participant
Mov. 10 5:00 - 9:00 p.m.
Nov. 17 5:00 - 9:00 p.m.

NURSING MOTHERS SUPPORT GROUP

The Rumford area Nursing Mothers Support group meets twice a month at Rumford Community Hospital on the second and fourth Wednesdays from 7:00 to 8:30 p.m. This group is for nursing mothers and pregnant women who are interested in breastfeeding. Husbands are also welcome. Ann Glazier is the facilitator of this group.

Nov. 10 7:00 - 8:30 p.m.
Nov. 24 7:00 - 8:30 p.m.

Join A Class Today!

CHOLESTEROL SCREENING

Cholesterol and Blood Pressure Screening offers a low cost method to find out your total cholesterol and blood pressure. Please call 364-4581 to set up an appointed time.

Cost $5.00 per participant

Nov. 18 3:30 - 5:30 p.m.

BLOOD DRIVE

Looking for that special gift someone cannot live without? How about donating blood? Rumford Community Hospital will be sponsoring a blood drive on November 30 from 10:00 am to 3:00 pm. door Prizes. Movies will be shown. Please call 364-4581 to set up an appointment.

Nov. 30 10:00am - 3:00 pm

GREAT AMERICAN SMOKEOUT

The American Cancer Society's Great American Slokeout is Thursday, November 18, 1993. Please call Betty Palmer at 364-4581, ext. 361, if you or your organization or business would like to participate in this upbeat, all day event to help people quit smoking.

Nov. 18 ALL DAY

NOVEMBER